Riverside's **Virtual Support** Groups

Riverside is now offering some of our support groups virtually. Each one is a private, secure group, so the facilitator of the support group will send a "meeting invitation" to members of the group so they can join the virtual meeting using Zoom.

What you'll need

- Smartphone or computer with a webcam
- Internet access
- Zoom application

What to do before the support group meeting

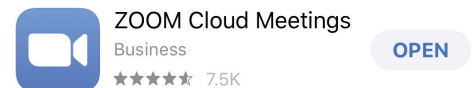You should complete these steps before the support group.

Step 1: Confirm that the camera works on your smartphone or computer.

Step 2: Download the Zoom application to your smartphone or computer.

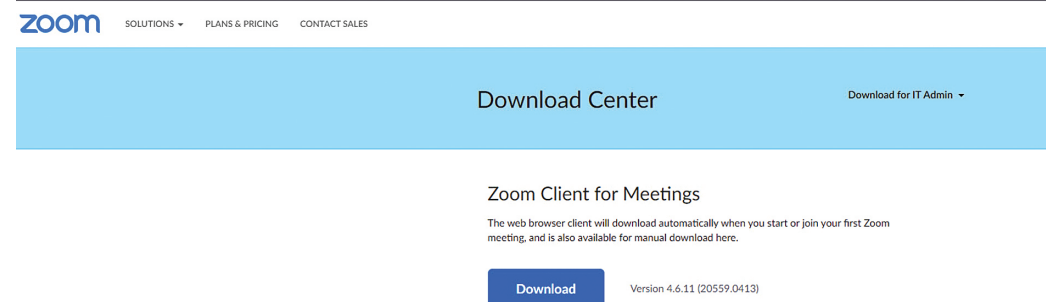**NOTE:** You do **NOT** need to set up an account – you only need to download the application.

ZOOM Cloud Meetings
Business
★★★★½ 7.5K
OPEN

Smartphone:
Go to the app store for your mobile device. Search for "Zoom." Download the ZOOM Cloud Meetings application. ▶

Computer:
Download the Zoom application. Go to **Zoom.us/download**. Select the Download Zoom Client for Meetings. ▼

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Zoom Client for Meetings

The web browser client will download automatically when you start or join your first Zoom meeting, and is also available for manual download here.

Download   Version 4.6.11 (20559.0413)

Consider testing the Zoom Client on your computer to ensure your video and audio are working correctly. Visit the Zoom Test website by typing **https://zoom.us/test** in your web browser and follow the instructions.

What to do to connect to your Virtual Support Group

Step 1: Find a quiet, private place to be while you participate in the support group.

Step 2: Be sure your smartphone or computer is fully charged or plugged in.

Step 3: The support group facilitator will email an invitation to members of the support group that will contain the Meeting ID.

When it's time for your meeting, do this:

Open up the Zoom application. Select **Join a Meeting**.

▼

Type in the Meeting ID at the top of the application.
Then tap the blue **Join** button.

▼

Allow access for Zoom to use your camera, microphone, send notifications and tap the blue **Join with Video** button.
From your computer, click **Join with Computer Audio** button.
From your smartphone, tap **Call using Internet Audio**.

Questions

Thank you for your interest in our Virtual Support Groups. If you have any questions or need assistance please reach out to the facilitator of the group. To find that contact, please visit **riversideonline.com/supportgroups**.

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