



Riverside  
Health

Be a Community Brain Saver  
& **BE FAST!**



### What is a *Stroke*?

Stroke happens when blood (and oxygen) can't get to the brain because of a blood clot or broken blood vessel.

### Stroke / Brain Attack

Know the  
Signs and  
Symptoms -

**BE  
FAST**



- B** Balance – Is there a sudden loss of balance or coordination
- E** Eyes – Is there a sudden loss of vision in one or both eyes or blurry vision
- F** Facial Drooping – Is there sudden weakness in the face
- A** Arm Weakness – Is there weakness in an arm or leg
- S** Speech – Is there sudden difficulty speaking or slurring of speech
- T** Time to call 911

### How to call 911



#### Voice Command

Say:

- OK Google, call 911
- Hey Siri, call 911



#### Locked Phone

- Swipe up or touch the Home button
- Touch Emergency
- Dial 911

[riversideonline.com/stroke](https://riversideonline.com/stroke)

