

## BISTRO EVERYDAY MENU

### Starters

<b>Garden Vegetable Soup</b> GF, V, 179 calories	4.50
<b>Soup Du Jour</b>	4.50
<b>Beef Chili</b> 256 calories	4.50
<b>Chicken Wings (6)</b> 704 calories	
Choice of Buffalo Sauce or Plain Chicken served with Celery & Blue Cheese Dressing	14.50
<b>Beef, Chicken or Shrimp Quesadilla</b> 592 Beef, 527 Chicken/391 Shrimp calories	
Peppers, Onions, Cheese, Salsa, Sour Cream	12.50
<b>Shrimp Cocktail</b> 175 calories	
5 Shrimp served with lemon and cocktail sauce	7.50
<b>Crab Cakes (2)</b> GF, 464 calories	
Served with Cole Slaw, Lemon, and Remoulade	14.50
<b>Chicken &amp; Cheese Rolled Taco</b> 720 calories	
Chicken, Cheese, Hatch Chilis, in a fried Tortilla. Served with Guacamole and Salsa	12.00

### Salads

<b>Patriots Garden Salad</b> GF, V, HH, LS, 233 calories /349 calories	4.50	8.50
Greens, Tomato, Cucumber, Carrot, Onion		
<b>Caesar Salad</b> 384 calories/578 calories	4.50	8.50
Romaine Lettuce, Parmesan Cheese, and Croutons		
<b>Harvest Salad</b> GF, V, HH 359 calories/448 calories	4.50	8.50
Greens, Sunflower Seeds, Dried Cranberries, Cucumbers, Tomatoes		
<b>Mediterranean Salad</b> GF, V, HH 359 calories/448 calories	4.50	8.50
Romaine, Chickpea, Olive, Tomato, Cucumber, Parmesan		
<b>Fresh Fruit Platter w/Tuna, Chicken or Egg Salad</b> GF, 490 calories		10.50
Served with (2) Hawaiian Rolls		

### Salad Additions:

<b>Tuna, Egg or Chicken Salad</b> 191 calories Tuna, 235 calories Egg, 300 calories Chicken	4.50
<b>Grilled Chicken</b> LS, HH, 236 calories	6.50
<b>6oz. Salmon</b> LS, HH, 281 calories	8.50
<b>Shrimp (5)</b> HH, 100 calories	6.50

### Sides 4.50

<b>Fresh Spinach</b> GF, V, HH, LS 44 calories	<b>French Fries</b> GF, V, 273 calories
<b>Mashed Potatoes</b> GF, V, 223 calories	<b>Sweet Potato Waffle Fries</b> GF, V, 150 calories
<b>Fresh Asparagus</b> GF, V, HH, LS 24 calories	<b>Cole Slaw</b> GF, V, 179 calories
<b>Potato Salad</b> GF, V, 179 calories	<b>Fruit Salad</b> GF, V, HH, 62 calories

GF Denotes: Gluten Free V Denotes: Vegetarian, HH Denotes: Heart Healthy, LS Denotes: Low Sodium

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

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## Specialties

*Our selection of proteins including salmon, chicken, and beef filet can be prepared to your preference. Please feel free to inquire with your server for further details or assistance.*

### **Fish & Chips 688 calories**

Fish, French Fries and Cole Slaw, served with Tartar Sauce **15.00**

### **Bourbon Glazed Fresh Salmon 6oz GF, 315 calories**

Choice of two sides **23.00**

### **Penne Pasta Bolognese 728 calories**

Penne Pasta, Bolognese Sauce, Herbs, Grilled Ciabatta **15.00**

### **Pork Ribeye GF, 205 calories**

Seared 8 oz Pork Ribeye with Bourbon Glaze, choice of two sides **13.00**

### **Grilled 5 oz Beef Filet LS 378 calories**

Choice of two sides **29.00**

### **Shepherd's Pie 434 calories**

Braised beef with vegetables in gravy topped with mashed potatoes. Served with Harvest Salad and Balsamic Dressing **11.00**

### **Chicken Pot Pie 488 calories**

Puff Pastry Crust, served with Harvest Salad and Balsamic Dressing **11.00**

## Sandwiches & Burgers

**Served with choice of one side and a Dill Pickle Spear**

**(Choice of Breads) Sour Dough, Wheat, Rye, Ciabatta Bun, or Brioche Bun (GF Bread available)**

### **Grilled Cheese/Bacon/Tomato 480 calories**

**9.50**

### **Corned Beef Rueben 740 calories**

**13.00**

Corned Beef, Sauerkraut, Swiss and Thousand Island Dressing

### **Patriots Burger**

**10.50**

**Choice of:** Beef **648 calories**, Turkey **554 calories** or Plant Based **555 calories**

**Choice of Cheese:** American **104 calories**, Cheddar **113 calories**, Swiss **106 calories**, or Bleu Cheese **44 calories** served with Lettuce, Tomato, and Onion

### **Add Bacon (3 Strips) to any Sandwich or Burger 157 calories**

**3.00**

### **Hot Dog 470 calories**

**7.50**

Choice of: Mustard, Relish, and Onions

Add: Sauerkraut **13 calories**

**1.00**

Add: Chili **129 calories**

**2.00**

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