



Remarkable

MAKING AN IMPACT IN OUR COMMUNITY

2018
YEAR IN
REVIEW



Riverside's Commitment to Our Community

As a not-for-profit organization, Riverside is firmly committed to supporting our community partners. These are the organizations that extend our health improvement mission through educational programs, community gatherings, screenings and wellness initiatives. And we're absolute in our commitment to provide much-needed health care to thousands of uninsured and underserved patients in our communities.

To that end, our most recent numbers show Riverside Health System has provided over \$247 million in community investment and support including in-kind and charity care provided to those unable to pay for medical services.

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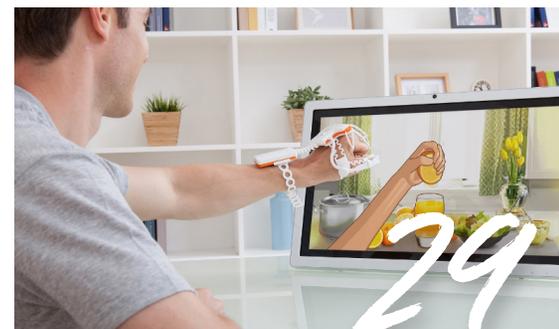
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A MESSAGE FROM THE BOARD CHAIRMAN

The Riverside Foundation strives to be remarkable in all areas, and the stories and successes of 2018 are no exception. The tremendous support of our community and team members allows us to look back on 2018 and take pride in what we've collectively achieved.

Our annual report is one of the ways the Foundation shares the remarkable stories that happen every day throughout Riverside. It's an opportunity to honor and remember those who have helped us along the way. What we are most proud to share, however, is how your gifts, along with many other generous contributors, can and will continue to transform the definition of care in our community.

The entire Foundation Board is grateful for your continued support and looks forward to working with you, Riverside leadership and the Foundation team to increase the level of generosity in 2019 that enables us to provide care, services and programs that directly advance our mission.



Conway Sheild, III, Chairman
Riverside Foundation Board of Directors



A MESSAGE FROM THE EXECUTIVE DIRECTOR

Welcome to the latest edition of Remarkable — the Riverside Foundation's annual report to our community.

Our donors are the heart of the Riverside Foundation, and our team is especially proud to present this publication to you and invite you to celebrate what your support of Riverside championed last year.

On the pages that follow, you will read stories of remarkable care — stories about new technology that provides the latest in cutting-edge memory care, scholarships that award current and future caregivers, champions of continued excellence in cancer care, hospice and healthy aging, and much, much more. These stories do not happen by accident, but rather, they are achieved only when friends like you invest in our mission and commitment to care for others as we would care for those we love.

When our entire community comes together as grateful patients and families, businesses, civic organizations and team members, we are astounded by the remarkable things we can accomplish. Together, we can make a true and lasting difference in the lives of those we serve.

We are grateful for your continued support.

Kristen Beam Witt, M.S.

Riverside Foundation



William B. Downey
President and Chief
Executive Officer



Michael Dacey
Executive Vice President
and Chief Clinical
Operations Officer



Nancy Littlefield
Executive Vice President and
Chief Nursing Officer



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William M. Grace
Ron Murray

Steve Spain
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Consultants

Faye P. Gargiulo
Debbie Atkinson
Susan Martin



Executive Director and Foundation Team

Left to Right:
Fonda Christopher
Cynthia Jackson
Julia Bowditch
Kristen Witt
Jennifer Frank
Amy Ryan
Ryan King

Riverside Foundation 2018 Year-End Report

New Gifts and Pledges: **\$2,167,148**

Health System Grants and Awards: **\$1,962,856**

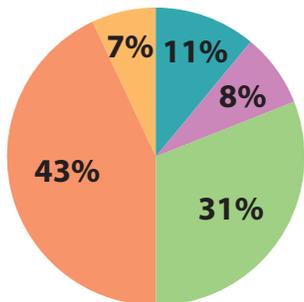
Total Revenue: **\$4,130,004**

Last year, 3,496 donors contributed \$2,167,148 to the Riverside Foundation to support several focus areas and regions.

As a not-for-profit health care system, we rely on a partnership with the communities we serve. Through generous support, you have enabled us to achieve a higher standard, empowering us to provide comfort, wellness and excellence in medical treatment for those in our care. We greatly appreciate your partnership and are honored to share these results from 2018 with you.

Areas of Impact

Because of your support in 2018, Riverside is investing \$1,019,941 in the following areas throughout our communities.



Patient Assistance
Unmet needs such as medication and transportation

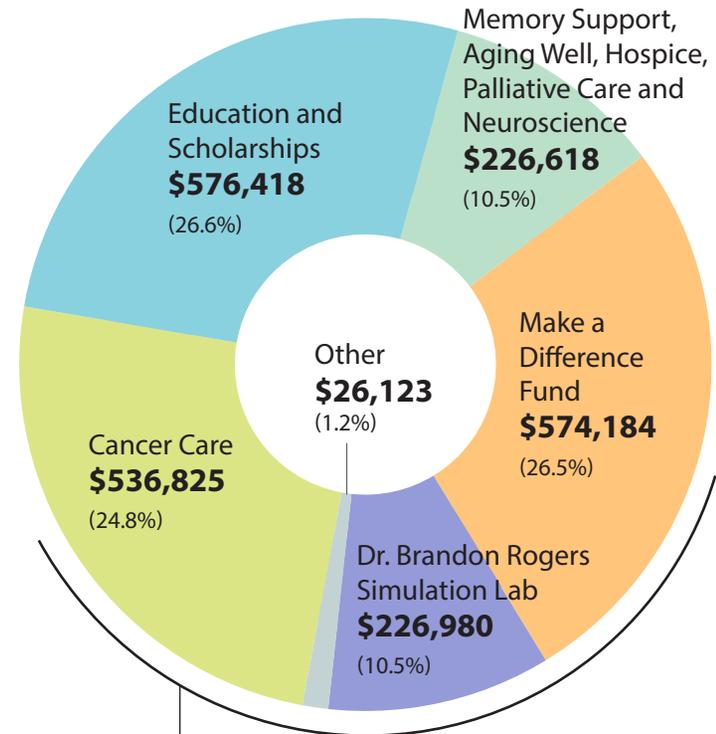
Areas of Greatest Need
Allowing us to care for others as we would care for those we love

Program Support
Vital resources for cancer, hospice and memory care patients

Education
Scholarships for aspiring health care professionals

Facility Enhancements
Memorial Garden, heart and vascular equipment, neurosciences research

All new gifts and pledges by focus area



BREAKDOWN BY REGION

Eastern Shore	\$258,877	(12%)
Peninsula	\$754,308	(35%)
Middle Peninsula	\$125,386	(6%)
Williamsburg	\$176,803	(8%)
Tappahannock/ Northern Neck	\$49,752	(2%)
System-Wide	\$802,022	(37%)

