



**Riverside
Health**

**Be a Community Brain Saver
& BE FAST!**



What is a Stroke?

Stroke happens when blood (and oxygen) can't get to the brain because of a blood clot or broken blood vessel.

Stroke / Brain Attack

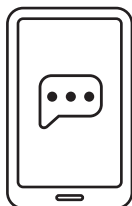
**Know the
Signs and
Symptoms -**

**BE
FAST**



- B** Balance – Is there a sudden loss of balance or coordination
- E** Eyes – Is there a sudden loss of vision in one or both eyes or blurry vision
- F** Facial Drooping – Is there sudden weakness in the face
- A** Arm Weakness – Is there weakness in an arm or leg
- S** Speech – Is there sudden difficulty speaking or slurring of speech
- T** Time to call 911

How to call 911



Voice Command

Say:

- OK Google, call 911
- Hey Siri, call 911



Locked Phone

- Swipe up or touch the Home button
- Touch Emergency
- Dial 911



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