Here for you

WHEN AND WHERE YOU NEED US

Need a COVID test?

WHAT YOU NEED TO KNOW ▶

Whether you are feeling symptoms of COVID-19 or have been exposed to COVID-19, you have options.

The Virginia Department of Health (VDH) provides a list of COVID-19 testing sites based on your location. CVS, Rite Aid, Walgreens and other local pharmacies offer drive-thru and at-home COVID-19 testing kits. Visit VDH online to determine which location is most convenient for you.

M.D. Express offers COVID-19 testing for patients who are experiencing symptoms or may need testing to confirm diagnosis. Visit mdexpressva.com for more information. We are unable to test for travel, work, school, concerts and events.

If you have a primary care provider with Riverside, we encourage you to use the COVID-19 E Visits Assessment Form that can be found at riversideonline.com/mychart. This form goes directly to your provider to help determine if testing is needed. We are unable to test for travel, work, school, concerts and events.

VDH COVID-19 Testing Sites

MD Express Urgent Care

Use our COVID-19 Assessment Tool

FAMILY MEDICINE | VIDEO VISIT

- **Minor Illness or Injury**
- Fever/Flu
- Cold/Cough
- Sprains & Joint Pain
- Ear Ache
- Skin Conditions *(rash/bruises)*
- Urinary Tract Infection
- Wellness Visit
- Sports Physicals

URGENT CARE | VIDEO VISIT

- **Non-Life Threatening Injury**
- Broken Bones *(not protruding)*
- Minor Infections
- Sprains, Cuts
- Sore Throat
- Burns *(minor)*

EMERGENCY CARE

- **Life Threatening or Severe Injury**
- Breathing Difficulties
- Traumatic Injuries
- Head Injury
- Chest Pain / Heart Attack
- Stroke
- Severe Allergic Reaction
- Deep Wounds
- Broken Bones *(bone protruding)*
- Severe Abdominal Pain *(vomiting/diarrhea)*

Not sure where to go?

RIVERSIDE NURSE 24/7

Nurse access for any health concern

800-675-6368

riversideonline.com/covidtesting

Do not go to your local Emergency Department for a COVID-19 test. *If you have emergency symptoms like trouble breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, and bluish lips or face, seek medical care immediately.*