

# Early Detection is Key!

## With screening, cervical cancer can be more easily detected and treated.

Screenings help find cancer early, before you have any signs or symptoms.

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### SCHEDULE YOUR SCREENING TODAY!





Begin cervical screening at age 21. Pap smears and human papillomavirus (HPV) testing can detect precancerous or cancerous cells making cervical cancer more treatable.

#### Ages 21 to 29

- Begin Pap smears at age 21
- Repeat Pap smear every three years
- HPV screening is not recommended for ages 21 to 29

#### Ages 30 to 64

- Pap smears with HPV co-testing every five years OR
- Pap smears without HPV co-testing every three years

#### Ages 65 and older

• Talk with your health care provider about the recommended screening interval if you have a history of abnormal Pap smears or other abnormal cervical conditions

### A human papillomavirus (HPV) vaccine can prevent cervical cancer.

HPV can cause different types of cancer. According to the Centers for Disease Control and Prevention (CDC), 90% of cancers caused by HPV could be prevented with the HPV vaccine. The CDC recommends beginning HPV vaccination at age 9.