

Riverside Health 14th Annual APP Conference Agenda | Saturday, February 7, 2026



Wi-fi Network:
Marriott Conference Center
Password: Marriott2026

7:15 a.m. **Registration/Breakfast/Exhibitors/Posters**
7:45 a.m. **Welcome**

8-9 a.m. **Keynote: Spin the AI Wheel: Productivity Meets Patient Care**
Andy Beatman, Microsoft AI Product Leader

Objectives:

- Identify practical ways AI can improve personal productivity in health care settings
- Explore real-world examples of how organizations are using Microsoft AI to save time and enhance patient care
- Apply simple, actionable AI tools and strategies to everyday workflows
- Engage with interactive demos and discussions that spark ideas for individuals and teams

9:10-10:10 a.m. **MASH and Fatty Liver: "Steatotic Liver Disease"**
Michelle DiPasquale, AGACNP-BC, and Brittany Morris, FNP-BC, Riverside Gastroenterology Specialists

Objectives:

- Discuss disease progression and anatomy of hepatic steatosis as well as new nomenclature regarding different disease states
- Identify at-risk patients and recognize diagnostic tools to help with risk stratification
- Discuss role of advanced practice providers in managing comorbid conditions and assisting with lifestyle management
- Discuss pharmacological management strategies for hepatic steatosis

10:10-10:30 a.m. **Break/Exhibitors**

Breakout Sessions

ACUTE CARE BREAKOUT SESSION #1 | 10:30-11:15 a.m.

Palliative Care

Carrie Fisher, D.O.

Jenny Tucker, MSN, FNP-C, ACHPN

Riverside Hospice and Palliative Medicine

Objectives:

- Differentiate specifics of palliative care versus hospice care
- Identify resources for palliative care and hospice care
- Identify appropriate surrogate decision makers if patient does not have capacity
- Select appropriate patients that would benefit from palliative care consultation
- Initiate basic goals of care conversations

Pediatrics Update

Patrice Pennyfeather, DNP, CPNP

Louis Everett, RN, Certified Health Coach

Riverside Primary Care Mercury West

Objectives:

- Compare AAP and CDC immunization schedules
- Identify recent drivers of measles outbreak
- Gain practical NP talking points relative to vaccination recommendations
- Identify state pharmacy vaccine availability
- Identify strategies to combat pediatric obesity in the primary care setting

ACUTE CARE BREAKOUT SESSION #2 | 11:20a.m.-12:05 p.m.

Physiologic Impacts of Vaping

Som Chalise, M.D., FCCP

Riverside Pulmonary and Critical Care Medicine

Objectives:

- Review the mechanics and components of vaping
- Identify clinical manifestation of vaping use
- Understand mechanism of organ dysfunction with vaping

PRIMARY CARE BREAKOUT SESSION #2 | 11:20 a.m.-12:05 p.m.

Obstructive Sleep Apnea (OSA)

John Waite, FNP-C

Riverside Pulmonary and Critical Care Medicine

Objectives:

- Review the incidence and risk factors associated with obstructive sleep apnea (OSA)
- Describe the health consequences and morbidity associated with untreated OSA
- Compare current treatment options for OSA, including oral appliances, CPAP, and hypoglossal nerve stimulation
- Discuss the role of weight loss interventions, GLP-1 receptor agonists, in OSA management

ACUTE CARE BREAKOUT SESSION #3 | 12:45-1:30 p.m.

Pain Management: A Lesson in Mixology

Megan Johnson, MS, APRN, FNP-C, AGACNP-BC

Riverside Trauma and Acute Care Surgery

Objectives:

- Differentiate between acute and chronic pain
- Develop an evidence-based multimodal pain management regimen tailored to individual needs
- Identify non-pharmacologic pain relief strategies
- Examine special considerations for pain management in select populations

PRIMARY CARE BREAKOUT SESSION #3 | 12:45-1:30 p.m.

Dizziness vs. Vertigo: an ENT Perspective

Evenel Pierre, PA-C

Riverside Ear, Nose and Throat Physicians and Surgeons

Objectives:

- Define and differentiate between dizziness and vertigo using clinical terminology and patient-reported symptoms
- Classify types of dizziness (e.g., presyncope, disequilibrium, psychogenic) based on history and physical exam findings
- Apply diagnostic frameworks such as the HINTS exam to evaluate patients presenting with dizziness or vertigo
- Perform and interpret bedside maneuvers including the Dix-Hallpike and Epley maneuvers for diagnosing and treating BPPV
- Identify red flags that suggest central causes of vertigo requiring urgent referral or imaging

ACUTE CARE BREAKOUT SESSION #4 | 1:35-2:20 p.m.

Ischemic Limb Identification and Management

Megan Cobb, PA-C

Riverside Vascular Specialists

Objectives:

- Review ischemic limb pathophysiology
- Differentiate acute from chronic limb ischemia
- Discuss diagnostic workup and interpretation to include guideline directed treatment strategies
- Identify pearls and pitfalls related to management

PRIMARY CARE BREAKOUT SESSION #4 | 1:35-2:20 p.m.

Echo in the OPT Setting

Erin Satterfield, FNP-BC

Riverside Cardiology Specialists

Objectives:

- Identify valvular abnormalities on echocardiograms that warrant surgical evaluation versus surveillance
- Interpret findings of ascending aortic dilation including size thresholds that indicate concerns and recommended follow up
- Recognize common echocardiographic diagnoses that prompt referral to cardiology
- Determine indications for referral of pulmonary HTN patients

2:20-2:30 p.m. Break/Exhibitors/Posters

2:30-3:30 p.m. Optimizing Diabetes Care

Nebretta Blount, FNP-C

Riverside Endocrinology and Diabetes Specialists

Objectives:

- Develop evidence-based strategies for managing uncontrolled diabetes in pre- and post-operative settings
- Compare and contrast traditional insulin delivery methods with advanced systems, including insulin pumps and continuous-glucose monitoring
- Apply appropriate guidelines to achieve optimal glycemic control for surgical patients
- Develop individualized care plans incorporating modern insulin delivery technologies to improve patient outcomes

3:30 p.m. Closing and Raffles



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Health**