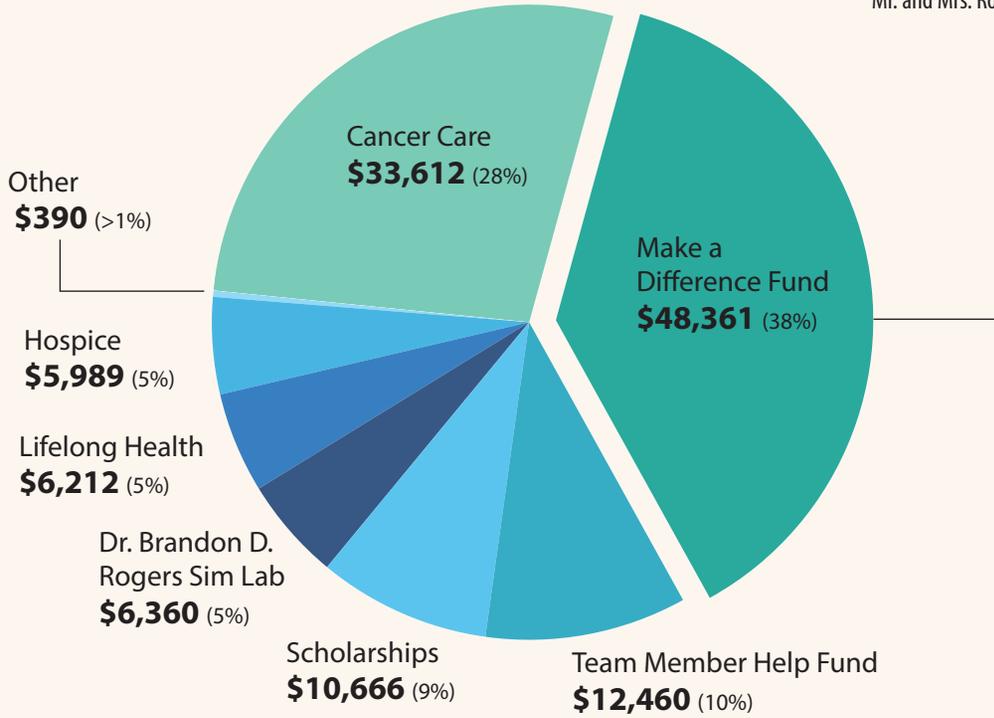
Team Member Giving

Riverside Employees Set a New Record: **\$124,050 in 30 Days**

It's no surprise — Riverside team members are always looking for ways to raise the standard of care. In April of 2018 they did it again in a big way through our annual Team Member Giving campaign.



Mr. and Mrs. Rogers (center) with team members who hosted a lunch fundraiser to honor the memory of Dr. Brandon Rogers.



FUND BREAKDOWN

System-Wide	\$21,865
Northern Neck/Tappahannock	\$10,047
Peninsula	\$ 5,417
Eastern Shore	\$ 5,263
Riverside Medical Group	\$ 2,010
Williamsburg	\$ 1,910
Middle Peninsula	\$1,849

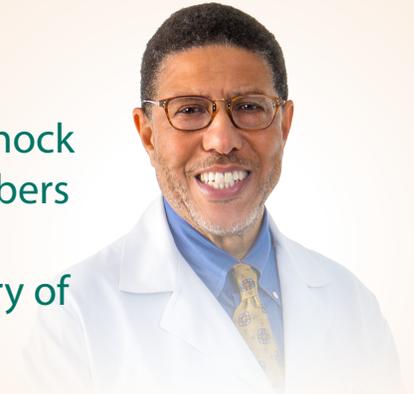
TEAM MEMBER GIVING

Over \$124,000, the most ever raised during a team member campaign, was contributed by 1,280 team members in 30 days to causes throughout Riverside. Forty employees joined the 1915 Club by generously donating \$1,000 or more.

Champions from the Northern Neck, Middle Peninsula, Williamsburg, Peninsula and Eastern Shore lent a hand to help bring awareness to their regions and facilities. They endorsed letters to their peers, led fundraisers and even got behind the camera to talk about what giving to Riverside means to them. In the traditional competition among Riverside's five geographic regions, the Eastern Shore won the award for the highest percentage of participation.

Through this year's campaign, over \$48,000 was contributed to Riverside's Make a Difference Funds that support the greatest needs of patients and facilities. Over \$10,000 of that amount was raised by Northern Neck and Tappahannock employees, specifically for their region, in memory of Dr. Jeffrey Haskins. Other popular gift destinations included cancer care, the team member Help Fund, various scholarships, the future Dr. Brandon D. Rogers Simulation Lab project, lifelong health and hospice.

Riverside Tappahannock Hospital team members give to this year's campaign in memory of a beloved physician



On Monday, April 16 Riverside lost a dedicated doctor and friend, Dr. Jeffrey M. Haskins, M.D.

The Tappahannock Hospital and Northern Neck team dedicated their 2018 Team Member Giving contributions to the Make a Difference Fund in his memory. These funds honoring Dr. Haskins' dedication to medicine and his community will continue to support the care provided to patients and others throughout the community.

Riverside's Tappahannock team celebrates the life of Dr. Haskins.





First Annual Day of Giving Honors Riverside Founders' Day

This year, in observance of Founders' Day we celebrated with a twenty-four-hour fundraising campaign to support projects across the health system. These projects were submitted by our team members in hopes of improving the lives of our patients. We were overwhelmed with the response and we are thrilled to share the final results with you.

Operation Family Caregiver

Supporters raised \$4,338 to provide free and confidential support to seven families of those who have served our nation. These specially trained coaches work with the caregiver to customize a 16- to 24-week program that is unique to each family, helping military families learn how to overcome the obstacles they face and to manage whatever might come along.

Child Development and Learning Center

Riverside's Child Development and Learning Center raised \$5,118 for iPads that are the final piece of an electronic system to communicate with parents. This technology will allow teachers to communicate directly with parents throughout the day in real time and can also be used in emergencies.

RIVERSIDE FOUNDERS' DAY

Labor and Delivery

Labor and Delivery staff at Riverside Regional Medical Center and Riverside Shore Memorial Hospital sought to raise money for two Cuddle Cots for their hospitals. Cuddle Cots are special temperature-controlled bassinets used for stillborn/fetal death infants. These cots prolong the body breakdown process that happens after death and allows families time they will never have again with their child. Through Riverside's Day of Giving, the L&D staff raised \$6,683 — enough to purchase a Cuddle Cot both for RRCM and RSMH.

Virtual Reality Goggles

Our Cancer Care staff raised \$4,681 to purchase 16 pairs of Virtual Reality goggles to be distributed to all of Riverside's cancer centers. These devices provide immersive, realistic, 3-D experiences that “transport” the patient away from the moment to a peaceful, novel, positive and emotionally enriching experience, providing distraction from mental, emotional and social distress during treatment.

Memory Care

The last project raised \$5,339 to improve hospital stays for patients with memory care needs. Gifts went to purchase one of two pieces of equipment for our memory care patients in all five of our hospitals, with a total of more than 162 items purchased.

- Sleep sound machines help to block out the noise of a busy hospital and leave patients well rested, decreasing their risk for anxiety and confusion during inpatient stays.
- Activity aprons provide sensory stimulation that will keep patients busy and engaged for long periods of time. This equipment not only can prevent anxiety and confusion, but can also reduce the need for chemical and physical intervention.



Thank you again to all of our team members, patients and friends. Your generosity fully funded all five projects, and we are so grateful for your support!

Honoring Her Husband's Memory

Patti St. Clair's Gift Supports the
Organization that Her Husband Led
for Four Decades

Since November we have mourned the loss of one of the most influential leaders in Riverside history. Former President and CEO Nelson Lewis ("Lew") St. Clair, Jr., spent 42 years leading Riverside Health System's transformation from a single hospital in downtown Newport News into the sprawling regional resource that thrives today.

Lew's career with Riverside began in 1961 as he finished a master's degree in hospital administration from the Medical College of Virginia. While he was in school, his wife, Patti, supported their family with her nursing job at Dixie Hospital in Hampton.

