



RIVERSIDE | 1915-2015  
*100 Years*

CARING FOR OUR COMMUNITIES FOR A CENTURY AND BEYOND



2016 ANNUAL REPORT

THE DIFFERENCE  
YOU MAKE IS REMARKABLE



## Riverside's Commitment to our Communities

As a not-for-profit organization, Riverside is firmly committed to supporting our community partners. These are the organizations that extend our health improvement mission through educational programs, community gatherings, screenings and wellness initiatives. And we're absolute in our commitment to provide much needed health care to thousands of uninsured and underserved patients in our communities. To that end, Riverside Health System provides millions of dollars each year in community benefit investment and support to the community including in-kind and charity care provided to those unable to pay for medical services. To learn more about Riverside's commitment to our communities please visit [www.riversideonline.com/community\\_benefit](http://www.riversideonline.com/community_benefit).

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Cover Photo (l-r): First Patriots Colony residents and staff toast 20th Anniversary

Seated: Vern Williams, Jamie Blackburn, Gerta Smith, Phyllis Jay, Marty Hansen, Mary Ross Rathbun, Lee Rathbun

Standing: Danielle Lewars (staff), Gail Paige (staff), Miriam Lamb, Nancy Bull, Terry Hall (staff)

Not pictured: Chuck Adsit, Gerri Cannon, Marion Robinson, and Diana Palmer (staff)

## Opportunities and Challenges for the Future

# A MESSAGE FROM CONWAY SHEILD, III

2016 was a year of remarkable growth and achievement for the Riverside Foundation both in terms of increased revenues and in the impact your generous support had on improving health care for the communities we serve. We can look back at the last year and take pride in what we collectively accomplished and how we made a difference.

I'm happy to report, however, that we will not be "resting on our laurels" in the coming years. Quite the contrary, the Foundation board and the professional staff have been hard at work evaluating our strengths and weaknesses, and how we can move strategically to take advantage of opportunities and meet the challenges the Foundation may face in the future. For example, we are partnering with Riverside's corporate communications and marketing team to develop a more effective and comprehensive plan for communicating with our internal partners and our external constituents.

We've also taken a careful look at how we can direct the Foundation's resources and your generous support to areas having both the greatest needs and providing the maximum potential for making an impact. We've focused on four such areas as opportunities for growth in 2017 and beyond. The first is **Cancer Care**. The second is Riverside's **Healthy Aging** service programs—a prime growth area. **Neuroscience** is the third area on which we'll focus, and the fourth is **Education**, including scholarship support.

The coming years hold great promise for the Foundation. Please join me in supporting Riverside — a remarkable community asset.

Sincerely,  
Conway Sheild, III, *Riverside Foundation Board Chairman*



Conway Sheild, III, *Chairman*

For more information about how you can make a difference through your gift of gratitude, call the Riverside Foundation at 757-234-8740 or visit us online at [www.riversideonline.com/foundation](http://www.riversideonline.com/foundation).

## Riverside Foundation Board of Directors



Conway Sheild III,  
*Chairman*



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Frances Ellis



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Williams, MD

## Riverside Foundation Management and Staff



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*Chief Financial  
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Jennifer Frank,  
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*Development  
Associate*



Pamela  
Dix-Parker,  
*Development  
Associate*

## 2016—It Was a Remarkably Good Year

# THE EXECUTIVE DIRECTOR

Our donors are the heart of the Riverside Foundation, and I am especially proud to present this Annual Report to you. The positive impact your generous support has made on so many lives in the communities served by Riverside has never been greater! In fact, I will say 2016 was a **remarkable** year. I would like to draw your attention to page 47 of this report where you will see that because of your support we were able to invest more than \$1.5 million to improve facilities, provide patient assistance, give support to vital programs, and provide scholarships to students in need of financial help.

Clearly, success of this magnitude doesn't happen by accident. It's achieved when Riverside's compassionate caregivers fulfill our mission *to care for others as we would care for those we love*, when the Riverside Shore Memorial Hospital Auxiliary and the various Riverside Hospital volunteers work year-round to raise dollars to support projects of vital importance in their communities, and when grateful patients, loved ones, businesses, and civic organizations come together to support a cause. To all of them and to all of you, we are most grateful.

