



RIVERSIDE

1915-2015
100
Years

CARING FOR OUR COMMUNITIES FOR A CENTURY AND BEYOND



2015 ANNUAL REPORT

THE DIFFERENCE
YOU MAKE IS REMARKABLE



Riverside's Commitment to our Communities

As a not-for-profit organization, Riverside is firmly committed to supporting our community partners. These are the organizations that extend our health improvement mission through educational programs, community gatherings, screenings and wellness initiatives. And we're absolute in our commitment to provide much needed health care to thousands of uninsured and underserved patients in our communities. To that end, Riverside Health System provides millions of dollars each year in community benefit investment and support to the community including in-kind and charity care provided to those unable to pay for medical services. To learn more about Riverside's commitment to our communities please visit www.riversideonline.com/community_benefit.

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Cover Photo (l-r):

Heart for Orphans Founder Nancy Hathaway with Ukrainian orphan Maxim Skrynnik

Riverside Is Remarkable Asset to Our Community A MESSAGE FROM CONWAY SHEILD, III

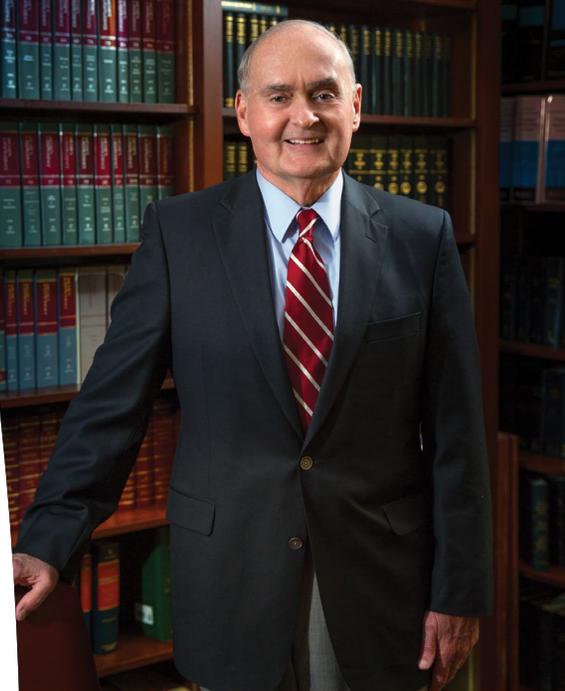
As someone who was born in the first Riverside Hospital and has served decades on various Riverside and other community boards, I was honored to be asked to serve as the next Chairman of the Riverside Foundation Board of Directors.

Riverside is an extremely important piece of the infrastructure of this community, providing first-rate medical facilities and first-rate care. Given the size and demographics of the region, we are very fortunate to have a health system like Riverside in our midst; not every community can say that. The role every donor, volunteer, caregiver and supportive team member plays in ensuring we continue to have access to the most cutting-edge, advanced care possible, is immeasurable. Thank you all for your commitment to and investment in Riverside.

Along with myself, I would like to introduce two additional new Foundation Board members. **Dr. Patricia Barry** was the founding executive director of the Merck Institute of Aging & Health in Washington, DC until her retirement in 2006. Dr. Barry is a Fellow and former President of the American Geriatrics Society, Fellow of the American College of Physicians and is currently a member of the Board of Directors for Riverside's Lifelong Health division. **Mr. Ron Murray**, a fourth-generation shipbuilder, is Vice President of Quality for Newport News Shipbuilding. He is a licensed professional engineer and graduate of the LEAD Virginia program who also serves on the Board of Directors for VersAbility Resources, and is a member of the American Society for Quality (ASQ) and the Society of Naval Architects and Marine Engineers (SNAME).

The entire Foundation Board is looking forward to working alongside the Foundation staff, Riverside leadership, and you to increase the level of generosity to provide care, services and programs that directly advance the mission — to care for others as we would care for those we love.

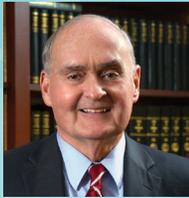
Sincerely,
Conway Sheild, III, *Riverside Foundation Board Chairman*



Conway Sheild, III, *Chairman*

For more information about how you can make a difference through your gift of gratitude, call the Riverside Foundation at 757-234-8740 or visit us online at www.riversideonline.com/foundation.

Riverside Foundation Board of Directors



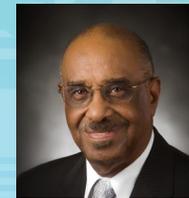
Conway Sheild, III,
Chairman



Patricia Barry, MD



Frances Ellis



William M. Grace



William P. Heath, Jr.



Caramine Kellam



Ron Murray



Verneeta L. Williams,
MD

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Dix-Parker,
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A Hundred Years Of Remarkable Care

THE EXECUTIVE DIRECTOR

This *Report to the Community* highlights many examples of what your support of Riverside has achieved. The true story of our success rests in the scholarships we were able to award, the many ways in which we provided assistance to patients to meet special non-medical needs, and in the many patients and families who recognize and honor caregivers with gifts of gratitude for the care they have received. So much of what makes Riverside remarkable is only possible through your much-appreciated generosity.

I'm especially pleased to introduce Mr. Conway Sheild, III, who is our new Foundation Board Chairman. Mr. Sheild, a Washington and Lee University "distinguished alum" and U.S. Army veteran, has practiced law for 46 years with Jones, Blechman, Woltz & Kelly, P.C. Mr. Sheild's community service activities include the Virginia Living Museum, Peninsula Family Services, Peninsula Fine Arts Association, United Way of the Virginia Peninsula, Peninsula Metropolitan YMCA, Peninsula Chamber of Commerce, Peninsula Economic Development Council, the Virginia Bar Association and the Virginia State Bar.

Mr. Sheild's connection with Riverside began at birth. He was born at the original Riverside Hospital. He has served on the Health System's Board since 2007. Before that, he served on the Riverside Regional Medical Center Board and as chairman of Riverside Behavioral Health Center's Board. Under his leadership, I'm confident we will continue to grow philanthropy at Riverside and make an even greater impact on the transformation of healthcare.