PATTI ST. CLAIR'S GIFT

The couple met at Warwick High School where Lew was co-captain of the football team. With an interest in science and medicine, Patti went on to graduate from the University of Virginia School of Nursing, while Lew accepted a football scholarship from the University of Richmond. Immediately after they married in December 1957, Lew served six months in the Army before the newlyweds settled in their hometown of Newport News. The St. Clairs welcomed the first of their three children just before Lew began his graduate courses.

Only a year after Lew began an administrative internship at the original Riverside Hospital downtown, CEO Robert O'Brien died unexpectedly and Lew was appointed administrator. His first task was to oversee the hospital's move to the current site on J. Clyde Morris Blvd.

While Lew's knowledge of hospitals at that point was primarily based on educational studies, Patti had hands-on experience as a nurse. She took the opportunity to give her husband some advice that he put into practice throughout his career: "If you're going to run a hospital, you need to know what happens on all three shifts," Patti said. "You need to be in that hospital at 6:00 every morning." And he did. Those people got to know him.

Lew worked seven days a week and every holiday until around age 60, when the St. Clairs finally took a real vacation. "He exhibited leadership from an early age, through a lot of hard work," Patti said. "He was successful at whatever he did."

Patti describes Lew as a visionary whose many contributions to Riverside made an impression on her, beginning with his immediate

improvement of medical care quality. "He secured well-educated doctors by setting up a residency program through his relationship with VCU, and he traveled to Miami to recruit medical school professors who had fled from Cuba," she said. "Then, it wasn't long before Lew kept saying, 'There are other areas where health care is needed.'" Before he retired in 2003, Lew had developed a successful community resource to serve the entire region with an array of hospitals, convalescent centers, residential retirement communities, outpatient facilities, wellness centers, a multi-specialty physician group and the assurance of quality community health care for years to come.

Patti fully understood Lew's relentless drive because she had just as much of her own. Though she retired from nursing, Patti remained a strong leader in the community. She has been a tireless volunteer for the past 60 years, accomplishing a great deal with her talent for fundraising and development. "I like making things grow," Patti said. "And in order to make things grow, it takes money." Patti's father, a bank president, instilled the importance of community service by his own example. "I was raised to give back," Patti said. "You take so much from the world and you have an obligation to give back to the citizens of your community."



In memory of Lew's life and in honor of his legacy to Riverside, Patti has made a gift to the Riverside Foundation to support cancer education and prevention.

As soon as her children reached school age, Patti got to work, serving as PTA president for Yates Elementary School where she convinced the Newport News Parks and Recreation department to split the cost of the school's first playground while the PTA raised the rest. As a charter member and the third council president of the Peninsula Arts Association, Patti took the organization from one room at Christopher Newport University to its own location, established an art shop as a source of income, and set up a docent program for the Junior League Art Show. A longtime member and supporter of the Virginia Museum of Fine Arts, Patti has served on its Foundation board in addition to making significant contributions of time, funding and art.

In 1973 the St. Clair family moved to the Croaker area of Williamsburg. Their son Patrick's equestrian activities had led to horse ownership, and they wanted property where they'd have room to keep them at home. But it soon turned into much more than that when Lew gave Patti two thoroughbred yearlings for her fortieth birthday.

A passion was sparked and Patti went on to spend four decades doing the intense, but rewarding, work of breeding and raising racehorses. In 1976 the St. Clairs built a barn to house 13 horses, and at one point owned more than 20. Patti's horses raced all over the East Coast; one show horse became a multi-national champion after she sold it. She bred two broodmares to a grandson of the famous Secretariat. Though she retired from horse racing in 2007, she still enjoys helping with the care of her two remaining broodmares.

During those 40 years, Patti served on five different horse industry

boards. As president of the Virginia Equine Educational Foundation for 17 years, Patti organized an economic impact survey and census for Virginia's horse industry, which would be key in gaining the support of state legislators in regards to pari-mutuel wagering and racetrack issues. It took Patti two years, but she raised \$110,000 from her kitchen telephone to fund that survey. In 1993 she was instrumental in establishing Dream Catchers, a therapeutic horse-riding center to benefit impaired children and adolescents, and also served as its president for three years.

Because of Patti's extensive volunteer and fundraising experience, she knows the value of the Riverside Foundation. In memory of Lew's life and in honor of his legacy to Riverside, she has made a gift to the Riverside Foundation to support cancer education and prevention. "Cancer is in almost every family," she said. That includes her own — both of her parents, Lew's father and even Lew, who Patti calls "one tough person," succumbed to the disease in addition to serious heart problems.

"There are a lot of cancers that are taking our population," Patti said. "I think there is a desperate need to educate as to how lifestyle connects to cancer development." Patti is also a strong believer in Riverside's genetic counseling and community screening efforts.

"A gift to support cancer prevention seemed to be a perfect fit with what Riverside is already doing and how they can expand their programs," said Patti, who plans to continue with annual giving. "I always thought every hospital should have assistance available to help people. Now we have the Foundation, and Lew was very supportive of that. We strongly support the Riverside Foundation."

Helping Students Achieve Their Educational Goals

Each year, it is an honor for the Riverside Foundation to administer scholarships established by our generous donors. Riverside's commitment to education began more than 100 years ago with the opening of our Training School for Nurses, now the Riverside College of Health Careers, and continues to be a focal point for our development efforts today. With the ever-increasing costs of higher education, financial assistance to deserving students is critical. Through support from our community, the Foundation is dedicated to expanding our role in helping students achieve their educational goals.

The Bates Family Scholarship

Established in 2016 by Jim and Nancy Bates along with their family, this annual scholarship award provides educational opportunities for qualified students who demonstrate a commitment to volunteerism. Nancy has been an active volunteer at Riverside Doctors' Hospital Williamsburg for five years. After her husband Jim's long career with Johnson & Johnson, the couple settled in Williamsburg. Jim sadly succumbed to cancer in 2011, just shy of their 55th wedding anniversary. Nancy credits the connections she made at Riverside for helping her cope with the loss and encourages others to find a way to make a difference in someone else's life.



Nancy Bates

The 2018 Bates Family Scholarship recipient, Lauren Lenertz, cares about making a positive difference, which is noted in her many gifts of time to serve patients and families at Riverside Doctors' Hospital Williamsburg, Chesapeake General Hospital and Hoos for Memory, a program at the University of Virginia Medical Center to care for dementia residents. Lauren holds a Bachelor of Science in biology from the University of Virginia (2015) and is currently pursuing her Master of Physician Assistant licensure at Eastern Virginia Medical School.

"Seeing the impact of volunteers on the comfort and healing of members in this community, I feel so fortunate to have had the opportunity to be a part of it." — Lauren Lenertz

The Jean Raines Family Scholarship

The Jean Raines Family Scholarship was established in 2003 by Riverside Health System and the family of Jean Raines to



Jean Raines

honor her 40 years of service and dedication to Riverside.

Jean found great joy in teaching and helping others and had a lifelong commitment to learning, which was evident in her many accomplishments. This year we were honored to work alongside

Jean's daughters, Teresa Basset and Jennifer Raines, to re-dedicate the Jean Raines Family Scholarship to provide aspiring health care providers at Riverside's College of Health Careers with the opportunity to act on their passion to become the remarkable caregivers of tomorrow. In November, an official portrait of Mrs. Raines was dedicated in the benefactor gallery at the College in commemoration of her contributions to nursing and education. Congratulations to the 2018 Jean Raines Family Scholarship recipients: Matthew Teasley and Jana Nelhuebel.

