

## DELI SANDWICHES

**10.50** served with potato chips or fries and pickle spear

**Choice of Bread: Sour Dough, Wheat, Rye, Ciabatta Bun, Brioche Bun, or Gluten Free**

- **Ham and Swiss** with Dijon, lettuce, and tomato
- **Turkey & Cheddar** with bacon, lettuce, and tomato
- **Roast Beef & Cheddar** with greens, horsey cream, and onions

## 16 INCH PIZZA

**8 slices**

- **Cheese - 16.50**
- **Pepperoni - 18.50**
- **Vegetable - 19.50** onions, peppers, mushrooms, olives
- **Supreme - 21.50** onions, peppers, olives, mushrooms, pepperoni, and sausage
- **Meat Lovers - 21.50** pepperoni, sausage, ham, bacon, provolone, and mozzarella

## 12 INCH PIZZA

- **Cheese - 10.50**
- add pepperoni **2**
- **Vegetable - 13.50** garlic oil, olives, fresh spinach, peppers, onions, mushrooms, provolone, and mozzarella
- **Supreme - 15.50** onions, peppers, olives, mushrooms, pepperoni, and sausage
- **Meat Lovers - 15.50** pepperoni, sausage, ham, bacon, provolone, and mozzarella

\*Gluten Free Pizza available upon request\*

## MINDFUL CHOICES

In an effort to provide healthier options, the following items are available:

- **Seared Chicken** 6 oz chicken breast, served with 2 sides **436 calories 15.50**
- **Grilled Salmon** 6 oz salmon, served with 2 sides **400 calories 23.00**
- **Greek Garden Bowl** with baby spinach, olives, sun dried tomato, roasted red pepper, feta cheese, tzatziki sauce, pita chip and cucumber **475 calories 9.00**
- **Grilled Chicken Sandwich** with lettuce, tomato, and onion served on a bun and salad **350 calories 10.50**
- **Turkey burger w/1 side** with cheese and salad **655 calories 10.50**
- **Plant Based Burger w/1 side** with cheese and a salad **655 calories 10.50**

- **Vegetable Flatbread** with Alfredo sauce and roasted vegetables **560 calories 9.00**
- **Turkey Reuben w/fruit salad** with turkey breast, sauerkraut, dressing, and cheese **640 calories 13.00**