If I can help you in planning your next gift or help with a gift idea to honor your physician or other Riverside caregivers, please call me at 757-234-8740. I have the time. You will definitely make a difference in someone's life.

With great regard and respect, thank you for all you do.

Debbie Atkinson,
Riverside Foundation Executive Director



Debbie Atkinson, *Executive Director*



Neurosurgeon Dr. William McAllister, Maxim Skrynnik and Nancy Hathaway

"I Have a Hope.
I Have a Future."
**SURGERY GIVES
NEW LIFE TO
UKRAINIAN ORPHAN**

For many years, he lived each day knowing it could be his last. A fall, a hit, even the playful roughhousing boys do could have been fatal to this orphan from Ukraine. Now Maxim Skrynnik has a chance for a normal life thanks to *Heart for Orphans*, Riverside Health System and a dedicated neurosurgery team at Riverside Regional Medical Center.

“When I saw my mother for the last time, I was seven years old. She told me she was going to the hospital to get treated for a heart condition. While she was in the hospital my grandmother told me she passed away . . . I didn’t know what to do . . . Without my mother, I knew I could just vanish.”

—Maxim Skrynnik

From the moment of his birth, Maxim entered a world of fear, uncertainty and danger. His mother was a heavy smoker and an alcoholic; his father was an abusive, quick-tempered and violent man. When the boy was three years old, his father in a fit of rage threw him to the floor causing multiple skull fractures. He was rushed to the hospital where doctors managed to save his life and repair his fractured skull with metal plates.

After months in the hospital, Maxim came home to live with his mother. (His father was arrested and sent to prison where he later died.) Sadly, the youngster’s time with his mother would be cut short. The years of smoking and drinking took their toll. Maxim’s mother died when he was seven years old.

“When I saw my mother for the last time, I was seven years old,” Maxim said. “She told me she was going to the hospital to get treated for a heart condition. While she was in the hospital my grandmother told me she passed away . . . I didn’t know what to do. I cried out to God. Without my mother, I knew I could just vanish.”

Frightened, badly injured and without family to care for him, young Maxim found himself in an orphanage along with several hundred other children. There he lived for many years until he was able to enter Mercy House, a small family-like home for orphans supported by *Heart for Orphans*, a Williamsburg non-profit group founded by Nancy and Stephen Hathaway. It’s here that Maxim’s story turns from one of fear and danger to one of love and hope.

As Nancy Hathaway said, “Living in an orphanage is brutal for a sickly child. The older children threatened him physically as well as mentally. He wasn’t allowed to play sports for fear that one injury could end his life. But what Maxim wanted more than anything was a family. He found it at Mercy House.”

About *Heart for Orphans*

Heart for Orphans was born when Nancy Hathaway and her husband Steve witnessed the dim future facing orphans in Ukraine. At 16 years old, still children and desperately in need of a home and a family, they “age out” of the system and end up on the streets, in prison, prostitution or worse.

In 2001, Nancy and Steve travelled to Ukraine three times to adopt three older girls. “When we returned home, I couldn’t forget the kids left behind,” Nancy said. “All I could think about was what was going to happen to them. Most of the older children were unlikely to be adopted.”

The couple was determined to do something to help these orphaned children. Out of that passion came the creation of *Heart for Orphans*, a non-profit organization that owns and operates small transition homes for teen boys and girls who have aged out of the orphanage system. The homes are family-like and teens learn to live in and be part of a family all while being surrounded by caring and loving house parents. *Heart for Orphans* currently has several transition homes in Ukraine and plans to expand their mission into other countries.

RIVERSIDE SURGERY GIVES MAXIM “A HOPE AND A FUTURE”

Although life at Mercy House gave Maxim the family he wanted, he still faced a great danger that love alone could not overcome. As he grew into his teen years, the size of his skull expanded. The metal plates implanted by his Ukrainian doctors more than a decade ago did not. They no longer fully covered his skull or protected his brain from a fatal injury. He needed surgery.

“I knew something had to be done to help Maxim. He needed surgery, but I didn’t know how complex it might be or how soon it needed to be done,” Nancy said. “I did feel strongly, however, that it should be done in the U. S.”

Her first step was to find a hospital with the skills and the willingness to perform the surgery pro bono. “I turned to Riverside because of its reputation for both medical excellence and its commitment to compassionate care,” Nancy said. “Although I didn’t know him well, I decided to contact Bill Downey (Riverside President and CEO) and ask for help. After discussing it with Dr. Barry Gross (Riverside Executive VP and Chief Medical Officer) and the neurosurgical team, he let me know that Riverside would do the surgery at no cost.”

That was the easy part. “I had an idea just how difficult it would be to get the necessary visas to bring Maxim and his guardian/house mother to the United States. The Ukrainian government also required various assurances and documentation before they would agree to the trip and the surgery, but I am delighted to say everything went smoother than expected,” Nancy said.

Then there were the medical arrangements and requirements, much of which was handled by Dr. Eric Stone, Vice President of Clinical Operations, RRM. “This is the kind of thing we do all the time at Riverside—helping people in need—but it’s not often that we are involved with someone from a foreign country,” Dr. Stone said. “Just getting the medical information we needed for the surgery from doctors 5,000 miles away in Ukraine was a unique experience.”

It took more than three months to complete all the arrangements, get all the visas, government permissions and medical information necessary to bring Maxim to Newport News. He arrived in the U. S. on October 7 of last year. On October 21, Dr. William McAllister and his neurosurgery team performed the operation at Riverside Regional, removing the old metal plate and replacing it with a titanium mesh plate that should last for the rest of Maxim's life. The surgery was a complete success and the boy's recovery was fast.

Dr. Stone said, "He did very well. He was sleeping when I saw him postoperatively, but Dr. McAllister told me that by the next morning, he was sitting in bed watching television in typical teen fashion as MTV videos blared out. He seemed in good health and very happy to be in America."

As for Maxim's reaction, he's grateful to everyone and says with pride in his practiced English, "Now I have a hope. I have a future. MY NAME IS MAXIM!"