Healthcare Heroes Scholarship for Junior Volunteers

Each year, scholarships are awarded to high school students who wish to pursue a career in medicine and contribute a minimum of 50 hours in service as junior volunteers at Riverside Regional Medical Center. The Ian Burgett Healthcare Heroes Scholarship, made possible by contributions from the Burgett Family and Riverside volunteers, was founded in memory of this beloved junior volunteer in 2012 to honor his legacy of optimism, kindness and quiet leadership. In 2015, a generous contribution from TowneBank established a second award for those students who demonstrate a commitment to volunteerism, philanthropy and a culture of caring in their community. The 2018 awards were presented in April during a Volunteer Appreciation Week celebration to aspiring nurses Samantha Gibbons (Brigham Young University) and Eryn Gaffney (University of Virginia).



Scholarship Created by Gift Honoring Faye Gargiulo

Faye Gargiulo is best known for her strong love of family and education — and for her generosity in the community.

Upon her retirement from Riverside in June 2018, a thoughtful gift was made by Dr. J.

Frank Sanderson, Jr. to honor Faye's 30 years of service. A new scholarship made possible by the Petro and Sanderson Educational Support Scholarship Fund will now benefit aspiring health care providers at Riverside's College of Health Careers who demonstrate a commitment to the values and mission of Riverside. The first award will be presented in 2019.



Faye Gargiulo

Jr. Healthcare Heroes Scholarship Winners, left to right, Samantha Gibbons (Ian Burgett Award) and Eryn Gaffney (TowneBank Award)



New Scholarship Established for Patriots Colony Team Members

“The Patriots Colony Team Member Endowed Scholarship was established to honor my mother, who was a Registered Nurse, and to increase the educational opportunities for qualified individuals who have demonstrated a commitment to serving the residents of Patriots Colony.” — Jim Edwards, member of the Patriots Colony Philanthropy Committee

Pictured above: Leadership donors and champions of the Patriots Colony Team Member Endowed Scholarship. (Left to right) Back: Betsy Gremp, Bob Evans, Jim Edwards, Mac Armstrong; Front: Barbara Fanney and Paulette Dawson



How Scholarships are Created and Sustained at Riverside

ENDOWED SCHOLARSHIP

A cumulative gift of \$50,000 will establish an endowment fund and upon maturity will allow a \$2,000 annual scholarship to be awarded in perpetuity in the name of the donor each year.

ANNUAL SCHOLARSHIP

A contribution of \$25,000 will establish an annual scholarship of \$500 to be awarded in the name of the donor each year.

DESIGNATED SCHOLARSHIP

A contribution of \$2,000 or more will create a designated scholarship in a category determined by the donor and awarded in the same year.

GENERAL SCHOLARSHIPS

You can give aspiring health care providers an opportunity to act on their passion and expand their knowledge by contributing any amount. Riverside will use your contribution to create additional scholarships or increase an existing award.

Last year, 160 students received \$316,000 in assistance through the support of generous donors. To learn how you can impact a future student, call 757-234-8740.



Dr. Brandon D. Rogers
Simulation Lab

A Physician's Challenge Yields a Remarkable \$33,000 Investment

In June of 2018, Dr. Gary S. Kavit and his wife, Judith, issued a remarkable challenge to his Emergency Department provider peers. They would match every dollar donated, up to \$10,000, for the new Dr. Brandon D. Rogers Simulation Lab at Riverside Regional Medical Center. "I feel a personal calling to contribute to this initiative because I know that my gift is an investment in the future of emergency medicine at Riverside," Dr. Kavit explained.

A PHYSICIAN'S CHALLENGE

Dr. Kavit knows the challenges that providers and the health system face in maintaining a quality emergency medicine program including dexterity skill maintenance of high risk, infrequent procedures and the acquisition of new skills. He also knows how much the advanced training facility will support that effort. “Our emergency departments stand to benefit greatly as we improve our ultrasound, pediatric resuscitation, OB and advanced airway techniques as well as learn new skills such as REBOA,” he said. “It will also be an integral part of our future emergency medicine residency program.”

As the only medical simulation lab on the Peninsula, the newly planned training facility is something Dr. Kavit feels fortunate to be part of. “It symbolizes the future of healthcare in our community — not only for our patients, but for us, the providers,” Dr. Kavit said. “The lab holds the promise to advance both the science and art of the work we do. It upholds and furthers our mission to care for others as we would care for those we love.”





The Center for Medical Education and Simulation Training will feature state-of-the-art teaching labs and virtual reality technology.

W.M. Jordan Co. Donates \$100,000 Toward Dr. Brandon Rogers Simulation Lab



Dr. Brandon Rogers

With architectural renderings complete and more than \$500,000 in financial commitments received by the Riverside Foundation, design work is underway for the Riverside Center for Medical Education. The facility, featuring an innovative medical simulation lab named for the late Dr. Brandon Rogers, is anticipated to open at Riverside Regional Medical Center within the next year. This momentum is thanks in part to a generous \$100,000 gift from W.M. Jordan Company, a leading construction manager in our region who has been involved in many Riverside construction projects.

SIMULATION LAB



Interactive medical manikins help to train and prepare future providers in life-saving skills.

W.M. Jordan Executive Chairman John Lawson recognizes the important role of simulation, as his company utilizes it for their own purposes. “I’m a big believer in continuing education and the use of the latest technology,” John said. “I think you’ll get better health care.”

Better health care for Riverside patients is certainly the goal, achieved by enabling clinicians across the health system to frequently update a wide range of skills in an effective, hands-on way. The recruitment and retention of highly qualified health care providers and medical residents will also be an important benefit of offering advanced training capabilities at Riverside.

The Riverside Foundation continues to work toward an initial fundraising goal of \$1.5 to \$2 million. We are immensely grateful to W.M. Jordan Company, Dr. Kavita and his colleagues, Team Rogers and all who are partnering with us to honor Dr. Rogers and enhance medical education at Riverside.

Retired Riverside Foundation Executive Director Debbie Atkinson and Carmelita Rogers at the Pastor John P. Kee concert, which raised over \$5,000 for the Dr. Brandon Rogers Simulation Lab.



How to Make a Gift to Support Remarkable Care at Riverside

- One-time or monthly pledged gifts can be made online at donatenow.networkforgood.org/riverside
- Checks made payable to the Riverside Foundation can be sent to:
701 Town Center Drive, Suite 1000
Newport News, VA 23606
- Riverside team members who would like to enroll in payroll deductions should visit intranet.rivhs.com/give



Pictured top left, event coordinator, Patti Dwyer; top right, Maynard Randolph; bottom, event founder Bobby Dwyer



24th Annual John Randolph-Dr. Mark Ellis Memorial Dinner

Event Directs Proceeds to Riverside Cancer Care Patients in Williamsburg

In 1994, while undergoing treatment for lung cancer, College of William & Mary Athletic Director John Randolph convinced the owners of The Trellis restaurant to close for one evening so he could host a fundraiser for the American Cancer Society. Sadly, John passed away the following year, but his close friend and employee, Bobby Dwyer, carried the event on in his mentor's memory. Nearly 25 years later, the annual John Randolph-Dr. Mark Ellis Memorial Dinner is a legacy in the Williamsburg community and a major source of fundraising support to those fighting cancer.

MEMORIAL DINNER

Bobby, who is still with William & Mary Athletics, coordinated the effort with help from his wife, Patti, a retired kindergarten teacher and now full-time artist. “John was one of a kind,” Patti said. “He was tireless in everything, including his battle against cancer — he never gave up. He wanted people to learn from what he was going through. His example continues to be so inspiring.”



