

## Day to Day Trials and Tribulations: **Common Things are Common**

**30th Annual Hampton Roads** l Pauma Symposium **April 22, 2022** 

Williamsburg **DoubleTree by Hilton** 

subject to change to virtual if needed

Working Together To Serve Our Community









- Provide insight on the impact of trauma to our community
- Address medical issues which impact care of the trauma patient
- Discuss issues of trauma care at local and national levels
- Identify prevention methods to decrease the incidence of trauma

### **COMMITTEE MEMBERS**

Mary Clouatre, RN (RRMC), Seth Craig, EMT-P (PEMS)
Britney Ewers, RN (SWRMC), Bryant Gray, MD (RRMC)
Lou Ann Miller, RN (RRMC), Cassie Montgomery, RN (RRMC)
Daniel Munn, MD (RRMC), Martin Payne, MD (RRMC)
Michael Player, EMT-P (PEMS), Scott Reed, MD (RRMC)
Sue Stone, RN (SWRMC), Ashlee Stevens, RN (BSMIH)

### INFORMATION

**LOCATION:** Williamsburg DoubleTree by Hilton, 50 Kingsmill Road, Williamsburg, VA 23185, 757-220-2500

#### **DIRECTIONS:**

From Richmond/Interstate 64 East: Take Exit 242A to merge onto VA-199 toward Williamsburg/Jamestown. Take US-60 toward Williamsburg/Busch Gardens. Turn right onto US-60 E/Pocahontas Trail. Take third right onto Kingsmill Road. Hotel will be on the right.

From Norfolk/Interstate 64 West: Take Exit 243A for US-60. Turn left onto US-60 W/Pocahontas Trail. Turn left onto Kingsmill Road. Hotel will be on the right.

### **HOTEL INFORMATION:**

For phone reservations please dial: 1-800-222-8733 with reference to group name: HR Trauma Symposium or group code: HRT.

For online reservations please visit the link:

http://group.doubletree.com/HRTraumaSymposium
This is a direct link. On the left of the page enter the
dates of your event 04/21/2022 to 04/22/2022. The
group code will automatically populate. On the right
under "Special Accounts and Rates" a box will be
checked for "HR Trauma Symposium."
The group rate for this event is \$129 per night.

#### Reservation deadline:

It is important for all reservations to be received on or before March 21, 2022 by midnight.

**ACCREDITATION STATEMENT:** In support of improving patient care, VCU Health Continuing Education is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American

Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**FINANCIAL SUPPORT:** This educational activity is supported via the host facilities. Disclosure of faculty and commercial relationship will be made at the activity.

**TARGET AUDIENCE:** Emergency physicians, trauma surgeons, physicians, RNs, EMS and other health care providers/professionals interested in trauma care.

**SPONSORED BY:** Riverside Regional Medical Center's Department of Medical Education

**HOSTS:** Bon Secours Mary Immaculate Hospital, Peninsulas Emergency Medical Services, Riverside Regional Medical Center, Sentara Williamsburg Regional Medical Center

**CREDIT DESIGNATION:** VCU Health Continuing Education designates this live material activity for a maximum of  $7 \, AMA \, PRA \, Category \, 1 \, Credits^{TM}$ . Physicians should claim only the credit commensurate with the extent of their participation in the activity.

NURSE/EMS CREDITS: This activity has been submitted to Riverside Regional Medical Center for approval. Riverside Health System is approved as a provider of nursing continuing professional development by the Virginia Nurses Association, an accredited approver by the America Nurses Credentialing Center's Commission on Accreditation. Application has been made for EMS credit through the Virginia Office of EMS.

REGISTRATION: Must be received by April 20, 2022

Online registration: <a href="www.riversideonline.com/hrts">www.riversideonline.com/hrts</a>
<a href="Mail-in registration">Mail-in registration</a>: Complete registration form on last page</a>
<a href="Walk-in registration">Walk-in registration</a>: Welcomed with cash or check only

### 7 a.m. Registration and Continental Breakfast

8 a.m. Welcome - Conference Moderator:

Scott Reed, M.D., FACS, Trauma & Acute Care Surgeon, Chair, Hampton Roads Trauma Symposium Riverside Regional Medical Center, Newport News, VA

### 8:15 a.m. Early Recognition and Rescue of the Injured Patient

Ellen M. Harvey, DNP, RN, ACNS-BC, CCRN, TCRN, FCCM, Clinical Nurse Specialist, Carilion Roanoke Memorial Hospital, Roanoke, VA

#### **OBJECTIVES:**

- Discuss risk factors for failure to rescue and unplanned ICU admissions in the injured patient.
- Identify ten major early warning signs suggesting clinical decline in the injured patient.
- Describe essential strategies to use in practice to prevent failure to rescue of the injured patient.