Please don't hesitate to call me at 757-234-8740 if I can be of service in your gift planning. With great regard and respect, thank you again for all you do.

Debbie Atkinson,  
*Riverside Foundation Executive Director*

*P.S. We've changed the way we recognize our donors in the Annual Report. Instead of listing donor names by individual funds, we've adopted a simpler, more readable layout for the listings. There are just four sections: Annual Donors, Gratitude Gifts, Honorary Gifts and Memorial Gifts.*



Debbie Atkinson, *Executive Director*



*Photo (l-r): Dan O'Connor,  
Tsu O'Connor, Maridell Loomis,  
and Hal Campell*

## Common Bonds, Core Values Unite Residents & Staff **PATRIOTS COLONY CELEBRATES 20TH ANNIVERSARY**

The mood was festive, the underlying message more serious, as residents and staff gathered to celebrate Patriots Colony's 20th Anniversary. The speeches, songs and entertainments all focused on the common bonds and shared core values that make the retirement community the unique place it is.

*“Patriots Colony’s relationship with Riverside dates back to the community’s earliest days when the Riverside Health System became our financial partner in 1997. In 2000, the Riverside Foundation made a \$100,000 matching donation to help launch the Patriots Fund established by the Patriots Colony Board of Directors, led by Archie Cannon, Chairman of the Board.”*

—Mike Rowe, Patriots Colony Executive Director

Patriots Colony’s residents tend to have more in common with each other than those living in most retirement communities because it is one of a relatively few senior living facilities created specifically for retired and former military officers and senior government workers. As one of the original residents noted, “We share a common bond through our service to the country. In many cases, our paths had crossed long before we came to Patriots Colony.” (A dozen of the original residents and three 20-year staff members were present for the celebration.)

Leading up to the Dec. 6, 2016, celebration, a committee of 15 people spent untold hours planning the Anniversary program and theme. The group eventually settled on a theme focused on six “core values” they believe give Patriots Colony its unique character. These values—**Individuality, Vitality, Community, Service, Respect, and Family**—were interpreted in six paintings by Richmond artist Emily Herr, which were unveiled during the Dec. 6 celebration. As another of the original residents said, “The whole presentation was a wonderful expression of the things that make us one family, caring for each other and giving to each other.”

## **PATRIOTS COLONY’S HISTORY**

The history of Patriots Colony and its success is inexorably tied to one man—Maj. Gen. Archie S. Cannon, Jr., who passed away in 2010. Cannon first became involved in the Patriots Colony project in 1988 when a group of retired military officers approached him to help plan and develop the concept. As he told the story in a 2004 Virginia Tech Magazine article, “I was approached by a couple of retired Army colonels who were interested in exploring the feasibility of establishing a continuing care retirement community for retired military officers. They felt that I could contribute to the project. But beyond that, the whole concept really excited me.”

It was Gen. Cannon or “Archie,” as he preferred to be called, who first reached out to develop a partnership with Riverside, according to Executive Director Mike Rowe. “Patriots Colony’s relationship with Riverside dates back to the community’s earliest days when the



Jerri and Archie Cannon pictured with plaque honoring the opening of Patriots Colony

## Remembering Archie Cannon

Visionary. Inspirational leader. Friend and founder of Patriots Colony. After 34 years in the military, Maj. Gen. Archie Cannon devoted the rest of his life to creating and nurturing a community where those who had given of themselves in service to their country might live in comfort and the assurance of quality care in their retirement years.

“Archie” as he preferred to be called was truly the heart and driving force behind the development of Patriots Colony. The Cannon Community Center, named in his honor, is an appropriate tribute to his bold, yet gentle leadership of the community he loved.