From left: Patrick and Liz Martin with Adria Vanhoozier

2007, when Patti was diagnosed with breast cancer. “Mark was the first person that Bobby called. He read the pathology report and Mark said, ‘Okay, we can do this.’ He became my doctor at that moment.” A bilateral mastectomy eliminated Patti’s disease, and since then, she’s also been successfully treated for ocular melanoma.

Dr. Mark Ellis, founder of Riverside’s Peninsula Cancer Institute in Williamsburg, was John’s oncologist and an innovative leader in local cancer care. Dr. Ellis also had a friendship with Bobby — the two had met as students at Wake Forest University and later reconnected in Williamsburg. When Dr. Ellis died in 2010 after his own melanoma battle, Bobby wanted to honor him with the dinner as well.

The fundraiser took on a new meaning to the Dwyers in

“We have a real connection having lived through cancer — me as a patient and Bobby as a caretaker, which is just as hard,” Patti said.

Bobby and Patti organized the event on their own for 15 years until its growth motivated a planning committee to help. “Since then, we’ve had a solid group of people from the Williamsburg community, including doctors, John and Mark’s family members, cancer survivors and caretakers,” Patti said. Committee members Maynard Randolph, Lindy Dunn, Dawn Julien, Christina Scordo, Gary Ripple, Bobby Dwyer and Patti Dwyer planned the 2018 event, which raised \$30,000.

With a new desire to ensure that funds are used locally, the committee recently decided to direct all proceeds to support Riverside Cancer Care patients in the Williamsburg community, beginning with the sold-out 2018 dinner. In exchange, Riverside, who had long been involved in the event, stepped in to assist with planning and became a platinum level sponsor. “We’ve had a tremendous amount of support from Riverside,” Patti said. “The partnership has just been unbelievable.”

The feeling is mutual, according to Julia Bowditch, who is responsible for the Riverside Foundation’s annual giving, community engagement and events. “The Dwyers have built and sustained this event, and we were so fortunate to come alongside



Matt Lockhart and Patti Dwyer

them and ensure that the dollars they raise stay in their own community,” Julia said. “We want to express the highest level of gratitude to Bobby and Patti and their team for keeping the memory of two great people alive, as well as supporting the next generation of folks facing their cancer battle.”

Gifts to the Riverside Foundation, including those from the dinner, help support local cancer patients by assisting with things like medication costs, utility bill costs, transportation to and from treatment appointments, screenings for uninsured patients, and improved technology for patients at Riverside cancer centers. “Riverside Foundation does not compensate Riverside Health System for treating these patients,” Julia explained. “What we do is offset costs that they face in their day-to-day lives that make it difficult for them to afford their health care. If they’re either going to put a roof over

their families’ heads or buy cancer medication, we want to eliminate that choice for them.” Held each February at Two Rivers Country Club at Governor’s Land, the event features food prepared by several premier Williamsburg chefs. “It’s designed for coming together to celebrate survivors, remember those who we’ve lost to cancer, honor John and Mark and have an elegant meal together,” Patti said. “It’s a simple, lovely evening.”

The Dwyers are passionate about making sure their friends are remembered. “John and Mark are legends now, but they were real people,” Patti said. “They would be happy to know about those in the community who have been helped because of this dinner. We honor not only two very brave and inspiring men, but also those who have fought their own battles with the disease and those who have supported them.”

Chefs and staff of The Cheese Shop Williamsburg, Opus 9, Kingsmill Resort and Spa, and Two Rivers Country Club with Maynard Randolph



Gifts to Cancer Care Honor Faye Gargiulo’s Retirement

On Thursday, June 28, the Riverside family came together to honor and celebrate Faye Petro Gargiulo’s 30 years of service. In recognition of her many contributions to Riverside over the years, Faye’s colleagues and friends surprised her with thoughtful gifts through the Riverside Foundation. Meaningful gifts to Riverside Cancer Care will provide vital resources and hope to patients in need on their journey of healing and recovery. In recognition, two rocking chairs will be placed at the Newport News Cancer Center Garden. In addition to a plaque in loving memory of Faye’s parents, Myrtice Long Petro and Joseph M. Petro, Sr., the new chairs will bear the names of Faye and her brother, J. Michael Petro, Jr.

Second Annual Ladies Event Supports Cancer Care

On Saturday, November 17 Riverside hosted its second annual Ladies LOVE Your Health & Well-Being Brunch to support cancer care. Guests enjoyed a delicious brunch, pampering by favorite local self-care businesses, live entertainment and the opportunity to get to know local female physicians in a fun and casual atmosphere. Our LOVE Your Health & Well-Being events aim to remind women of the importance of intentionally caring for their personal health, as they are often caretakers who put themselves last.



A special thank you to
our event physician hosts

Dr. Lisa Casanova
Dr. Theresa Emory
Dr. Karen Fish
Dr. Monilla Dent
Dr. Robyn Vargo

And thank you to
these local supporters
for pampering and
entertaining our ladies

Alexis Galoozis with Ellie Kai
Ashley Moore with Stella & Dot
Crystal Wojciechowski of
Pure Barre, Newport News
Elishia Lockwood, OilyMum™,
with Young Living Essential Oils
Gina Fabian, Billie Jo Harden and
Emily Tate with Dolce
Vita Salon and Spa
Here for the Girls, Virginia
Little England Mercantile
Madeline Klajnbart with
Beauty Counter
Riverside Cancer Care
Riverside Wellness
and Fitness Center
Sara Harris Photography
NUMA Spa
The Matt Lockhart Band

Joining Forces

Shore Health Foundation and Riverside Foundation Combine to Benefit Patients at Riverside Shore Memorial Hospital



Philanthropy has always been a fundamental part of Shore Memorial Hospital's history, from the moment Eastern Shore residents came together to fund the hospital's creation in the 1920s. In its early years, the hospital continued to benefit from the ongoing financial support of Shore residents, and in the mid 1950s, the hospital board established a foundation to hold an endowment fund. Its purpose was to reimburse the hospital for charity care and build the asset base for future capital project needs.

In 2008, when Shore Memorial Hospital became affiliated with Riverside Health System, the independent Shore Health Foundation (SHF) was created to ensure that support from the endowment continued to be directed exclusively to Riverside Shore Memorial Hospital (RSMH) and its patients, rather than

Shore Health Foundation members

Seated from left: Dick Freeman and Caleb Fowler

Back row from left: Julie Badger, Andy Due, Pete Lalor, Charles Renner

Not pictured: Rob Leatherbury

JOINING FORCES

to other geographical areas of Riverside's regional health system, and that grant allocations be made by a board composed of Shore residents.

SHF has succeeded in excellent stewardship of the endowment for the past decade. Most recently, their 2018 contributions to the hospital included over \$100,000 for the purchase of a new, state-of-the-art cardiac ultrasound machine, as well as a golf cart to transport patients to and from the expansive parking lot.

Meanwhile, by becoming part of Riverside Health System, RSMH became eligible to benefit from the Riverside Foundation and the distinct funds it dedicates to each Riverside hospital. "There was an unnecessary duplication at that point — two foundations with the same purpose but under separate management," explains Pete Lalor, hospital board chairman and SHF board member.

In 2018, the decision was made to combine the two entities, transferring all endowment funds to the RSMH Fund of the Riverside Foundation. "The consolidation really made sense, as long

as it could be accomplished while respecting the fiduciary duties of both boards," Pete said. "We worked that out and came up with a very satisfactory resolution."