### 9:15 a.m. **Emergency Care of Burn Injuries:** The Essentials

Mack Drake, D.O., FACS, Clinical Assistant Professor, Associate Medical Director, Evans-Haynes Burn Center VCU Medical Center, Richmond, VA

### **OBJECTIVES:**

- Review basic pathophysiology of response to burn injury.
- Discuss general principles of emergency burn stabilization and treatment.
- Discuss current management of electrical, chemical, and inhalation injury.
- Highlight pediatric burn differences.
- Discuss burn Mass Casualty Incident planning.

## 10:30 a.m. Post Traumatic Growth – Finding Benefits Within Challenges

**Daniel Sundahl,** *Paramedic, Firefighter, Artist, DanSun Photo Art* 

### **OBJECTIVES:**

- Recognize the signs and symptoms of mental stress injuries.
- Learn techniques to build resiliency.
- Understand the concept of post-traumatic growth.
- · Participate in a mental health self-assessment.
- Realize we are not alone in how we feel, and it is okay not to be okay.
- Discover new techniques in treating PTSD.

11:30 p.m. Lunch

## 12:45 p.m. Oops I Did It Again – Commonly Missed Injuries in Trauma

Martin Payne, M.D., FACEP, Riverside Emergency Physicians, Riverside Regional Medical Center, Newport News, VA

### **OBJECTIVES:**

- Participants will be better able to assess for and recognize common potential missed injuries.
- Participants will recognize potential pitfalls in the assessment of multi-trauma patients.
- Participants will be able to institute protocols to improve assessment of multi-trauma patients.

### 1:45 p.m. Falls in the Elderly

Scott Reed, M.D., FACS, Trauma & Acute Care Surgeon Chair, Hampton Roads Trauma Symposium, Riverside Regional Medical Center, Newport News, VA

### **OBJECTIVES:**

- Understand the magnitude of the problem that elderly falls create in terms of mortality, costs, and social upheaval.
- Understand the myriad of complex factors that put the elderly at risks for falls.
- Understand some of the solutions to help minimize falls in the elderly.

2:45 p.m. **Break** 

### 3 p.m. Medical-Forensic Response to Victims of Violence

Beth Walters, BSN, RN, FNE, Riverside Regional Medical Center, Newport News, VA

#### **OBJECTIVES:**

- Understand the implications of 'trauma brain' when dealing with a victim in the field and acute care settings.
- Have full knowledge of forensic nursing services and the importance of getting these victims to the hospital.
- Identify Red Flags for IPV and Human Trafficking victims.
- Identify ways we can do better.

4 p.m. **Trauma 360** 

Scott Reed, M.D., FACS, Trauma & Acute Care Surgeon Chair, Hampton Roads Trauma Symposium, Riverside Regional Medical Center, Newport News, VA

Jason Garrison, M.D.

Riverside Advanced Wound Care Center Riverside Regional Medical Center, Newport News, VA

#### **OBJECTIVES:**

- Have a better appreciation of the number and specialties involved in trauma care.
- Better understand their individual role in the continuum of patient care.
- Gain insight into what patients remember and feel was important during their experience on the trauma service.











### REGISTRATION

### **30th Annual Hampton Roads**



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### **ONLINE REGISTRATION UNTIL APRIL 20, 2022**

www.riversideonline.com/hrts

OR

Detach and mail form and check (made out to Hampton Roads Trauma Symposium) to:

Riverside Regional Medical Center

Emergency / Trauma Center
ATTN: Lou Ann Miller, BSN, RN, CEN, TCRN
500 J. Clyde Morris Blvd., Newport News, VA 23601

Name
Title
Organization
Address
City, State, Zip
Daytime Phone
Email_
REGISTRATION FEES:
☐ Physicians \$150 (approved for 7 CME credits)
☐ Nurse Practitioner/Physician Assistant \$120
☐ Nurse/Allied Health/EMS \$90

**REFUNDS:** Will be made until April 8, 2022 less a \$10 processing fee.

(Letter of faculty approval required)

☐ Full-time Medical/Nursing Student/Resident \$50

CONFERENCE QUESTIONS OR SPECIAL NEEDS / DIETARY CONCERNS:

Contact 757-612-7218.