THE EPILOGUE

Maxim returned home safely to Ukraine and his "family" at Mercy House the first week of November. By now, he's living his dream—playing soccer without fear for the first time in his life. He even has his own soccer ball and helmet, a going-home gift from a *Heart for Orphans* donor. While he was here, his story touched everyone he met and no one more than the caregivers at Riverside. "I've never seen such widespread interest and concern about a single operation. Riverside staff up and down the line were calling, checking in and asking about Maxim—not just his specific caregivers, but pretty much everybody," Dr. Stone said. "I'm sure some of the attention came from the media publicity—everybody knew about the story—but more than that, it made us all more aware of why we chose to do what we do, and why we embrace the Riverside mission of caring for others as we would care for those we love."



Maxim Skrynnik



Scholarship Fund Helps
Hundreds of Nursing Students
**COLLEGE LIBRARY
NAMED FOR RUBY
POPE DRUMM**

Riverside celebrated its 100th Anniversary in 2015 and the Professional Nursing Program within the Riverside College of Health Careers will celebrate its first 100 years in 2016. It was an appropriate time to honor alumna Ruby Pope Drumm whose \$1.182 million bequest is the largest gift ever received by the Nursing Program.

“It’s so heartwarming that somebody would go through the program so many years ago and still feel such a strong connection to the school and such a deep desire to help others go into the profession she loved so much.”

—Debbie Yates-Sullivan, MSN, RN

The year was 2007. Debbie Yates-Sullivan had been Director of the School of Professional Nursing for about six years, but she was still getting mail addressed to her predecessor on a regular basis. “Most of it was junk mail,” she said, “so when I looked at this particular envelope, I almost didn’t open it. It was just a plain envelope with no particular markings to identify it as anything special. But I decided to open it anyway and how lucky that I did. When I looked inside, I saw a check. A check made out to the school for almost \$1.2 million.”

The check was from the estate of Ruby Pope Drumm, a 1948 graduate of Riverside who had passed away in 2004. “I was in shock. I just held the check close to my chest and starting walking down the hall to tell my boss,” Debbie said. “I saw my boss walking toward me. She started trying to tell me something and there I was holding this check. I finally interrupted her to say, ‘I think you should look at this.’”

The gift established an endowed scholarship fund for students in the School of Professional Nursing, now the Professional Nursing Program within the Riverside College of Health Careers. The Ruby Pope Drumm Scholarship Fund has made a significant difference in the lives of many students. At the beginning of 2015, the Fund had awarded more than 200 scholarships valued at a total of \$621,050. “Most of the scholarships have been \$2,000 to \$3,000, which, in many cases, makes the difference between attending nursing school or not, Debbie said. “We get a lot of students who are non-traditional and looking to build new careers, but who have families and financial obligations. It’s so heartwarming that somebody would go through the program so many years ago and still feel such a strong connection to the school and such a deep desire to help others go into the profession she loved so much.”

The College’s library was re-named in honor of Ruby Pope Drumm in 2015 during a reception celebrating Riverside’s 100th Anniversary and the upcoming 100th Anniversary of the Nursing Program. Special guests at the reception included Tom Pope, the nephew of Ruby Pope Drumm, his wife and sister-in-law. The Riverside College of Health Careers also has eight additional scholarship funds, managed by the Riverside Foundation to benefit students pursuing nursing and allied health education. For more information about the college’s programs please visit www.riverside.edu.



Debbie Yates-Sullivan, MSN, RN
Senior Director, Education
Programs, Riverside College
of Health Careers

Scholarship Winners Speak

“The scholarship helped me afford going to nursing school full time. I am grateful this scholarship covered my out of pocket tuition last year because if it hadn’t, I’m not sure where it would have come from.”

—Irene Galvez

“Receiving this scholarship helped me to pay my out of pocket expense for two and a half terms.”

—Monica Hartley

“I was able to pay for my tuition balance that was not covered by student loans for two terms. This was a tremendous help because it meant I didn’t have to worry about the financial aspect and could focus on classes.”

—Cathy Stewart



The Life and Legacy
of Jerry Brink
**THEY CALLED
HIM MR. RIVERSIDE**

One of Riverside's great guiding lights left us last November when Gerald R. "Jerry" Brink passed away at the age of 77. During his 40-year career at Riverside, he rose from an administrative assistant to CEO of Riverside Regional Medical Center to Executive Vice President of Riverside Health System, which he played a significant role in creating.



Jerry Brink

Although Mr. Brink's contribution to the growth of Riverside from a single hospital to the comprehensive health system it is today was enormous, perhaps his true legacy lies in the impact he had on Riverside's corporate culture and philosophy. His commitment to nurture and guide employees, old and new, was legendary; his determination to always put the care of patients first inspired our mission *to care for others as we would care for those we love*.

"Jerry" was teacher, mentor and champion for several generations of Riverside staff. He truly was a "people person." As Larry Boyles, retired Senior VP of Human Resources wrote in his tribute to his former boss and friend, "Working for Jerry was engaging. He gave you ample room to be creative but still had high expectations about results. He always made time for a meeting if you needed the time. His calm, insightful manner never really changed regardless of the type of challenges you were facing."

In remarks written for Mr. Brink's memorial service, current President and CEO Bill Downey said, "Jerry not only believed that everyone was important, Jerry tried to *show* everyone that they were important. Jerry is remembered at Riverside as someone who cared deeply for the people who worked for and with him. He was a man of great character."

Mr. Brink had an indefatigable work ethic, a value he learned from his own mentor Nelson St. Clair, retired President and CEO. "You would see him at his desk early a.m., late p.m., Saturday and Sunday. He was always there," Larry Boyles said. Mr. Brink's energy and dedication to making a difference extended beyond Riverside to worthy causes and organizations throughout the community, including the United Way, the Virginia Living Museum and Walter Segaloff's *An Achievable Dream* initiative.

Jerry Brink's legacy will continue to affect the course of Riverside for years to come. And he will live on both in the fond memories of those who knew and worked with him and in new generations who've heard his name and wish they could have known him too. Thank you, "Mr. Riverside" for all you did and for all the lives you touched.