A Shore resident since 1990, Pete has proudly served on the hospital's board for 12 years and chaired the SHF board for the past three. He, like most other SHF board members, will now serve on the new hospital board committee that manages the RSMH Fund of the Riverside Foundation.

"The consolidation of the two endowments, and the re-integration of the Shore endowment with the RSMH board, will give us a very substantial, and growing, asset base," Pete said. "The involvement of the Riverside Foundation will position us well to benefit from the gratitude of Shore patients, their families, and citizens of the Shore, for the high-quality care delivered by Riverside now and in the future. The financial strength of the consolidated funds, along with the fundraising skills and enthusiasm that the Riverside Foundation brings to the equation, will benefit the patients of Riverside Shore Memorial Hospital for decades to come."

"The involvement of the Riverside Foundation will position us well to benefit from the gratitude of Shore patients, their families, and citizens of the Shore, for the high-quality care delivered by Riverside now and in the future." — Pete Lalor



From left, Shore Auxiliary members Kristin Webb, Deborah Cooley, Ann Williams and Director of Labor & Delivery Ann Pruitt

Increased Freedom and Safety During Labor

Auxiliary Purchases Wireless Fetal Monitors for Riverside Shore Memorial Hospital



Labor and delivery for mothers at Riverside Shore Memorial Hospital is now more comfortable, less restricted and more continuously monitored, thanks to new technology provided by the Hospital Auxiliary in 2018.

The Monica Novii Wireless Patch System is a maternal/fetal monitor that non-invasively measures and displays fetal heart rate, maternal heart rate and uterine activity. Compared to older, more traditional monitors that used cable and belt attachment, the result is improved patient comfort and mobility that can positively impact labor duration, contraction effectiveness and even caregiver workflow.

WIRELESS FETAL MONITORS

A \$13,000 donation from the Auxiliary allowed the purchase and implementation of two of these systems at the Shore hospital. Ann Pruitt, BSN, RN, maternal/child health unit director, originally brought the request to the Auxiliary and is now happy to report the outcome. “We have had multiple compliments from patients about not feeling strapped to the bed anymore. They have enjoyed the freedom these monitors offer,” Ann said.

Auxiliary President Ann Williams explains that the wireless, waterproof monitors enable patients to labor in the shower or walk the halls. “They can do this with the comfort of knowing that their baby’s heart rate is being monitored all the time,” Ann said. “This technology is also more reliable for tracing patients with a higher body mass index.”

Benefits extend to nursing staff as well. Continuous, integrated Bluetooth data transmission from disposable, peel-and-stick patches eliminates intermittent checks and repositioning, cord trip hazards, maternal and fetal heart rate confusion and multiple monitoring modalities. This means caregivers can more fully focus on patients as they move in whatever way is best for their labor.

The Auxiliary generously supports the hospital with gifts like this using funds raised through the hospital gift shop and two annual events: the Festival of Lights at Christmas and the signature Hospital Ball held in September. In 2018, the 53rd annual ball brought in \$25,000 and honored retiring obstetrician and gynecologist David Scott, M.D., as its chair.



The Auxiliary’s pivotal involvement dates back to the hospital’s opening in 1928. Ann, whose two-year presidency term ended in January 2019, has been serving with the group for more than ten years, even before Shore Memorial Hospital became part of Riverside Health System in 2009. “Riverside has been very good to us through the years since our relationship started, especially with telling our story. The Auxiliary is still going strong.”

For Ann, supporting local health care is a family tradition. “My parents were very involved with our community hospital in Northern Virginia — my dad actually helped raise the money to build it,” she said. “I just believe in that work. I’ve been fortunate to be a stay-at-home mom and work part-time, which has given me time to give back. Our community hospital has always been a cause that I really believe in.” She is joined by 150 like-minded Auxiliary members whose gifts of time, service and financial resources are so important in ensuring that our patients on the Eastern Shore have the very best in hospital care.

Smart Tech Rehabilitation

Community Support Drives the Evolution of Stroke Recovery Research

Generous donations to our neurosciences program enabled Riverside to continue its research with the RAPAEL Neofect Smart Glove, helping stroke survivors gain functional independence by promoting their rehabilitation. What began as a 30-day study in the summer of 2017 evolved into a year-long comparison of traditional methods of care to the RAPAEL Smart Glove technology for hand rehabilitation in 2018.

The 3-D printed Smart Glove uses sensors to capture the patient's hand and finger movements in real time, allowing the evaluation of improvements in patient function, recovery outcomes and future uses of this new technology within the health system.

The Riverside Neurological and Spine Institute offers specialized care for our patients related to the brain, spine and nervous system. Treatment of conditions



3-D printed Smart Glove technology

includes, but is not limited to, stroke care, memory loss, dementia, multiple sclerosis, Parkinson's disease, spinal surgery and brain surgery. The study will continue in 2019 with the goal of increasing study candidates and eliminating barriers to study participation.

To learn more about how your gift to neurosciences can impact stroke care, research and much more, please email us at riversidefoundation@rivhs.com or call us at 757-234-8740.

Adams Outdoor Advertising Supports Stroke Care with \$10,000 In-Kind Contribution

3,143,736. That's the number of times Adams Outdoor Advertising Norfolk's philanthropic partnership with Riverside has made an impression on the communities we serve. We are incredibly grateful for Adams' contribution of public service announcement space, valued at \$10,000, in support of stroke awareness and Riverside's mission to care for others as we care for those we love.

Did you know, on average, someone suffers a stroke every 40 seconds? **STROKE IS AN EMERGENCY** and at Riverside, our comprehensive stroke team is ready to care for you or your loved ones. To support neurosciences and stroke care at Riverside, visit: donatenow.networkforgood.org/riverside. To learn more about our comprehensive stroke care, visit: riversidestroke.com.



Therapy for Memory Loss

Patriots Colony Adds Snoezelen Therapy for Dementia, Thanks to Gift from Faith and Len Shartzter



Faith Shartzter is a strong advocate for those who suffer from dementia — and a recently retired Registered Nurse who spent 10 years of her career providing geriatric assessments, care and family support as part of that effort with Riverside. But that’s not where her passion began.

Faith lost her husband, Larry Amoroso, to early-onset Alzheimer’s disease in 2008 after they both suffered through the loss of his memory, speech and abilities for 12 years. He also experienced common symptoms of anxiety and agitated behavior. “Larry wandered, paced, locked and unlocked doors, flipped light switches and hallucinated,” Faith remembers. “He became overstimulated by television and even tossed a few on the floor.” Faith left her job to solely care for Larry, but

during his last two years, he required round-the-clock dementia care in a nursing facility.

Soon after Larry passed away, Faith spoke at a local Alzheimer's Association event, where she met Rick Jackson from the Riverside Center for Excellence in Aging and Lifelong Health (CEALH). He immediately offered her a job, which she accepted, and she remains involved even in retirement.

In 2010, Faith married Len Shartzler, who had lost his wife to colon cancer. "Both of us feel very strongly about continuing our work in not only disease management and prevention, but also caregiver support," Faith said. "So together we became involved with the Riverside Foundation, which allows us to give to causes that are important to us."

When considering how their annual donation could be used in 2018, the Shartzlers learned about a new dementia therapy being used at Warwick Forest: Snoezelen multi-sensory environments. This activity-based therapy is personalized to each patient to support his or her sensory needs, providing stimulation, relaxation, enjoyment or an opportunity for communication.

