



Behavioral Health Center
riversideonline.com/rbhc

Accredited by the Joint Commission on Accreditation of Healthcare Organizations
Licensed by the Department of Behavioral Health and Developmental Services

Located in the Hampton Roads area since 1982, Riverside Behavioral Health Center is a psychiatric and chemical dependency treatment facility focusing on timely, clinically appropriate and cost effective care of children, adolescents and adults. Riverside Behavioral Health Center offers care in the safest, least restrictive setting possible. We coordinate care with community agencies to provide services that are most appropriate for your needs.

2244 Executive Drive • Hampton, VA 23666



From Williamsburg/Newport News:

East on I-64. Take Exit 261B Hampton Roads Center Parkway. Take the Magruder Boulevard South (VA-134) exit. Turn left on Hardy Cash Drive. Turn right on Executive Drive. Riverside Behavioral Health Center is on your left.

From Hampton:

West on I-64. At exit 262B, take ramp (right) onto Rt-134 / Magruder Boulevard (VA-134 / Magruder Boulevard / NASA / Poquoson). Turn right (East) onto Hardy Cash Drive. Turn right (South) onto Executive Drive.



Adolescent Residential Treatment Program



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Adolescent Residential Treatment Program

This program provides nurturing, supportive therapeutic care and treatment for young men and women who are 12 to 17 years of age upon admission (may stay until their 19th birthday). In most instances, these adolescents experienced an emotional or behavioral crisis that led to the need for hospitalization.

Versed in Trauma-Informed Care, our treatment professionals are more acutely trained in caring for individuals with histories of physical and sexual abuse and other types of trauma-inducing experiences. In our medically supervised setting, teens learn problem solving and coping skills and they learn to accept responsibility for choices they make.

Specific areas of focus include:

- Assertiveness and identifying feelings
- Anger and appropriate ways to express it
- Stress management
- Self-esteem

Program Details

- Gender sensitive, trauma informed care
- Structured, nurturing treatment setting
- Independent Living Skills
- Medication Management
- Individual Psychotherapy
- Family Focused Treatment
- Substance Abuse Treatment Group
- Community Integration
- Art Therapy
- Recreation Therapy
- Nutritional Groups
- Spirituality Groups

A 45-day evaluation and stabilization option is also available.

About Our Team

Our treatment team is a dedicated group of professionals consisting of the Psychiatrist, Nurse, Case Manager, Clinician, Recreation Therapist, Teacher, Art Therapist, Psychiatric Technician, and others as needed. The team works with a shared decision making approach that helps each resident improve his or her quality of life. Our goal is to provide the best quality care to our residents with an emphasis on respect, compassion and dignity.

Riverside Academy, our on-site school certified by the Virginia Department of Education, provides age-appropriate education for adolescents in our residential treatment program.

Riverside Behavioral Health Center is located at 2244 Executive Drive in the Coliseum Central Business District in Hampton, Virginia on a private 11.6-acre campus. Since 1983 we have provided inpatient services to stabilize symptoms of depression, anxiety, substance abuse and other behavioral health disorders. We emphasize family involvement and communicate regularly with appropriate community-based agencies and caregivers to help maintain positive outcomes after discharge from our program.

Insurance Accepted

Medicaid, CSA Funding, Tricare and private insurers may provide reimbursement for our services. Please inquire with our Admission Department regarding your specific insurance coverage.

Information

Residential Services
(757) 827-3117
(757) 315-3811 fax
(800) 759-1001 toll-free

Admission Department
(757) 827-1001
(800) 759-1001 toll-free

Please visit our website at www.riversideonline.com/rbhc for details on admission requirements as well as our residential program application.