

| Individual (1-on-1) |                     |               |          |         |
|---------------------|---------------------|---------------|----------|---------|
| Package             | Frequency           | Price/Session | Total \$ | Savings |
| 1                   | --                  | \$60          | \$60     | -       |
| 8-Pack              | 2x/Week<br>1 Month  | \$55          | \$440    | \$40    |
| 12-Pack             | 3x/Week<br>1 Month  | \$50          | \$600    | \$120   |
| 24-Pack             | 2x/Week<br>3 Months | \$45          | \$1,080  | \$360   |
| 36-Pack             | 3x/Week<br>3 Months | \$40          | \$1,440  | \$720   |

| Small-Group        |                                   |               |          |         |
|--------------------|-----------------------------------|---------------|----------|---------|
| Package            | Frequency/Duration                | Price/Session | Total \$ | Savings |
| 1 (Drop-In)        | 1 Session                         | \$30          | \$30     | -       |
| Velocity Vault #1  | 12 Sessions<br>1x/wk --> 3 Months | \$25          | \$300    | \$60    |
| Velocity Vault #2  | 24 Sessions<br>2x/wk --> 3 Months | \$22.50       | \$540    | \$180   |
| Savage Strength #1 | 12 Sessions<br>1x/wk --> 3 Months | \$25          | \$300    | \$60    |
| Savage Strength #2 | 24 Sessions<br>2x/wk --> 3 Months | \$22.50       | \$540    | \$180   |
| Peak Power #1      | 12 Sessions<br>1x/wk --> 3 Months | \$25          | \$300    | \$60    |
| Peak Power #2      | 24 Sessions<br>2x/wk --> 3 Months | \$22.50       | \$540    | \$180   |
| Unlimited          | 48 Sessions                       | \$20          | \$960    | \$480   |

Summer 2025 (June 23 - Sept 12)

|         | Mon             | Tues       | Wed             | Thurs      | Fri    |
|---------|-----------------|------------|-----------------|------------|--------|
| 2:00 PM | 1-on-1          | 1-on-1     | 1-on-1          | 1-on-1     | 1-on-1 |
| 3:15 PM | 1-on-1          | 1-on-1     | 1-on-1          | 1-on-1     | 1-on-1 |
| 4:30 PM | Velocity Vault  | Peak Power | Velocity Vault  | Peak Power | 1-on-1 |
|         |                 |            |                 |            |        |
| 6:15 PM | Savage Strength | Peak Power | Savage Strength | Peak Power | 1-on-1 |

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