Warwick Forest's Snoezelen room and mobile cart, which allows the therapist to go to the resident, have contributed to significant decreases in the use of antipsychotic medications in the memory support unit, according to Director of Recreation Therapy Carie



Snoezelen Carts feature numerous multi-sensory tools such as fiber optic lights, bubble tubes, aromatherapy diffusers and sound mixers

DeWeerd, CTRS. "When appropriate, Snoezelen can be used to not only calm an agitated behavior but also to bring pleasure, a memory or, at times, an end-of-life opportunity," Carie said.

"I was very impressed," Faith said after seeing it in action. "Snoezelen is designed to help ease the anxiety, boredom and depression that people with dementia suffer from — my former husband being one of them," she said. "It always bothered me that as his troubling behaviors increased, they were managed through increased medication. If there had been another way, perhaps he would have lived longer."

Faith and Len made a generous \$8,000 gift to purchase a Snoezelen therapy cart for Patriots Colony. Faith's work history with this particular retirement community, combined with Len's military service and the couple's Williamsburg residence, made it a natural choice. "We really support the people and the mission of Patriots Colony," Faith said. "This is a very tangible way to see our money at work."

Indeed, the gift was perfectly in line with Faith's goals. "I have shifted my emphasis to improving awareness and quality of care — managing dementia more like a chronic illness and trying to improve the lives of the people that have it and their caregivers," Faith said. "Snoezelen therapy works to that end."

Supporting Family-Centered Dementia Care

Riverside CEALH Receives \$1 Million Grant to Enhance Dementia Care Across Eastern Virginia

In 2018, Riverside's Center for Excellence in Aging and Lifelong Health (CEALH), together with Riverside Neurology and Riverside Wellness and Fitness, was selected as one of only 19 organizations nationwide to receive a federal grant designated for "Enhancing Family-Centered Approaches to Dementia Care Through Wellness and Training."

The \$999,032 grant, awarded by the U.S. Department of Health and Human Services' Administration for Community Living, will provide Riverside with an opportunity to expand its current programs and partner with nationally recognized organizations to launch new programs across Eastern Virginia.

Riverside will also become the first BRI Care Consultation provider in the state of Virginia, providing an evidence-based care-coaching program from the renowned Benjamin Rose Institute on Aging to help professionals deliver cost-effective assistance and support to

dementia patients and their family caregivers. This program will be delivered in partnership with the Rosalynn Carter Institute for Caregiving (RCI), a long-term partner of Riverside CEALH.

"A couple of years ago, Riverside's leadership challenged its teams to answer the question, 'What must we do, as a unified, integrated health system, to fully serve older adults and their caregivers who live with memory disorders?'" said Riverside CEALH Executive Director Rick Jackson. "And how can we do that not just in one location, but across a region and beyond? With this grant, Riverside is taking a major leap forward with the success of many incremental innovations, further strengthening partnerships both within the health system and beyond, and bolstering our family-centered memory care capabilities to benefit a much larger population."



Dementia Care Grant Benefits

The grant will provide Riverside and our partners the ability to:

- Assess more older adults for dementia
- Give patients expanded access to physical wellness programs to help enhance their quality of life
- Train the family and professional caregivers who provide the majority of support for patients as their disease progresses

Geriatric Assessment Expansion

Thanks to the grant, an expansion of geriatric assessment and memory care clinics will help more patients and their families not only receive a dementia diagnosis earlier, but also to help manage the disease and enhance quality of life.

“Dementia effects, more than any other disease, extend beyond the individual patient,” said Riverside’s Adel Aziz, M.D., a highly trained behavioral neurologist. “It takes away independence and subsequently requires others to step in. Dementia requires a truly comprehensive look at the clinical, emotional, social and legal situation for both the patient and the caregiver.”

Wellness Activities for Patients AND Caregivers

Current Riverside Wellness and Fitness programs are designed to help patients and their caregivers build strength and confidence in their ability to move through their daily lives. “We’re excited to broaden the reach of these valuable fitness programs not just for dementia patients, but also caregivers, better preparing them for the daily act of caring for those they love,” said Beth Gross, M.S., M.Ed., Riverside’s director of clinical wellness development.

Another Award-Winning Memory Café

Riverside’s Williamsburg Memory Café will expand with a Newport News location, providing another safe and informal environment where people with memory loss and their care partners can remain socially engaged with others traveling the same journey. Riverside CEALH will also implement two new chronic-disease self-management workshops on the Peninsula annually, offering a proven way to minimize potentially preventable hospital readmissions.

Easier Access to Caregiver Training

Riverside’s well-known “Caring for You, Caring for Me” seminar series will be tailored for family caregivers and translated into 10 online microlearning lessons, which deliver content to learners in brief, easy-to-consume, highly effective bursts. The program is endorsed by RCI and has earned best practices awards from professional organizations.

“Family caregivers are the backbone of our health system,” said Christine Jensen, Ph.D., Riverside CEALH’s director of health services research and project director for the grant. “There are some truly remarkable family caregivers performing complex tasks — some quite medical in nature — with little training. We have to shore them up with evidence-based programs and convenient educational opportunities that empower them to keep doing what they’re doing.”

Generous Support Enhances Hospice Care for Families During Difficult Times

If there's any aspect of the care and personalized attention offered by Riverside that most embodies our mission to care for others as we would care for those we love, it's hospice.

Thanks to generous contributions from our supporters, Riverside Hospice care extends to the entire family. In 2018 we were able to invest over \$95,000 into services and support such as personalized guidance and assistance with medical arrangements, emergency financial support for family members caring for loved ones, memorial service assistance, bereavement counseling for children and family members, and continuing education for our Riverside caregivers and volunteers.

With these impactful services, we can offer round-the-clock help and support at home or in any home-like setting for people with a life-limiting prognosis. Our program includes the symptom-relief, pain management and increased comfort benefits of palliative care with an even greater emphasis on emotional, psychological and spiritual support for patients and family members. Most important of all, hospice brings families the full range of resources they need

to make sure their loved one can spend his or her final days in the familiar surroundings of home, in an atmosphere of comfort and dignity.

At Riverside we believe that investing in the education and training of our hospice and palliative care teams is critical. Philanthropic dollars help us do so not only for our employees, but also for our dedicated volunteer staff. We're able to provide them the resources to become even better at what they do. When a hospice patient passes, the average memorial service can cost over \$7,000. Riverside is honored to utilize donated dollars to assist families facing financial hardship during these times so they can focus on what really matters — celebrating their loved one's memory.

It is only through the support of our communities that we are able to provide these important services. Thanks to hospice care donations, we can proudly say that we never turn a patient or family away due to an inability to pay. Contributions truly make a remarkable difference in the lives of our patients and their families.



Riverside leadership stands behind their hospice team by donating over \$18,000 during the 2018 Leadership Conference, October 25 and 26, 2018.



Kathy Thomas and Ron Saunders

Tree of Lights Supports Middle Peninsula Make a Difference Fund

8th Annual Fundraiser at Little England Farm Makes Big Impact

Thanks to the hundreds of attendees from all regions, business leaders, philanthropists and sponsors, the popular Riverside Tree of Lights fundraiser in December raised over \$76,000 to support services and programs that help health system team members care for Riverside's patients and loved ones. This money was raised through sponsorships and generous donations collected from patrons throughout the evening in live and silent auctions. Another \$16,500 of in-kind donations made the event possible, including the donation of the venue by its owners Steve and Karen Barrs.

