

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



September 2021

Springhouse Activity Calendar

<p>5</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 2:00 Snack Social-30m 3:00 Music w/ Ashley -30m 4:00 Holy Communion-1h 6:00 Evening Movie -2h 	<p>6</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 2:00 Snack Social-30m 2:30 Afternoon Movie -2h <p>Labor Day Rosh Hashanah Begins</p>	<p>7</p> <ul style="list-style-type: none"> 10:00 St. Bede's- 15m 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 1:00 Cranium Crunches-30m 1:30 On Your Feet-30m 2:00 Sugar & Spice-30m 2:30 Snack Social-30m 3:30 Fun & Fit-30m 	<p>8</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:00 Read w/Nan-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 1:30 On Your Feet-30m 2:00 Snack Social-30m 2:30 Cranium Crunches-30m 3:30 Fun & Fit-30m 	<p>9</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 1:00 Cranium Crunches-30m 1:30 On Your Feet-30m 2:00 Snack Social-30m 2:30 Resident Council -1h 3:30 Fun & Fit-30m 	<p>10</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 11:00 Holy Communion-30m 1:00 Cranium Crunches-30m 1:30 On Your Feet-30m 2:15 Grandparents' Day Snack Social-45m 3:30 Fun & Fit-30m 	<p>11</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 12:45 Activities w/Katie-1h 2:00 Snack Social-30m 2:30 Afternoon Movie-2h
<p>12</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 2:00 Snack Social-30m 3:00 Music w/ Ashley -30m 4:00 Holy Communion-1h 6:00 Evening Movie -2h <p>Happy Grandparents' Day!</p> <p>Grandparents Day</p>	<p>13</p> <p>Assisted Living Week</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 11:00 Holy Communion-30m 1:00 Cranium Crunches-30m 1:30 Assisted Living Week Social-30m 2:00 Crafty Critters-1h 3:30 Fun & Fit-30m 	<p>14</p> <p>Assisted Living Week</p> <ul style="list-style-type: none"> 10:00 St. Bede's- 15m 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 1:30 On Your Feet-30m Cycling without Age 2:00 Snack Social-30m 3:30 Fun & Fit-30m 	<p>15</p> <p>Assisted Living Week</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:00 Read w/Nan-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 11:30 Courtyard Lunch - 1h 1:00 Cranium Crunches-30m 1:30 On Your Feet-30m 2:00 Snack Social-30m 2:30 Table Top Games-30m 3:30 Fun & Fit-30m <p>Yom Kippur Begins</p>	<p>16</p> <p>Assisted Living Week</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 1:00 Cranium Crunches-30m 1:30 On Your Feet-30m 2:00 Ice Cream Social-30m 2:15 Piano w/David Terrault 1h 3:30 Fun & Fit-30m 	<p>17</p> <p>Assisted Living Week</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:00 Doughnut Social - 30m 10:30 Daily Chronicles -15m 11:30 Pizza Party - 1h 1:00 Cranium Crunches-30m 1:30 On Your Feet 2:00 Scenic Drive -1h 3:00 Snack Social-30m 3:30 Fun & Fit-30m 	<p>18</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 12:45 Activities w/Katie-1h 2:00 Snack Social-30m 2:30 Afternoon Movie-2h <p>Happy Birthday Air Force!</p> <p>Oktoberfest Begins</p>
<p>19</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 2:00 Snack Social-30m 3:00 Music w/ Ashley -30m 4:00 Holy Communion-1h 6:00 Evening Movie -2h 	<p>20</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 10:45 Bread making-30m 1:00 Cranium Crunches-30m 1:30 Snack Social-30m 2:00 Crafty Critters-1h 3:30 Fun & Fit-30m <p>Sukkot Begins</p>	<p>21</p> <ul style="list-style-type: none"> 10:00 St. Bede's- 15m 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 11:00 Singing w/Amy Ladd-1h 1:00 Cranium Crunches-30m 1:30 On Your Feet-30m 2:00 Snack Social-30m 2:00 Sugar & Spice-30m 3:30 Fun & Fit-30m 	<p>22</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:00 Read w/Nan-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 1:30 On Your Feet-30m 2:00 Snack Social-30m 2:30 Cranium Crunches-30m 3:30 Fun & Fit-30m <p>Autumn Begins</p>	<p>23</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 1:00 Cranium Crunches-30m 1:30 On Your Feet-30m 2:00 Snack Social-30m 2:45 Fall Planting out in the Courtyard-30m 3:30 Fun & Fit-30m 	<p>24</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 1:00 Cranium Crunches-30m 1:30 On Your Feet-30m 2:00 Snack Social-30m 3:30 Fun & Fit-30m 	<p>25</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 12:45 Activities w/Katie-1h 2:00 Snack Social-30m 2:30 Afternoon Movie-2h
<p>26</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 2:00 Snack Social-30m 3:00 Music w/ Ashley -30m 4:00 Holy Communion-1h 6:00 Evening Movie -2h 	<p>27</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 11:00 Holy Communion-30m 1:00 Cranium Crunches-30m 1:30 Snack Social-30m 2:00 Crafty Critters-1h 3:30 Fun & Fit-30m 	<p>28</p> <ul style="list-style-type: none"> 10:00 St. Bede's- 15m 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 1:00 Cranium Crunches-30m 1:30 On Your Feet-30m 2:00 Snack Social-30m 2:45 Snoezelen Therapy-30m 3:30 Fun & Fit-30m <p>Simchat Torah Begins</p>	<p>29</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:00 Read w/Nan-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 1:00 Concert w/James -1h 2:30 Snack Social-30m 3:00 Cranium Crunches-30m 3:30 Fun & Fit-30m 	<p>30</p> <ul style="list-style-type: none"> 10:00 Hydration Cart-30m 10:30 Daily Chronicles -15m 10:45 Music & Memory-30m 1:00 Cranium Crunches-30m 1:30 On Your Feet-30m 2:00 Snack Social-30m 2:45 Snoezelen Therapy-30m 3:30 Fun & Fit-30m 	<p>Productive Cognitive Physical Outside Social Reflective</p> <p>We will get outside as weather permits</p>	

Melissa Gingras, melissa.gingras@rivhs.com, 757-585-7027. All activities are 15m-1h and are subject to change. Supplies are accounted for and cleaned daily.