The Gerald R. Brink Memorial Scholarship

Preparing a quality health care workforce is essential in generating economic growth and improving the quality of life for the communities we serve.

In honor of Gerald (Jerry) Brink, who served as President and CEO of Riverside Regional Medical Center and Executive Vice President of Riverside Health System, Riverside has established the Gerald R. Brink Memorial Scholarship to benefit students enrolled in the Riverside College of Health Careers Radiologic Technology Program.

To make a donation in memory of Gerald R. Brink, please visit riversideonline.com/foundation.



OFC Coach Kari Romero meets with caregivers via Skype.

The Heroes Behind
the Heroes
**OPERATION
FAMILY CAREGIVER
UNDERWAY AT
RIVERSIDE CEALH**

A new program to provide help, support and counseling for families and other caregivers of Virginia's returning service men and women is up and running at Riverside's Center for Excellence in Aging and Lifelong Health (CEALH). Operation Family Caregiver (OFC) is an evidence-based program developed by the Rosalynn Carter Institute for Caregiving (RCI) with funding from Johnson & Johnson.

“Our military has been on the battlefield for longer than ever before, and there are consequences to that. When they come home, especially with injuries, they lean heavily on their husbands and wives, parents, battle buddies, whoever can help take care of them. And that takes a lot out of a person. Being a caregiver is not easy.”

– **Dr. Leisa Easom, Executive Director, Rosalynn Carter Institute for Caregiving**



Photo l-r: Carol Berg, VVFS – Hampton Roads Supervisor; Kari Romero, Coach; Daphne Eaton, Coach; Betty Ann Liddell, VVFS – Northern VA Supervisor; Bobbi Miller, Coach; Christine Jensen, Project Director.

Last November, Riverside’s CEALH announced its plans to carry out the Operation Family Caregiver program in Hampton Roads and Northern Virginia to support those who are caregivers to the more than 425,000 veterans in the two largest metro areas of the state. Dr. Christine Jensen, CEALH’s Director of Health Services Research, who is leading the OFC program of Virginia, said that as of early 2016, OFC in those two markets was fully staffed and actively recruiting clients. “I’m really pleased that we have three coaches, we’re on schedule and already have a base of clients,” she said.

The Rosalynn Carter Institute created the program to address the often difficult times both veterans and their families face when the service member tries to readjust to life at home following a long deployment on the battlefield. “Our military has been on the battlefield for longer than ever before, and there are consequences to that,” said RCI Executive Director Dr. Leisa Easom. “When they come home, especially with injuries, they lean heavily on their husbands and wives, parents, battle buddies, whoever can help take care of them. And that takes a lot out of a person. Being a caregiver is not easy.”

At the heart of OFC are trained “coaches” who work one-on-one with the caregiver in a customized 16- to 24-week program to help overcome or manage the challenges of readjustment for veterans and loved ones alike. Coaches work with caregivers either at home, via phone or by computer using Skype or FaceTime. Together, coach and caregiver tackle issues ranging from post-traumatic stress to physical disabilities. “A primary goal is to help the caregiver and the returning veteran recognize and adjust to the ‘new normal’ of their lives,” Dr. Jensen said.

In addition to its partnership with Virginia Veteran and Family Support (Virginia Dept. of Veterans Services), CEALH has assembled an outstanding Project Implementation Team made up of key groups that are active stakeholders in veterans affairs to help with outreach efforts and other tasks. Dr. Jensen said the program’s goal is to have 55 caregivers enrolled within two years. “So far, we’re on track to meet our goals,” she said. “Our major task now is to let the community know about the program, who we are and how we can provide the kind of support these hidden heroes, the caregivers of Virginia’s veterans, deserve.”

To learn more about how you can help Riverside sustain this program, please contact the Riverside Foundation at 757-234-8740.



Heart Patient Survives
Multiple Cardiac Arrests
**LIFEVEST SAVES
LIVES WHEN
MINUTES MATTER**

“In matters of the heart, time is essential.” No, cardiologist Dr. Edward Chu isn’t giving advice to the lovelorn. He’s talking about treating sudden cardiac arrest and how minutes, even seconds can be critical in saving lives. Heart patient Bill Ayers knows first-hand exactly how true that is.

“The most difficult thing for me and for the family was to just stand back and do nothing as Bill was flat-lining and trust the LifeVest to keep him alive. I believe in miracles and, believe me, this was a miracle. Without that device, my husband wouldn’t be here today.”

—Phyllis Ayers



LifeVest wearable defibrillator

It was December 23rd. Bill Ayers was finishing up his last day of work at Newport News Shipbuilding and looking forward to the Christmas holiday with his family. Then something happened that not only thwarted his family’s Christmas celebration, but also profoundly changed his life. Bill suffered a massive heart attack. “I was at the Shipyard when I started feeling those symptoms of a heart attack you read about,” Bill said. He drove himself to the hospital, accompanied by a Shipyard supervisor. “I called Phyllis (his wife) on the way there, told her what was happening and to meet me at Riverside Regional’s Emergency Room.”

As soon as he arrived at the ER, the staff did an EKG and immediately rushed him into a room. They did a catheterization, confirmed that he’d had a major heart attack and put a stent in a damaged artery. Before he was released from the hospital, his cardiologist, Dr. Edward Chu, prescribed the use of a LifeVest wearable defibrillator. “This wearable technology doesn’t interfere with daily activities and lets patients be discharged with an external defibrillator that can detect and treat a life-threatening arrhythmia,” Dr. Chu said.

Dr. Chu’s decision proved to be a life-saving one. “I checked out of the hospital on December 27th and went home ready to enjoy a [belated] Christmas with my family,” Bill said. “We decided to celebrate Christmas with a lunch on New Year’s Eve. Just as we were going to the serving line, I told my son Jason to catch me because I was going to pass out.” His son caught him and put him in a chair. What followed is a remarkable story of calm in a crisis and proof positive that medical technology can save lives. As he was sitting in the chair, he suffered the first sudden cardiac arrest; the defibrillator went off three times over a 45-minute period. “The last thing I remember was a flash of bright light,” Bill said. “When I came to, the rescue squad was there. They were trying to figure out how to get the gurney in the house, but I told them I could walk to the ambulance. They weren’t too happy about that, but I did it.”