Riverside Health System became our financial partner in 1997,” he said. “In 2000, the Riverside Foundation made a \$100,000 matching donation to help launch the Patriots Fund *established by the Patriots Colony Board of Directors, led by Archie Cannon, Chairman of the Board.*”

As he did with so many aspects of the community’s early development, Archie Cannon pushed for the establishment of the Patriots Fund “to support the continuation of the ‘Caring Family’ tradition existing at Patriots Colony.” With his characteristic common sense and compassion, Cannon believed strongly that the fund was necessary to meet the needs of residents who [might] through no fault of their own experience financial difficulties. “He always held to the vision of Patriots Colony as more than just a place to live. It was to be a community where caring for each person individually and as part of the family was the primary goal,” Mike Rowe said.

### MAKING A DIFFERENCE THROUGH GIVING

The residents of Patriots Colony have a long history of generosity. Since the very beginning, they’ve given of their time, talent and treasure to care for each other in moments of need. The Riverside Foundation is proud to have been a part of this giving spirit and looks forward not only to continuing but also to expanding its support of charitable giving opportunities. ***For more information on how you can make a difference at Patriots Colony through your charitable gift, contact the Riverside Foundation at 757-234-8740.***

## She's 92 and Making a Difference in People's Lives

# NADINE KATONA, VOLUNTEER EXTRAORDINAIRE

If you're a patient checking into Riverside Tappahannock Hospital and your timing is right, you'll be greeted by one of the most extraordinary people you're likely to meet anytime, anywhere. Nadine Katona is a vibrant 92 years old, and works one day a week as a volunteer admitting patients and ushering them to wherever they need to go in the hospital.

Maybe the most remarkable thing about this utterly charming, self-effacing woman is that she'd never use the word "remarkable" to describe herself. "I just really like people, meeting them, working with them and perhaps making a difference in their lives," she said. "I started doing volunteer work after my two sons were old enough to be on their own a bit. We were living in western New York. A local church started a 'Meals on Wheels' program. I did volunteer work with them for 25 years."

Nadine grew up in a small rural town outside Cleveland, Ohio, and moved to western New York after marrying her late husband Alex. "It was a little town of about 1,500 people," she said. "We had one traffic light and the big thing to do on Halloween was to put a cow on the second floor of the high school. It was the 1940's and life was simpler back then." In 2007, she and husband Alex moved from New York to Tappahannock to be closer to one of their sons. Alex passed away shortly after that, and Nadine applied for volunteer work at the hospital. "I've always been active. I like to walk, to exercise, to keep busy," she said. "And as I said before, I really like people."

A self-described "Damn Yankee," she's right at home in Tappahannock. "I know I'm a 'come here' but that doesn't bother me. This is a welcoming community, and this is the friendliest hospital I've ever seen. Whether they are patients or staff, people passing in the halls greet each other with smiles and a 'how are you.' I plan to keep volunteering here at the hospital as long as I'm able," she said.



Nadine Katona

## Make a Difference. Become a Riverside Volunteer.

If you'd like to join Nadine Katona and hundreds of other people who've discovered the rewards of being a Riverside Volunteer, please contact the appropriate Volunteer Coordinator at your Riverside community hospital. Join our Riverside team as a volunteer and help us fulfill our mission *to care for others as we would care for those we love.*



\$520,000 From Auxiliary  
Funds Kellam Heart Center  
**NEW RIVERSIDE  
SHORE MEMORIAL  
HOSPITAL OPENS**

The new \$85 million Riverside Shore Memorial Hospital officially opened on Feb. 25, 2017, but a major highlight of 2016 was the Shore Memorial Auxiliary's achieving its \$520,000 fundraising goal (its largest single gift ever) to help finance the Dr. Lloyd J. Kellam Heart Center within the hospital.

*“It’s the largest gift we’ve ever made, and we’re really excited about making such a significant contribution to health care on the Shore. Dr. Kellam is our only cardiologist. Almost every family has been touched by him in some way. We felt it was important to recognize his contribution to the community.”*

—Jane Bulette, President, Shore Memorial Hospital Auxiliary

The new medical campus in Onancock—to be called Riverside Shore Medical Services—brings together in one location the hospital, the Riverside Shore Cancer Center and Riverside medical offices for specialty physicians as well as outpatient physical therapy. The move from the old hospital to the new facility took place on Feb. 25 as planned and without any major problems. “Transitioning patients from one hospital to another was a big undertaking,” John Peterman, administrator of RSMH and vice president for the Eastern Shore, said of the inpatient move. “We had planned for this day for more than a year.”

