We are… Healthier Together. Stronger Together.
A Better Community Together.

Masking is OPTIONAL Unless You:

- **Have tested positive** for COVID-19 in the last 10 days.
- **Have symptoms or are seeking treatment** for a viral illness such as COVID-19 or the flu.
- **Have been in close contact** with anyone suspected or confirmed to have a viral illness such as COVID-19 or the flu.

Let a member of your care team know if you need a mask.

If you are experiencing any of the above, please see below for guidance:

Patients – Notify us upon arrival.

Visitors – Please do not enter.

Riverside Team Members – Contact your supervisor or the Central Exposure Team.

Non-Riverside Personnel – Contact your Riverside representative to make other arrangements.

Some Riverside locations may require masking for the safety of our patients and care team members.
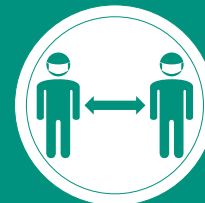
Healthy Living Reminders

Wash your hands often.

Cover your nose and mouth when you sneeze.

Clean and disinfect surfaces and objects.

Wear a mask and practice social distancing if you are sick.

Call Riverside Nurse 24/7 at 1-800-675-6368 for assistance with your health care needs.

Centers for Disease Control (CDC)
cdc.gov

Riverside Health System
riversideonline.com

Virginia Department of Health
vdh.virginia.gov

Your health and safety are always our priority.

RIVERSIDE

MC100894.1