Bill suffered several more incidents, including flat-lining at least once in the ambulance on the way to the hospital. “I remember telling the guys in the ambulance to stand back because it was about to go off again. My wife was in the front seat with the driver and didn’t know what was going on with me,” he said. “At one point I told them I wanted to go to Riverside and not Sentara Hampton even though I live in Hampton.”

Phyllis Ayers tells the story from viewpoint of the family standing by and watching as Bill's life hung in the balance. "The most difficult thing for me and for the family was to just stand back and do nothing as Bill was flat-lining and trust the LifeVest to keep him alive. I believe in miracles and, believe me, this was a miracle. Without that device, my husband wouldn't be here today," she said. Bill and Phyllis are grateful to Dr. Chu and his team for the care Bill received. He now has an implanted defibrillator and is looking forward to life with his family.

Dr. Chu and his partners are strong proponents of the LifeVest and have prescribed the wearable defibrillator for some 50 of their patients. "In case of life-threatening heart rhythms, the LifeVest can accurately identify and treat the abnormal heart rhythm immediately," he said.

Even though the LifeVest technology received FDA approval in 2001 and despite its life-saving record, some insurance companies, including Bill Ayers' insurer, decline to cover its cost. Through generous gifts to the Riverside *Make A Difference* Funds, over \$18,000 in 2015 has been used to offset the cost for patients in need.

FACTS ABOUT LIFEVEST:

- The LifeVest is the first wearable defibrillator. Unlike an implanted defibrillator the LifeVest is worn outside the body rather than implanted in the chest. It requires no bystander intervention.
- The LifeVest continuously monitors the patient's heart and, if a life-threatening heart rhythm is detected, the device delivers a treatment shock to restore normal heart rhythm. The device alerts the patient prior to delivering a treatment shock, and thus allows a conscious patient to delay treatment.
- The LifeVest is used for a wide range of patient conditions, including following a heart attack, before or after bypass surgery or stent placement, as well as cardiomyopathy or congestive heart failure that place patients at particular risk.

Dr. Mark E. Ellis Endowment Fund for CANCER CARE ADVANCEMENT

Dr. Mark E. Ellis touched the lives of thousands during the 20 years he treated cancer patients. A cancer patient himself in his youth, Dr. Ellis pioneered the concept of Integrative Medicine for the treatment of cancer, which involves both patients and their families in a range of special complimentary therapies in addition to the latest medical technology. Riverside provides Integrative Medicine at no cost to patients. We're proud to honor Dr. Ellis's legacy.

Thanks to those who have given from July-December 2015 to the Dr. Mark E. Ellis Endowment Fund for Cancer Care Advancement:

Mildred E. Ball
Richard and Mary Beyer
Lynne Bunch
John J. Collins
Joseph and Jean Deprinzio
John and Barbara Eaton
Patricia E. Emerson
Marilyn Fields
Paul and Karen Forster
Faye P. Gargiulo
Maj. General Robert L. Gordon
Tiena M. Griffith, LPN
Clinton M. Hamilton
Norma S. Harris
John and Patricia Hasty
Virginia Hubbard
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Robert and Frances Lane
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Grace W. Stultz
Catherine C. Talbert
Charles E. Woolf
Barbara B. Zeiller

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Virginia R. Bayne
Cheryl L. Bayne

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Peggy L. Forrester
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Gordon D. McLean
Suzanne E. Morgan
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Kendall and Nancy Jones

Tribute gifts made in Honor Of:

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Dexter and Debbie Atkinson
Charles R. Kersh, MD
Elizabeth A. Haynes
Riverside Radiation Oncology
Team—Williamsburg
Elisabeth J. Williams
Keith and Crystal Gregory

Tribute gifts made in Gratitude Of:

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Keith and Crystal Gregory
Flavia E. Kostov, MD
Graeme D. Bisdee
Shirley S. Cokes
Eddie B. Wiggins
John F. Miller, MD
Robert and Leah Rubenstein
Bernice Szabo
Tamara N. Artis-Simmons, RN
Shirley S. Cokes



Tree of Life CANCER CARE FUND

To cancer patients, the smallest things can mean the world. Your gifts to the Tree of Life give financial support for unmet needs such as screening, prevention programs, facility enhancements and community outreach, as well as post-biopsy transportation, wigs and support programs. In association with our Every Woman's Life program, the Tree of Life also supports the women's health needs of those battling cancer.

Thanks to those who have given from July-December 2015 to the Tree of Life Cancer Care Fund:

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“We had a patient who experienced side effects from chemo (fatigue, nausea, neuropathy) which made it almost impossible to work. He lost his insurance and moved in with family. They were able to assist him a little, but getting anti-nausea medication and pain medication became difficult. We were able to assist with his meds and bus tickets to get to treatments through the Tree of Life. He was very appreciative of our help early in his diagnosis.”

**— Harolette Kelley
Patient Navigator
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Riverside Behavioral Health Center *Make a Difference* Fund

This fund is an opportunity for grateful patients and community members to support patient assistance needs, facility enhancements, and capital projects at our mental health center in Hampton.

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The Riverside Hospice Fund supports the patients, programs and staff training needs at Riverside Hospice in Newport News, Riverside Walter Reed Hospice, Riverside Tappahannock Hospice, and Riverside Shore Memorial Hospice. Thanks to your generosity, we can proudly say that we never turn a patient away due to an inability to pay. Your contributions truly make a remarkable difference in the lives of our patients and their families.

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Riverside Rehabilitation Institute (RRI) strives to accomplish its mission of “Rebuilding the lives of the physically impaired”... everyday. Thanks to your donations we are able to provide immediate patient assistance as well as facility enhancements, program and equipment needs.