The opening of the new hospital included yet another milestone for the much honored Shore Memorial Hospital Auxiliary. As 2016 came to an end, the Auxiliary had raised the \$520,000 to fund a new full-service Heart Center on the first floor of the hospital, which is named in honor of Dr. Lloyd Kellam. “It’s the largest gift we’ve ever made, and we’re really excited about making such a significant contribution to health care on the Shore,” said Auxiliary President Jane Bulette. “Dr. Kellam is our only cardiologist. Almost every family has been touched by him in some way. We felt it was important to recognize his contribution to the community. We’re also grateful to the E. Polk Kellam Foundation for a generous contribution that enabled us to reach our goal more than a year ahead of schedule.”

The Heart Center consolidates diagnostic and treatment facilities in one location on the hospital’s first floor. In the old hospital, patients had to go from the first floor, where they underwent stress testing, to the third floor for nuclear medicine scans. It also includes more space for cardiopulmonary rehabilitation, some of which currently takes place at the YMCA in Onley. Dr. Kellam noted that a new building and the latest technology will be exciting, but it’s not only about the building. “Medicine on the Shore has always been more about the people delivering the health care. We focus on treating our patients as though they were members of our own family,” he said.

Over the years, Auxiliary funds have helped to pay for construction of the Riverside Shore Cancer Center, scholarships, redecorating projects, landscaping and hospital equipment. The American Hospital Association has recognized the Auxiliary for “dedicated and distinguished service on behalf of the hospital.”

*To learn how you can contribute to health care on the Eastern Shore, contact us at 757-234-8740.*



*Photo (l-r): Phil Yosway with granddaughter Emily Herr*

Phil and Frances Yosway—  
Their Enduring Love  
**MEMORIAL GIFT  
CELEBRATES COUPLE'S  
LIFE TOGETHER**

After his wife died, Phil Yosway searched for a way to honor her and their life together. A memorial gift fulfilled his wish while providing support for Patriots Colony's 20th Anniversary celebration and helping to launch the "Music & Memory" program at Springhouse, the community's memory care center.

*“She was the love and light of my life and I owe all my success and happiness to her,” he said. “My gift was a tribute to her, as well as an expression of gratitude for the care she received at Springhouse, and the happy years we spent together at Patriots Colony.”*

— Phil Yosway

Phil and Frances took a big risk for the sake of love when he and his “sweetheart” were married two and half months before he completed his Navy flight training in 1955. It was a risk he never regretted. He and his beloved wife Frances spent more than 60 joyous years together until her passing in 2016. “She was the love and light of my life and I owe all my success and happiness to her,” Phil said. “My gift was a tribute to her, as well as an expression of gratitude for the care she received at Springhouse, and the happy years we spent together at Patriots Colony.”

The young lovers successfully hid their marriage until Phil completed flight training and then began the typical travelogue that’s SOP for military families. They moved from Trinidad to Panama to Bermuda as he completed his first two years of active duty. After he became “regular Navy,” the couple moved from assignment to assignment, including a position at the Pentagon and command of a base on an island off the coast of India. He retired in 1982 and went to work for a “Beltway Bandit” for 10 years.

In 2006, Phil and Frances began to look at moving to a retirement community. “I think one day we just realized we didn’t really want to keep on with the maintenance, the yard work and all the other requirements of a suburban house,” Phil said. “We looked at places in Richmond, but a golfing mate mentioned Patriots Colony. We liked it and moved into a villa in 2007. We never regretted it once.”

Frances’s health began to fail about three years ago. “She was suffering from dementia. As she deteriorated I took care of her for about a year. She then stayed two years in Springhouse. The staff there was wonderful,” he said. “I spent every day with her, from 7:30 in the morning until 7:30 or 8:00 at night. On May 7, she died in my arms. She could hardly speak, but she managed to get out on her last day ‘Thank you for taking care of me.’ That evening I was holding her. She opened her eyes and said, ‘I love you.’”



