

Disparities in Breast Cancer Outcomes for Racial and Minority Groups

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Breast cancer is the most common type of cancer diagnosed and the second leading cause of cancer death in African American women in the United States.

African American women are about **40% more likely to die of breast cancer** than Caucasian women.



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African American women
are more likely to be
diagnosed at younger ages

African American women
are more likely to be
diagnosed at later stages
with poorer outcomes

Triple-negative breast
cancer occurs in
African American
women twice the rate
of Caucasian women



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Breast cancer is the **leading cause of cancer death** in **Hispanic & Latina** women in the US.

Breast cancer is often **diagnosed at later stages** in Hispanic & Latina women more than Caucasian women.



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While men can be diagnosed with **breast cancer** it is significantly **more common in women**.

Of men who have breast cancer, 1 in 5 have a 1st degree relative (mother, father, sister, brother) in his family that has been diagnosed with breast cancer.

These men may have a BRCA gene mutation.



Together there are ways we can **address barriers**, so **everyone** has the opportunity of **prevention**, **early diagnosis** and **treatment** of breast cancer.

Awareness of the importance of early detection

Community Support

Shared decision making with trusted health care team

Cancer navigators

Lifestyle factors

Access to care, address socioeconomic barriers



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Some research shows that uninsured women are less likely to have an annual screening mammogram performed.



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Riverside is here to help women that are uninsured and unable to afford their **annual screening mammogram**.

Through support of the **Riverside Health System Foundation** and grants from **Every Woman's Life**, Riverside is able to offer preventative cancer screenings, such as mammograms and screening for cervical cancer at no cost to eligible women.

Contact our Cancer Outreach Office for assistance at **1-800-520-7006** and one of our Riverside team members will help you.



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If breast or cervical cancer is detected, women diagnosed will automatically be enrolled in Medicaid for their treatment.

The Riverside Health System Foundation is also here to support patients in need by providing transportation, medication assistance as well as integrative therapies.

The Riverside Health System Foundation also supports personal patient navigation.



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There are **factors you can control** to **reduce your risk** of developing breast cancer.



Avoid or limit alcohol consumption.

Work towards/ maintain a healthy weight.

Be physically active.

Quit smoking or using tobacco.

Enjoy a low-fat diet high in fruits/vegetables.

Become comfortable with sharing your choice to be screened. Encourage your family, friends and community to be screened. **Early detection is in your hands.**



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