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Riverside's mission – to care for others as we would care for those we love – is not just a statement, it is our commitment to the communities we serve. With the support of donors like you, Riverside Shore Memorial Hospital is able to fund facility enhancements, immediate patient needs, programs and equipment needs that allow us to provide a higher standard of care for our patients on the Eastern Shore.

Thanks to those who have given from July-December 2015 to RSMH *Make A Difference Fund* or who made unrestricted donations on the Eastern Shore:

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“RSM Hospital delivers an impressive array of services, including primary, chronic, and long term care, as well as home health care, and hospice care. It is absolutely essential to preserve the quality of life in our rural community. Local access to healthcare instills peace of mind and quality of life, which means we are more likely to be able stay in our community.

It is clear that RSMH is a tremendous asset to our community, to individual patients, to their families, and to the staff.”

– Jane Bulette
Riverside Shore Memorial Hospital Auxiliary President

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Abernathy Gardens Fund

The Abernathy Gardens Fund was established in honor of George and Estelle Abernathy by their daughter and son-in-law Susan and Robert McCreary. The Abernathys had a long history with Riverside and its development into the health system it is today. The fund supports improvements and a maintenance endowment for the gardens on the campus of Riverside.

Thanks to those who have given from July-December 2015 to the Abernathy Gardens Fund:

Kenneth M. Ogren

For more information about making a gift in support of the Abernathy Gardens contact us at 757-234-8740.

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The RMG *Make A Difference* Fund is an opportunity for grateful patients, Riverside team members, and community members to support immediate patient assistance needs, facility enhancements and capital projects related to Riverside Medical Group. This fund also supports the transportation of Riverside physicians to Tangier Island.

Thanks to those who have given from July-December 2015 to the RMG *Make A Difference* Fund:

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Riverside Regional Medical Center **MAKE A DIFFERENCE FUND**

Grateful patients, friends, family and generous community members unite in support of a higher standard of care through Riverside. It is because of donors like you that we can continue helping our neighbors who need care beyond what they can afford. 100% of your gift is used to fund Riverside Regional Medical Center facility enhancements, immediate patient needs, programs and equipment needs that allow us to provide a higher standard of care for our patients on the Peninsula.

Thanks to those who have given from July-December 2015 to the RRMCM *Make A Difference* Fund or who made unrestricted donations in the Peninsula Region:

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A Place of Peace and Solace

When it comes to caring for our patients and families, our Make a Difference Advisory Committee knows there is no such thing as good enough. These community leaders and advocates help steward charitable contributions, fulfilling unmet needs for patients and supporting services and programs that create remarkable care at Riverside. The Peninsula *Make a Difference* Committee is working in partnership with the Riverside Foundation to raise funds for a Sanctuary in the Pavilion at Riverside Regional Medical Center.

The Sanctuary will provide a place where families can find peace and solace in times of stress and concern for their hospitalized loved ones. For more information about the Sanctuary at the Pavilion, please call the Riverside Foundation at 757-234-8740.

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The generosity of our donors fuels Riverside's mission and moves us another step towards a higher standard of care and a brighter, healthier future for our communities. Gifts to Riverside Doctors' Hospital Williamsburg are used to fund facility enhancements, immediate patient needs, programs and equipment needs that allow us to provide a higher standard of care for our patients in Williamsburg.

Thanks to those who have given from July-December 2015 to the RDHW *Make A Difference* Fund:

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“Assisting RDHW with volunteer and philanthropic support gives this resident a lot in terms of bolstering the good work of a significant health provider with proven experience in our community – and beyond. Thank you, RDHW, for your quality care difference here in Williamsburg.”

— Joe Poole, III





Riverside Lifelong Health **MAKE A DIFFERENCE FUND**

The vision of Riverside's Lifelong Health Division – As I age, I will control my destiny in a place of my choosing – is as important to us as our mission. With the continued support of donors to the Riverside Lifelong Health *Make A Difference* Fund we are able to provide a better quality of life for the aging population.

Thanks to those who have given from July-December 2015 to the Riverside Lifelong Health *Make A Difference* Fund.

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Baby's Birth Day Fund

The Baby's Birth Day Fund was established in memory of "Mama Mary" Thompson who for 25 years touched the lives of more than 30,000 families at Riverside Regional Medical Center through her work in the labor and delivery unit. This fund supports the program and equipment needs of the Birthing and Family Services Department.

Thanks to those who have given from July-December 2015 to the Baby's Birth Day Fund:

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Riverside Tappahannock Hospital **MAKE A DIFFERENCE FUND**

As part of our commitment to bring remarkable care to the communities we serve, Riverside embarked on a capital campaign to bring private rooms to Riverside Tappahannock Hospital. Thank you to those who continue to give in support of that effort. Gifts to the RTH *Make A Difference* Fund also support immediate patient needs, programs and equipment needs that allow us to provide a higher standard of care for our patients in the Northern Neck.

Thanks to those who have given from July-December 2015 to the RTH *Make A Difference* Fund or who made unrestricted donations in the Northern Neck:

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The Nurse in the Hat Fund

The family and friends of Linda Handley, RN, established The Nurse in the Hat Fund in honor of Linda's dream, her life's work, and her commitment to the professionalism of nursing. The fund provides scholarship support to one or more students enrolled in the Riverside School of Professional Nursing.

Thanks to those who have given from July-December 2015 to The Nurse in the Hat Fund:

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Anne Talbot Evans Memorial Scholarship Fund

The Anne Talbot Evans Memorial Scholarship Fund honors Mary Anne Talbot Evans for her lifelong work and dedication to surgical services. The fund provides scholarships to students enrolled in the RCHC Surgical Technology and RN programs who pursue careers in surgical services.

Thanks to those who have given from July-December 2015 to the Anne Talbot Evans Memorial Scholarship Fund:

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Riverside Walter Reed Hospital **MAKE A DIFFERENCE FUND**

Riverside's *Make A Difference* Funds allow us to cover the cost of critical unmet needs for patients unable to afford them. We cannot thank you enough for continuing to give in support of our effort to provide a higher standard of care for our patients on the Middle Peninsula.