Couple Sees the ROI  
of Charitable Giving  
**EMORYS MAKE  
GIVING BACK  
PART OF LIFE**

They're bright, attractive, hardworking and successful. But perhaps the thing that's most striking about Theresa and Roger Emory is their deeply held sense of obligation to share what they call their "good fortune" by investing in the health and welfare of the community in which they live.

*“My hope would be that anyone touched by Riverside for whatever reason, whether you work there or may have been a patient there, would get involved by giving back. Try it. Every gift can make a difference in someone else’s life. And you’ll get a whole lot more back than you gave. You really will.”*

– Dr. Theresa Emory

They are both doctors. She’s a pathologist and partner at Peninsula Pathology Associates, the pathology group that serves Riverside. He’s a plastic surgeon in private practice in Williamsburg. Their personal and professional lives have been closely intertwined since they met in medical school (Eastern Virginia Medical School in Norfolk) 32 years ago. They were both in med school on military scholarships. They married while still in Norfolk. Both of them had military obligations to fulfill after finishing med school and ended up for a brief time living in California before base closings there enabled them to finish their training at the renowned Mayo Clinic.

Following some time living and working in Washington, D.C. to finish up their military commitments, the couple moved to Abingdon, a small picturesque town in the mountainous western part of Virginia that’s perhaps best known as the home of the Barter Theatre. It was in Abingdon that the couple discovered the rewards of giving to support important needs in the community. “Abingdon is a beautiful little town, a great place to raise children and a community where even a small contribution can have a big impact on people’s quality of life,” Roger said. “I became involved with Barter Theatre. I mean here’s this terrific theatre with great acting in this small town. We loved it.”

They also became leaders in encouraging more kids in the area to go to college, raising scholarship funds for students who were going to enroll at the University of Virginia, Theresa’s alma mater. “When we first came to Abingdon, there were very few high school students going on to college and only one or two going to UVA. By the time we left, many more students were going to college and as many as ten to fifteen were attending UVA,” Theresa said. “We probably had raised \$70,000 for scholarships by the time we left. And students were going to colleges other than UVA.” Their experience in Abingdon led the couple to take a more formalized approach to giving. “We sat down one night and made some decisions about what role community involvement would play in our lives, and how we’d invest our money to achieve the greatest good,” Roger said.

Then, changes in the pathology group of which Theresa was a partner, led to their leaving Abingdon and settling in Williamsburg. Roger opened his office and Theresa joined Peninsula Pathology Associates. “Coming to Williamsburg was a very good move in many ways,”

Theresa said. “Roger is a William & Mary grad and his family still lives in Virginia Beach.” As they had done in Abingdon, Roger and Theresa began to explore the charitable causes in which they might become involved. “I didn’t know anything about the Riverside Foundation when we first moved here, but somehow I just knew there had to be one. We really liked Riverside’s philosophy, its focus on patient care, and especially the way it has been able to operate as a large system, but keep the intimacy and community feeling in each of the hospitals.”

The couple’s first contribution to the Foundation was a trust gift. “When we first arrived, we were starting all over again as far as work was concerned, so an immediate donation wasn’t possible; at the same time, we wanted to support the remarkable work of Riverside and the Foundation. The trust was ideal,” Roger said. They later made an additional gift to the Sanctuary at the Pavilion.

“We learned the importance of giving and the impact it can have. If everyone makes even a small gift, you can change so much. My hope would be that anyone touched by Riverside for whatever reason, whether you work there or may have been a patient there, would get involved by giving back. Try it. Every gift can make a difference in someone else’s life. And you’ll get a whole lot more back than you gave. You really will.”

#### **LET US HELP YOU FIND A PLANNED GIVING OPTION THAT’S RIGHT FOR YOU.**

As Theresa and Roger Emory discovered, there are a variety of Planned Giving options that let you include a charitable donation as part of your overall estate planning. Whether it’s a trust fund, an inclusion in your will or a stock transfer, a planned gift lets you give back to the community while retaining use of your financial resources as long as you live. To create a plan that works for you contact the Riverside Foundation at 757-234-8740.



