AGENDA- Riverside's 15th Annual APP Conference 2/06/2027

7:15 a.m. **Registration / Breakfast / Exhibitors / Posters**

7:45 a.m. **Opening Remarks and Welcome**

8:00-9:00 a.m. **Keynote: How Leaders Drive Positive Change**
Wally Schmader, Founder
The Leader Lab

Objectives:
- Demonstrate executive communication by tailoring messages, delivering meaningful feedback, and providing clarity during change
- Strengthen leadership effectiveness through agile decision-making, strategic delegation, and sustainable leadership practices

9:10-10:10 a.m. **Alcohol Use Disorder: Recognition, Detoxification, and Recovery Support Across the Continuum of Care**
Omari Peterkin, M.Ed., PMHNP
Veronica Osborne & Rikkileigh Monarque, Peer Recovery Specialists
Riverside Mental Health & Recovery Center

Objectives:
- Identify the clinical signs and symptoms of alcohol intoxication and alcohol withdrawal, including factors associated with severe withdrawal and delirium tremens
- Describe evidence-based approaches to alcohol detoxification, including withdrawal assessment, medication management, patient monitoring, and safety considerations during inpatient treatment
- Discuss the transition from acute withdrawal management to ongoing treatment for Alcohol Use Disorder, including relapse prevention strategies and medication-assisted treatment options
- Recognize the role of peer recovery specialists and interdisciplinary collaboration in supporting patient engagement, recovery, and successful linkage to community-based services following discharge

10:10 – 10:30 a.m. **Break / Exhibitors / Posters**

Acute Care Breakout Session #1	**Primary Care Breakout Session #1**
10:30 – 11:15 a.m.	10:30 – 11:15 a.m.

Septic Arthrosis of the Knee Christopher Schultz, PA-C Riverside Orthopedic Specialists Gloucester ***Objectives:*** - Identify presentation, differential diagnoses and diagnostic work- up for suspected septic arthrosis of the knee - Compare treatments for native joints vs. prosthetic joint septic arthrosis - Identify and manage pediatric septic arthrosis	**Migraine Treatment/ Evaluation** Jennifer Campbell, MSN, APRN, A-G NP Riverside Neurology Specialists ***Objectives:*** - List common headache types and understand driving causes - Differentiate migraine from other headache conditions that can mimic symptoms - Identify the "Red flags" of headaches - List traditional vs. innovative treatment options in headache management practice

Acute Care Breakout Session #2	**Primary Care Breakout Session #2**
11:20 a.m. – 12:05 p.m.	11:20 a.m. – 12:05 p.m.
POCUS/ Regional Pain Service Richard Slama, M.D. Riverside Emergency Medicine Specialists ***Objectives:*** - Understand the cross talk between acute and chronic pain/wind up phenomenon - Define Opioid Induced Hyperalgesia and identify how this is pertinent to clinical practice - Identify viable and evidenced-based treatments for pain using multimodal and opioid sparing approaches - Implement emerging and safer treatments for chronic pain	**Anatomy of the CBC** Nicholas M. Drake, M.D. Riverside Peninsula Cancer Institute and Infusion Center Shore ***Objectives:*** - Demonstrate the ability to select appropriate laboratory tests and accurately interpret common laboratory values in clinical practice - Identify pertinent positive and negative findings - Recognize when urgent intervention is needed

12:05 – 12:45 p.m. **Lunch / Exhibitors / Posters**

(12:15-12:45 p.m. Networking Session for APP students--location to be determined)

Acute Care Breakout Session #3	Primary Care Breakout Session #3
12:45 – 1:30 p.m.	12:45 – 1:30 p.m.
Pulmonary Hypertension Oladunni Enilari, M.D. Director, Medical Intensive Care Unit, APP Critical Care Fellowship Co-Director, Critical Care Division Attending Physician, Pulmonary and Critical Care, Riverside Regional Medical Center ***Objectives:*** - Identify the major causes and clinical classifications of pulmonary hypertension - Select the appropriate diagnostic testing for evaluating suspected pulmonary hypertension - Describe the current treatment options for pulmonary hypertension	**Urinary Incontinence in Women: Evaluation and Treatment** Matthew Tompkins, M.D. Riverside Urogynecology Specialists ***Objectives:*** - Describe the common types of urinary incontinence, symptoms and risk factors - Review office evaluation for urinary incontinence - Treatment options for urge and stress incontinence, including conservative and surgical options

Acute Care Breakout Session #4	Primary Care Breakout Session #4
1:35 – 2:15 p.m.	1:35 – 2:15 p.m.
The Evaluation and Management of Hypercalcemia and Hypocalcemia Silya Mazigh, M.D. Riverside Inpatient Specialists Newport News ***Objectives:*** - Differentiate the major etiologies of hypercalcemia and hypocalcemia using the clinical presentation, medication history, and key laboratory findings - Recognize clinical red flags and determine when calcium abnormalities require urgent treatment, hospitalization, or specialist consultation - Select appropriate treatment and medication management strategies based on the underlying cause, severity, and acuity of calcium disorders	**Lipid Management** Joseph Adinaro, M.D. Riverside Cardiology Specialists Williamsburg ***Objectives:*** - Understand the new lipid guidelines for primary and secondary prevention. - Apply the Prevent ASCVD score for risk assessment in primary prevention - Demonstrate understanding of new lipid lowering therapies beyond statins

2:15 – 2:30 p.m. **Break / Exhibitors / Posters**

2:30 – 3:30 p.m. **GLP-1 Receptor Agonists**

Parin Patel, M.D., FACOG, DABOM, PMH-C
Riverside OB/GYN Specialists Warwick

Objectives:

- Review the expanding indications and clinical benefits of GLP-1 receptor agonists beyond weight loss
- Discuss patient selection, prescribing considerations, and medication administration strategies
- Identify practical approaches for preventing and managing common side effects to improve patient adherence and outcomes

3:30 p.m. **Closing and Raffles**