Thanks to those who have given from July-December 2015 to the RWRH *Make A Difference* Fund or who made unrestricted donations in the Middle Peninsula Region:

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Help Fund for RIVERSIDE TEAM MEMBERS

The Help Fund was established to provide financial grants to Riverside team members who have experienced a disaster or personal loss through no fault of their own. Through June 2015, a total of \$20,200.92 has been awarded to 50 team members in need.

Thanks to those who have given from July-December 2015 to the Help Fund for Riverside Team Members:

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“I wanted to say how appreciative my husband and I are to have received such a generous gift from the Riverside Help Fund for Team Members. Not only for the money, but for all the kind words, hugs and prayers by so many people. So please know how grateful we are, and will never forget the kindness Riverside has shown our family.”

— Grateful Riverside Team Member

Achievable Dream Make A Difference Fund

Donations to the Achievable Dream *Make A Difference* Fund supports Riverside’s commitment to meet the health and wellness needs of at-risk youth in southeast Newport News, VA, by providing the Riverside Health Improvement Clinics within the Achievable Dream Academy.

Thanks to those who have given from July-December 2015 to the Achievable Dream *Make A Difference* Fund:

PNC Bank Foundation
Andrea Weiser

If you are interested in learning more about how you can support the Riverside Health Improvement Clinics serving Achievable Dream Academy students, please contact Debbie Atkinson, Executive Director of the Riverside Foundation at 757-234-8740.

Riverside Health System **MAKE A DIFFERENCE FUND**

The Riverside Health System *Make A Difference* Fund is an opportunity for grateful patients and community members to support areas of greatest need throughout the Riverside Health System.

Thanks to those who have given from July-December 2015 to Riverside Health System *Make A Difference* Fund:

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Dennis J. Loftus
Frank and Jeraldine Lohr

My mother has always been a giver. She gave more than she received her whole life. I pride myself on the one quality that I was fortunate enough to inherit – her desire to give for no reason other than it is the right thing to do. I will continue her legacy of giving with my contributions to causes supported by the Riverside Foundation.

**– Rhonda Waldrop-Eng
Riverside Team Member and
Founder's Society Member**



Ruby Pope Drumm

Make a Difference That Transcends Time — Remember Riverside in your Will

One day in March of 2007, Riverside School of Professional Nursing Chair Debbie Sullivan-Yates was routinely opening her mail. Inside one of the envelopes was a check for \$1,182,868—the largest single gift ever received by the school. The donation came from the estate of Ruby Pope Drumm, a 1948 graduate. The gift fulfilled her lifelong dream to make a difference in future students' lives. In 2014 alone, the Ruby Pope Drumm Scholarship Fund provided 46 student scholarships totaling \$129,000.

To learn how you can support causes that have been important in your life, please contact Debbie Atkinson at 757-234-8740. Support Riverside with a gift that transcends time.

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Gerald R. Brink Memorial Scholarship

At Riverside, we know that preparing a quality health care workforce is essential in generating economic growth and improving the quality of life for the communities we serve.

To that end, and in honor of Gerald (Jerry) Brink, who served as President and CEO of Riverside Regional Medical Center and Executive Vice President of Riverside Health System before retiring in 2004 after 40 years of service, Riverside has established the Gerald R. Brink Memorial Scholarship to benefit students enrolled in the Riverside College of Health Careers Radiologic Technology Program.

Thanks to those who have given from July-December 2015 to the Gerald R. Brink Memorial Scholarship:

Dexter and Debbie Atkinson
William and Carol Downey
Faye P. Gargiulo
Jason and Keri Houser
Robin M. Nelhuebel

Riverside Child Development & LEARNING CENTER PROGRAM

The RCDLC Program is an opportunity for grateful parents and team members to support the educational needs of our children at the Riverside Child Development & Learning Center.

Thanks to those who have given from July-December 2015 to the Child Development & Learning Center Fund:

Gregory and Teresa Bosch
Shawn and Kristin Brewster
Laura Bryant
Victor and Karen Cardenas
William and Lorrie Carter
David and Jessica Cash
Katherine E. Clover
Katrina M. Coullier
Amanda J. Craft
Kelly H. Drackert
Wayne and Judy Harrell
Holly A. Johnson
Angela Jones
Lawrence Thomas and LaTonia Kelley
Raymond E. Keys
Katherine Koehl
Patrick and Sally Krystyn
Steven and Leslie McMullin
Danielle S. Meyer
Mary K. Odenweller
Sandra L. Phillips
Brenda G. Richardson
Riverside Child Development and Learning Center

The Kroger Company Customer Communications Department
Roselyn Tillman

Tribute gifts made in Honor Of:

Dashaunda S. Blount
Rhonda Waldrop-Eng
Kristine B. Bohn
Rhonda Waldrop-Eng
Mary Broughman
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Jim Towell
Rhonda Waldrop-Eng
Joanne M. Verhulst
Rhonda Waldrop-Eng
Lori Whittaker
Rhonda Waldrop-Eng

Riverside College of Health Careers **MAKE A DIFFERENCE FUND**

The RCHC *Make A Difference* Sustaining Fund for a Bright Future is an opportunity for students, faculty, staff, and the community to support Riverside College of Health Careers in addressing the learning needs of future nursing and allied health professionals.

Thanks to those who have given from July-December 2015 to the RCHC *Make A Difference* Fund:

Rachel Copen
Christina M. Gooch
Margaret B. Goodman
Chelsea Gray
Michael Hamilton
Jeannette Harding
Lettie Pate Whitehead
Foundation, Inc.
Gloria W. Mingee
Ebony L. Mullen
Robin M. Nelhuebel
Stacey E. Privia, LPN
Riverside College of Health
Careers — 2015 PN
Day Class

Riverside College of Health
Careers-RN Summer
Class of 2015
Susan L. Sale
Sade Silver
Michelle L. Smith
Bessie M. Stratton
Deborah L. Sullivan-Yates
Harald and Margret Walian

**Tribute gifts made
in Loving Memory Of:**
Premier Inc.
John Stanley
LaVerne T. Kennedy
Dr. Kyle and Lynn Allen

Vernon & Audrey Markham
Claudia M. Wright

**Tribute gifts made
in Honor Of:**
Nancy W. Littlefield, DNP
Dr. Kyle and Lynn Allen
Riverside School of
Professional Nursing
Faculty
John and Patricia Cork

**Tribute gifts made
in Gratitude Of:**
Fredrick S. Arnold, MD
Anna R. Draper



Carol Hines, LPN and Michelle
Wooten, Director of Nursing, RRCM

Our mission at the Riverside College of Health Careers is to educate students to become competent entry level healthcare professionals. RCHC enrolls on average 300 students each year in Professional Nursing, Practical Nursing, Radiologic Technology, Surgical Technology, Physical Therapy Assistant, Medical Assistant, and our Concurrent Enrollment BSN Program offered by Old Dominion University.