*Photo (l-r) Theresa S. Emory, MD; Michael A. Schwartz, MD; Damian J. Tagliente, MD; Lucy E. DeFanti, DO; David M. Smith, MD; and John C. Maddox, MD (seated)*

Gift of a Way to Connect  
to Patients for PPA Doctors  
**MEET THE DOCTORS  
THAT PATIENTS  
NEVER SEE**

Deep in the crisscrossing halls and myriad doorways in Riverside Regional Medical Center's labyrinthine basement level, you'll eventually come upon the offices and laboratory of Peninsula Pathology Associates (PPA), workplace for the most important group of doctors that patients almost never see.

*“Each of us had personal reasons for making a gift to Riverside, but a common feeling was that we don’t have the direct connection to patients we’d like because of the nature of our work. This gift is a way to say we really do care about them in a personal way.”*

**—Dr. David Smith, President & Lab Medical Director**

If you’ve ever gone to a physician for any reason from a major disease like cancer to a routine check-up, chances are there’s another doctor—one you’ve never met, seen or even talked to—who has examined at least a small part of you in microscopic detail. Pathologists are the doctors other doctors call to help diagnose disease, solve medical problems or determine the general state of your health by examining body tissue and fluids using the latest diagnostic tools available. You may have no contact with them, but they are an essential part of your health care team.

The six PPA partners recently made substantial individual contributions to the Riverside Foundation in the name of Peninsula Pathology Associates. Practice President David Smith, MD, said, “We weren’t structured to make a direct donation from the practice, but we all wanted to give financial support to Riverside Foundation. PPA has a relationship with Riverside that spans a half-century, and all the partners both admire and share its patient-centered philosophy.” He said that the initial idea for the donation came from Theresa Emory, MD, one of PPA’s partners. “Theresa brought the suggestion to us; we all agreed it was something we should do. I then spoke to Debbie Atkinson about how to proceed.”

“I haven’t been here very long, but I knew from work with previous groups that health systems had foundations to provide support to patients for things not covered by insurance. I was familiar with the good work they do,” Dr. Emory said. “I talked with Debbie Atkinson and found that Riverside Foundation’s vision and purpose was in line with my own professional vision and thoughts about humanitarian efforts. So I shared it with my partners.”

The other partners had their own personal reasons for supporting the mission Riverside and the Foundation are committed to fulfilling. For Dr. Damien Tagliente, the newest member of the group, it's a chance to give something to his new community. "I'm new and just out of training. I'm putting down roots here. It was a chance to support Riverside and the community I now live in," he said. Another younger partner, Dr. Lucy DeFanti said, "I've only been here a year and a half, but I know there are lower income patients who need financial help. We work with patients who have serious cancer diagnoses and we all need to help them." Participating in the gifting was a particularly personal desire for Dr. Michael Schwartz. "One of our partners ,[Dr.] Jacque Legler, died of cancer shortly after he retired, so my contribution was very personal. Besides, making contributions to the community has been part of our commitment for a long time," he said.

Dr. Smith added, "This gift is one way to say we really care about patients in a personal way. Unlike most physicians, we don't have the direct connection to patients we'd like because of the nature of our work. Debbie Atkinson mentioned the proposed new Sanctuary at the Pavilion in Riverside Regional Medical Center," he said. "This seemed to be a perfect project for our group. We're proud that part of our gift provided the final funding to make the Sanctuary a reality."

### ABOUT PENINSULA PATHOLOGY ASSOCIATES

For more than half a century, PPA has been providing pathology services to physicians throughout Eastern Virginia from their state-of-the-art laboratory at Riverside Regional Medical Center. They are known for having the highest standards of excellence in fast, reliable service, the very latest technology and one of Virginia's most experienced and professionally qualified teams of nationally recognized pathologists.



## A Note From Dr. Biral S. Amin

This year, Riverside Cancer Care has one goal in mind: to become stronger than cancer.

Our Integrative Medicine team includes experienced oncology nurses, palliative care coordinators, massage therapists, a lymphedema therapist, a yoga instructor, a dietitian, a music therapy coordinator, a pet therapist and patient navigators who manage a wide variety of needs.