"It is through your continued support that we can provide the best medical care to our community," said Esther Muscari Desimini, vice president and administrator of Riverside Walter Reed Hospital, as she addressed guests. "Charitable gifts are invested in our patients, caregivers, facilities and life-saving technology, helping us meet the needs of every patient who comes through our doors for care."

"Donations help each doctor, nurse and caregiver meet the needs of every patient, whether to maintain their health, help with a medical



Steve and Karen Barrs



The Ell-O-Ell Band performed

RIVERSIDE TREE OF LIGHTS FUNDRAISER

emergency or treat a serious illness,” said Steve Spain, president and owner of Spain Commercial, Inc., the event’s presenting sponsor. “As a business partner of Riverside for more than 25 years, I have seen first-hand their remarkable commitment to exceptional care.”

“The community’s support of this special event continues a long history of community giving to our local hospital,” said Betty Blevins, chair of the Make a Difference Committee. Last year, the community’s generosity allowed us to invest more than \$137,000 in vital programs, facilities, health services and be able to help patients and loved ones with financial challenges.

Funds raised in 2018 will help sustain hospice resources such as volunteer training and caregiver support, expand programs for older adults like multi-sensory memory care, invest in facilities and new technology to strengthen and enrich patient care, and, perhaps most notably, continue to assist patients with financial challenges.



John Phillips and Elizabeth Phillips McCormick

Thank You Party

Frances Ellis and Friends Host Garden Party to Thank the Northern Neck Community

In June, Frances Ellis, member of the board of directors for Riverside Tappahannock Hospital and the Riverside Foundation, invited members of the Northern Neck community to a garden party hosted at Little Egypt, owned by David Henderson and Wesley Pippenger.

This gathering provided Riverside the opportunity to once again thank those generous contributors to our Tappahannock hospital, whose gifts have helped us assist numerous patients with medication and transportation, invest in the conversion to private rooms, support vital programs and services such as cancer care and hospice, and much more.

Riverside President and CEO William Downey thanked guests for being such an important partner in our mission to care for others as we would care for those we love. Riverside Tappahannock Hospital Vice President and Administrator Esther Muscari Desimini reminded guests that community investments in the hospital, before anyone has a medical emergency or illness, help to ensure Riverside will have the best doctors, nurses and resources available when needed most.

We remain grateful to our many friends on the Northern Neck for their continued and generous support of remarkable care at Riverside.



Williamsburg Make a Difference Event Held at Billsburg Brewery

On October 5, the Riverside Doctors' Hospital Williamsburg's Make a Difference Committee hosted its first community awareness event at Billsburg Brewery. A special thank you to Dave Baum, owner of Billsburg Brewery, the Karnes family and Williams Landscaping for sponsoring our event.

Celebrating the Generous Support of our Founder's Society Members

We are honored to be able to recognize the remarkable generosity of our Founder's Society Members and pleased to announce four new giving circles, bringing the total to seven levels. This allows us to celebrate these members' continued support of our mission and their collective gifts, which transform the definition of care at Riverside. The listing below is now proudly displayed in our corporate offices and planned for each of our community hospitals in the future. *Members as of December 31, 2018*



Mission Circle \$1,000,000 and above

Lettie Pate Whitehead
Foundation, Inc.
Ruby Pope Drumm*
Shore Health Foundation

Caregiver Circle \$500,000 and above

Jane D. McKinney, Ph.D.
Riverside Shore
Memorial Auxiliary
W.M. Jordan Company

Guardian Circle \$250,000 and above

Pierre and Catherine Dohet*
Delores L. Folds*
Robert and Susan McCreary*
Newport News Shipbuilding
North American Partners
in Anesthesia
Riverside Regional Medical
Center Volunteers

Second Century Circle \$100,000 and above

Dr. Patricia Barry*
Nancy E. Bates
Thomas J. Bayne, Jr. and Family
William and Carol Downey
Jesse Doswell Dutton*
Dr. Mark E. and Lynn H. Ellis
Drs. Roger and Theresa Emory*
Faye P. Gargiulo*
Judith Gindhart*
Caramine Kellam
Richard J. and
Catherine B. Pearce*
Ruth J. Thornton*
Paul and Mary Agnes Truttschel*
PNC Bank
Steve Spain, Spain Commercial
Turner Construction Company

Humanitarian Circle \$50,000 and above

Carolyn Abbitt, Stephen Abbitt
and Joe Steele, III
Dr. Biral and Amitee Amin
Wade and Amy Broughman
Pat and Debra Roob Costello
Capt. James Edwards, USN, Ret.
Douglas Y. Hicks
Dr. Hugh and
Sherrill McCormick
William S. Phillips*
Dr. Anthony and Carol Santoro
Riverside Tappahannock
Hospital Volunteers
Riverside Walter Reed
Hospital Volunteers
Tangier Island
Health Foundation
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* Denotes Legacy Contributors

Navigator Circle

\$25,000 and above

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Lisa Gross Housley
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Conway and Kay Sheild
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Rhys and Nancy Weakley
Abingdon Ruritan Club
Huntington Garden Club
CSX Transportation
DPR Construction
Essex Bank
Hourigan Construction
Peninsula Radiological Associates
Sonabank
TowneBank

Healing Circle

\$10,000 and above

Jerry and Danette Allen
LTG Mac and Margaret
Armstrong, USAF, Ret.
Dexter and Debbie Atkinson
Wanda M. Austin
W. William and Rebecca Austin
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Paula O. Burcher
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Dr. Barry Gross
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ESa Architects
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& Nagle, P.C.
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Medical Radiation Physics, Inc.
Merck Foundation
Pfizer, Inc.
PMA Architecture
RLPS Architects
Taylored Printing
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New Annual Giving Society, the 1915 Club, is Established with 257 Inaugural Members

Riverside Health System's remarkable history began in 1915 with the first hospital planned for Newport News (Warwick County at the time). 103 years later, we were proud to announce the creation of our new annual giving society, the 1915 Club. Members of the 1915 Club contribute a cumulative amount of \$1,000 or more annually. Through their gifts, they transform the definition of care here at Riverside, providing the greatest quality of life in the communities we serve. We are pleased to introduce our inaugural 1915 Club members as of December 31, 2018.



† Denotes Deceased Contributors

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1915 Club Breakfast on the Eastern Shore



1915 Club Breakfast in Williamsburg



1915 Club Breakfast on the Peninsula

Lisa Dodd, D.O.
 William and Carol Downey
 DPR Construction
 David and Mabel Driver
 Wesley and Lucinda Dudley
 Richard Dunn, M.D.
 and Alison Dunn, M.D.
 Robert Dunton, M.D.
 Robert and Patricia Dwyer
 Eastern Shore Cruisers, LLC
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 Edwards, Jr. USN, Ret.
 Eli Lilly & Company
 Ell-O-Ell Band
 Benjamin and Frances Ellis, Sr.
 Emd Serono, Inc.
 Patricia Emerson
 Roger Emory, M.D. and Theresa
 Emory, M.D.
 Epic Charitable Fund
 William Ermatinger
 ESa Architects
 Estate of Mildred Thomas
 Estate of Nathan Williamson
 Capt. Bob and
 Sue Evans, SC USN, Ret.
 Barbara Fanny
 Richard Farmar, III
 Shannon Fedors
 Richard and Kye Finch
 First Uniform
 Lynne Fiscella
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 and Sheila Gessner
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 Sam and Lori Gillespie, M.D.
 Gloucester Main Street
 Preservation Trust
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