

Riverside Health 14th Annual APP Conference Agenda | Saturday, February 7, 2026



7:15 a.m.	Registration/Breakfast/Exhibitors/Posters	
7:45 a.m.	Welcome	
8-9 a.m.	Keynote: Spin the AI Wheel: Productivity Meets Patient Care Andy Beatman, Microsoft AI Product Leader	Wi-fi Network: Marriott Conference Center Password: Marriott2026
	Objectives:	
	<ul style="list-style-type: none">Identify practical ways AI can improve personal productivity in health care settingsExplore real-world examples of how organizations are using Microsoft AI to save time and enhance patient careApply simple, actionable AI tools and strategies to everyday workflowsEngage with interactive demos and discussions that spark ideas for individuals and teams	
9:10-10:10 a.m.	MASH and Fatty Liver: "Steatotic Liver Disease" Michelle DiPasquale, AGACNP-BC, and Brittany Morris, FNP-BC, Riverside Gastroenterology Specialists	
	Objectives:	
	<ul style="list-style-type: none">Discuss disease progression and anatomy of hepatic steatosis as well as new nomenclature regarding different disease statesIdentify at-risk patients and recognize diagnostic tools to help with risk stratificationDiscuss role of advanced practice providers in managing comorbid conditions and assisting with lifestyle managementDiscuss pharmacological management strategies for hepatic steatosis	

10:10-10:30 a.m. Break/Exhibitors

Breakout Sessions

ACUTE CARE BREAKOUT SESSION #1 10:30-11:15 a.m.	PRIMARY CARE BREAKOUT SESSION #1 10:30-11:15 a.m.
Palliative Care Carrie Fisher, D.O. Jenny Tucker, MSN, FNP-C, ACHPN Riverside Hospice and Palliative Medicine Objectives: <ul style="list-style-type: none">Differentiate specifics of palliative care versus hospice careIdentify resources for palliative care and hospice careIdentify appropriate surrogate decision makers if patient does not have capacitySelect appropriate patients that would benefit from palliative care consultationInitiate basic goals of care conversations	Pediatrics Update Patrice Pennyfeather, DNP, CPNP Louis Everett, RN, Certified Health Coach Riverside Primary Care Mercury West Objectives: <ul style="list-style-type: none">Compare AAP and CDC immunization schedulesIdentify recent drivers of measles outbreakGain practical NP talking points relative to vaccination recommendationsIdentify state pharmacy vaccine availabilityIdentify strategies to combat pediatric obesity in the primary care setting

ACUTE CARE BREAKOUT SESSION #2 11:20a.m.-12:05 p.m.	PRIMARY CARE BREAKOUT SESSION #2 11:20 a.m.-12:05 p.m.
Physiologic Impacts of Vaping Som Chalise, M.D., FCCP Riverside Pulmonary and Critical Care Medicine Objectives: <ul style="list-style-type: none">Review the mechanics and components of vapingIdentify clinical manifestation of vaping useUnderstand mechanism of organ dysfunction with vaping	Obstructive Sleep Apnea (OSA) John Waite, FNP-C Riverside Pulmonary and Critical Care Medicine Objectives: <ul style="list-style-type: none">Review the incidence and risk factors associated with obstructive sleep apnea (OSA)Describe the health consequences and morbidity associated with untreated OSACompare current treatment options for OSA, including oral appliances, CPAP, and hypoglossal nerve stimulationDiscuss the role of weight loss interventions, GLP-1 receptor agonists, in OSA management

ACUTE CARE BREAKOUT SESSION #3 | 12:45-1:30 p.m.**PRIMARY CARE BREAKOUT SESSION #3 | 12:45-1:30 p.m.****Pain Management: A Lesson in Mixology**

Megan Johnson, MS, APRN, FNP-C, AGACNP-BC

Riverside Trauma and Acute Care Surgery

Objectives:

- Differentiate between acute and chronic pain
- Develop an evidence-based multimodal pain management regimen tailored to individual needs
- Identify non-pharmacologic pain relief strategies
- Examine special considerations for pain management in select populations

Dizziness vs. Vertigo: an ENT Perspective

Evenel Pierre, PA-C

Riverside Ear, Nose and Throat Physicians and Surgeons

Objectives:

- Define and differentiate between dizziness and vertigo using clinical terminology and patient-reported symptoms
- Classify types of dizziness (e.g., presyncope, disequilibrium, psychogenic) based on history and physical exam findings
- Apply diagnostic frameworks such as the HINTS exam to evaluate patients presenting with dizziness or vertigo
- Perform and interpret bedside maneuvers including the Dix-Hallpike and Epley maneuvers for diagnosing and treating BPPV
- Identify red flags that suggest central causes of vertigo requiring urgent referral or imaging

ACUTE CARE BREAKOUT SESSION #4 | 1:35-2:20 p.m.**PRIMARY CARE BREAKOUT SESSION #4 | 1:35-2:20 p.m.****Ischemic Limb Identification and Management**

Megan Cobb, PA-C

Riverside Vascular Specialists

Objectives:

- Review ischemic limb pathophysiology
- Differentiate acute from chronic limb ischemia
- Discuss diagnostic workup and interpretation to include guideline directed treatment strategies
- Identify pearls and pitfalls related to management

Echo in the OPT Setting

Erin Satterfield, FNP-BC

Riverside Cardiology Specialists

Objectives:

- Identify valvular abnormalities on echocardiograms that warrant surgical evaluation versus surveillance
- Interpret findings of ascending aortic dilation including size thresholds that indicate concerns and recommended follow up
- Recognize common echocardiographic diagnoses that prompt referral to cardiology
- Determine indications for referral of pulmonary HTN patients

2:20-2:30 p.m. Break/Exhibitors/Posters**2:30-3:30 p.m. Optimizing Diabetes Care**

Nebretta Blount, FNP-C

Riverside Endocrinology and Diabetes Specialists

Objectives:

- Develop evidence-based strategies for managing uncontrolled diabetes in pre- and post-operative settings
- Compare and contrast traditional insulin delivery methods with advanced systems, including insulin pumps and continuous-glucose monitoring
- Apply appropriate guidelines to achieve optimal glycemic control for surgical patients
- Develop individualized care plans incorporating modern insulin delivery technologies to improve patient outcomes

3:30 p.m.**Closing and Raffles**