For the calendar year 2015, the generosity of our donors made it possible for 140 students to receive \$325,126 in scholarships.



Jean Raines, RN

Jean Raines FAMILY SCHOLARSHIP FUND

The Jean Raines Family Scholarship Fund was established by Riverside Health System and her family to memorialize Jean and her 40-year commitment to the health system. The scholarship program honors Jean's lifelong commitment to learning and education by providing the children and grandchildren of Riverside employees with educational assistance for their professional and personal development.

Thanks to those who have given from July-December 2015 to the Jean Raines Family Scholarship Fund:

Peter K. Lam
Frank and Aime Nuar, MD
Angelica Perry, DO

**Tribute gifts made
in Memory Of:**
Jean Raines
Jennifer Raines

**Tribute gifts made
in Honor Of:**

Kathy S. Menefee
Terris E. Kennedy, Ph.D, RN
James Raines
Jennifer Raines

Willie P. Francis SCHOLARSHIP WINNER

Samantha Verser, R.N. was awarded the 2015 Willie P. Francis Education Scholarship. Samantha is a nurse on Riverside Regional Medical Center's Labor and Delivery Unit. "The last place I thought I would find myself is labor and delivery," she said. "I started on the medical/surgical orthopedic floor. I learned how to be a nurse on that floor. I learned to manage my time well and gained as much knowledge from more experienced nurses as I possibly could. I learned how to really care for people – to hold their hands as they took their last breaths, and hug their family and tell them it will be okay. Being a nurse is about so much more than I ever thought. The nurses I worked with became my family."

Samantha is pursuing her BSN at Rappahannock Community College. "Continuing my education is extremely important to me. My patients only deserve the best that I can give them, and by going back to school I know I can make a difference in the quality of care I am able to provide."

The Willie P. Francis Education Scholarship Fund honors the retirement of Willie P. Francis and her decades of service on the Mother/Baby Unit at Riverside Regional Medical Center. Willie's special contributions to nursing, along with the care of new mothers and their babies was noted over the years by all who came in contact with her. The fund was established with a lead contribution by Dr. Stephen Bolduc to encourage employees of the Birthing and Family Health Services staff to continually advance their skills in the field of maternal-child health.



Samantha Verser, R.N.

If you are interested in learning more about how you can support educational scholarships at Riverside, please contact us at 757-234-8740.

Healthcare Heroes Scholarship & Student Assistant Fund

The Healthcare Heroes Fund honors Leslie D. Mask, Anna A. Weston, Judy Lee, Ian Burgett, and Joyce Johnson, RN, Robyn Gohsman, and Lydia Hall, whose lives and contributions as healthcare professionals made them heroes. The fund began providing scholarships and student assistance grants in 2008 to qualified individuals pursuing a career in healthcare.

Thanks to those who have given from July-December 2015 to the Healthcare Heroes Scholarship & Student Assistance Fund:

Kimberly J. Healy
Dr. John and Melissa
Maggioncalda
Tom and Elisabeth Williams

Tribute gifts made in Loving Memory Of:

Robyn S. Gohsman
Michael and Gina Keesee

Corporate and CIVIC PARTNERS

Riverside would like to thank the following corporate and civic partners for their investments in our mission from July-December 2015.

Advanced Health Media
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Riverside Foundation Year End 2015 FINANCIAL UPDATE

We're pleased to report that the Riverside Foundation exceeded its 2015 strategic objective of \$2.75 million. As of December 2015, the number of gifts and donors both increased by 23% over 2014. **Thanks to the continued support and generosity of our donors, the Riverside Foundation raised a total of \$2,768,196.04 in 2015.**

THE IMPACT

Help Fund:

In 2015, 133 team members received \$43,025 in financial assistance. Since the Help Fund's beginning in 2008, 1,208 Riverside team members experiencing financial difficulty through no fault of their own received more than \$373,630.34 in financial assistance.

Make A Difference Funds:

In 2015 \$229,781.87 was disbursed from the Make A Difference Funds for facility enhancements and critical unmet patient needs like life vests, gift cards for food, clothing, medications, rental and utility assistance.

Cancer Care:

In 2015, 12,521 patients received Integrative Medicine Therapies valued at \$556,200, for which there is no reimbursement. Since 2007, 160 Cancer Care patient assistance requests have been met.

Hospice Fund:

In 2015, \$82,633.30 was disbursed to cover funeral expenses, the cost of medications, food and utilities for qualified patients in hospice care.

Educational Scholarships:

In 2015, a total of 140 students received \$325,126 in scholarships.





Philanthropic contributions advance and further Riverside's mission to care for others as we would care for those we love.
This list includes all Founder's Society Members as of December 31, 2015

**Second Century Circle
\$100,000 and above**

Thomas J. Bayne, Jr. and Family
Pierre and Catherine Dohet*
William and Carol Downey
Ruby Pope Drumm*
Jesse Doswell Dutton*
Dr. Mark E. and Lynn H. Ellis
Faye P. Gargiulo*
COL Robert (Ret) and Susan McCreary*
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* *Cornerstone Legacy Contributors*

**Humanitarian Circle
\$50,000 and above**

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Dr. Hugh and Sherrill McCormick
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Riverside Tappahannock
Hospital Volunteers
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Hospital Volunteers
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**Healing Circle
\$10,000 and above**

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Rhys and Nancy Weakley
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