



FRANK SANDERSON, M.D.

Comprehensive Stroke
& Neurovascular Center

Riverside Health 17th Annual Stroke Symposium Agenda
May 1, 2026

7:30 – 7:40- Opening and Welcome

Dr. Shawke Soueidan, M.D., Riverside Neurology & Sleep Specialists Williamsburg

7:40 – 8:15- Posterior Circulation Strokes Presenting in the Emergency Department

Dr. Cara Jackson, D.O., Riverside Emergency Physicians RRMC

- Early Recognition & Rapid Stroke Alert Activation
- Pre-hospital Identification
- Optimizing Workflow: Routing, Imaging and Door to Treatment Efficiency

8:15 – 8:45- Beyond Thrombolysis: The Interventional Era of Stroke Care

Dr. Wolfgang Leesch, M.D., Riverside Neurovascular Specialists Newport News

- Mechanical Thrombectomy: Patient Selection, Techniques, & Expanding Indications (Including M2 Occlusions)
- Workflow Optimization: From Stroke Alert to Reperfusion
- Cross section between acute trauma and stroke evaluation
- Optimizing Blood Pressure in Neurointerventional Stroke Care

8:45 – 9:10- Modern Acute Ischemic Stroke Management

Dr. Aaron Daley, M.D., Riverside Neurology Specialists Newport News

- Inpatient Management After Reperfusion Therapy
- Blood Pressure, Antithrombotic Therapy & Secondary Prevention Initiation
- MRI vs CT in the Inpatient Setting: Clinical Decision- Making & Workflow Considerations

9:10 – 9:30- 2026 AHA/ASA Acute Ischemic Stroke Guideline Updates

Dr. Shawke Soueidan, M.D., Riverside Neurology & Sleep Specialists Williamsburg

- Review thrombolytic use beyond 4.5 hours and updated patient selection
- Summarize blood pressure management for mechanical thrombectomy
- Highlight pediatric stroke diagnosis and acute care updates

9:30 – 10:00- Break/Vendors



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10:00 – 10:20- Cardiovascular Strategies in Primary and Secondary Stroke Prevention

Dr. Joseph Adinero IV, M.D., Riverside Cardiology Specialists Williamsburg

- Atrial fibrillation, anticoagulation, and antithrombotic strategies
- Lipid management and hypertension updates
- Cryptogenic stroke management

10:20 – 10:45- Dysphagia Management in Brainstem Stroke

Tamara Stroble, SLPD, CCC-SLP, Riverside Therapy Services

- Pathophysiology and clinical Impact of dysphagia in brainstem stroke
- Early screening and identification of swallowing dysfunction
- Role of Speech-Language Pathology in swallow evaluation and management
- Evidence-based strategies to reduce aspiration risk and related complications

10:45 – 11:30 Keynote- Artificial Intelligence and Technology in Stroke Care

Dr. Dapeek Nair

- AI in imaging interpretation and triage
- Workflow optimization and decision support
- Current limitations, ethical considerations, and future directions
- Practical implications for clinical teams

11:30 – 12:30- Lunch/Vendors

12:30 – 12:50- Medication Optimization for Post- Stroke Patients: Challenges & Solutions

Dena Kota, PharmD, Ph.D., BCPS, Riverside Pharmacy Services

- Rebate Programs/ Solutions for medication access issues
- Antiplatelet vs Anticoagulation differences
- Importance of Statins
- Stroke Core Measure Medication Review

12:50 – 1:30- Contemporary Management of Intracerebral Hemorrhage

Dr. William McAllister IV, M.D., Riverside Hampton Roads Neurosurgical & Spine Specialists Newport News

- Acute medical and surgical management
- Blood pressure management, reversal strategies, and ICU considerations
- Nursing practice standards
- RHS ICH Management and Transfer Protocol



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1:30 – 2:00- Subarachnoid Hemorrhage: Case-Based Patient Review and Neurocritical Care

Dr. Alex Silaghi, M.D., Riverside Neurology Specialists Newport News

- Identify key decision points in the management of stroke patients
- Apply evidence-based guidelines to management and to promote rehabilitation
- Reflect on a stroke survivor's journey to highlight patient-centered care

2:00 – 2:25- Endovascular Management of Aneurysmal SAH: Coiling and WEB Device Approaches

Dr. Renato Oliveira, M.D., Riverside Neurovascular Specialists Newport News

- Overview of endovascular treatment strategies for aneurysmal subarachnoid hemorrhage
- Indications and technique for aneurysm coiling
- Role and application of the WEB (Woven EndoBridge) device in aneurysm management
- Considerations for patient selection and procedural outcomes

2:25 – 2:40- Break/Vendors

2:40 – 3:10- Life After Stroke: Recovery, Rehabilitation, and The Survivor Experience

Becky Reid, M.S. CCC-SLP, Riverside Select Rehabilitation Hospital

- Overview of inpatient rehabilitation in the stroke recovery continuum
- Role of multidisciplinary post-stroke rehabilitation therapies in functional recovery
- Highlight Aphasia and Stroke Support Groups for patients and caregivers
- Stroke recovery journey through the lens of a stroke survivor

3:10 – 3:40- Vivistim® Therapy: Paired Vagus Nerve Stimulation for Upper Extremity Recovery

Vivistim OT

- Overview of Vivistim and mechanism of action
- Patient selection and indications
- Evidence and outcomes from recent trials
- Role of therapists, nursing, and providers in therapy delivery
- Neuroplasticity and recovery after stroke

3:40 – 3:45- Closing Remarks and Dismissal

Jatifha Miller, MSN-Ed., ACNPC-AG, SCRNP, CCRN, CPHQ, Riverside Cardiovascular and Neuroscience Service Lines