The continued generosity of grateful patients and their families, and community members who care about cancer, will increase our ability to expand these Integrative Medicine supportive therapies to more cancer patients. To join us in this effort, visit [riversideonline.com/foundation](http://riversideonline.com/foundation) or simply call us at 757-234-8740.

Biral S. Amin  
*Oncology Service Line Chief  
Riverside Health System*

## ANNUAL DONORS

Riverside is thankful to the grateful patients, loved ones, team members, organizations and business who contributed \$1,835,366 in 2016.

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Pamela Nierle, RN  
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Pamela D. Parker  
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Williamsburg Team  
Shannon C. Pierce, RN  
Pankajavalli Ramakrishnan, MD  
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Crystal Richardson  
K. Martin Richardson  
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and Lifelong Health (CEALH)  
Riverside College of Health Careers  
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Imaging Team – Oyster Point  
Riverside Eastern Shore  
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Riverside Radiosurgery Center  
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Riverside Tappahannock Hospital  
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Mona L. Turner  
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Rocio Velasquez-Chauco  
Joanne M. Verhulst  
Joseph Vukson  
Rhonda Waldrop-Eng  
Katelyn A. White, RN  
Angela M. Williams  
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Carol E. Wilson  
Ross Younger, MD

## MEMORIAL GIFTS

Thank you for your generous gifts  
in memory of these friends and loved ones.

Edward L. Alexander, MD  
Florence C. Andrews  
Tammi Y. Arrington  
Diana P. Atkinson  
Patricia Atkinson  
Phyllis W. Atkinson  
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Carol E. Banwell  
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Marilyn E. Bulin  
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Reverend Timothy Q. Doswell  
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Nancy Fisher  
Garland L. Forrester  
Dorothy P. Fowler  
William Fulton  
Erma Carol H. Gallagher  
Anita S. Garner  
James E. Gaskins  
Kenneth D. Gaskins, Sr.  
Susan Giangrande

## MEMORIAL GIFTS

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Phyllis Gilbert  
Frederick H. Gilliam  
Robert Gilman  
Darryl L. Gilmer  
Robyn S. Gohsman  
Emily A. Gouge  
Guenther Gramb  
Chanda Grant  
Carolyn C. Gray  
Kenneth E. Green  
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Warner R. Hargis, Jr.

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Shirley Hernandez  
Sharon Hieiden  
Albert R. Hines  
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Soles H. Howlett  
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Lucas Mendoza



*Judith Gindhart, left, established the Jennifer Gindhart Scholarship Endowment Fund to provide financial support for nursing students attending the Riverside College of Health Careers in memory of her daughter, Jennifer who was known as Jenn, RN.*

## MEMORIAL GIFTS

Joseph Meyers  
 Mary Ellen Miller  
 James M. Mitchell  
 Michael L. Mitchell  
 Thomas T. Moles  
 Preston B. Moore  
 Nancy N. Mullins  
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 Verma L. Smith  
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 William G. Stauffer, Sr.  
 Carolyn B. Sterling  
 Ella Margaret H. Stosch



*Pat Costello's gift established the Debra Roob Costello Endowment Fund to benefit oncology patients in Williamsburg. In memory of his wife, Debra, who passed away from a 20 year battle with cancer.*

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 Dallas D. Swan, MD  
 Leamon Tar, Jr.  
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 Eileen S. Thomas  
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 Oscar L. Trader  
 Loreen D. Tyree  
 Beth Valentine  
 Thelma C. Voss  
 David J. Walters  
 Irene H. Warner

Viola F. Warren  
 Andrew Watson  
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 John W. Weaver  
 Diana M. Weeks  
 Doris Westmoreland  
 John W. Widgen, Sr.  
 Evelyn R. Wigley  
 Linda L. Wirkner  
 Robert W. Wood, Sr.  
 Alberta M. Worsham  
 Eleanor J. Yarbrough

On the next pages, read about two past scholarship recipients now pursuing their life dreams, and four new scholarship winners about to embark on their new adventures. We hope their stories will inspire you to contact us about our many gift options for the support of education.

## Riverside's Commitment to Education Spans 100 Years

# HERITAGE FROM THE PAST; FOCUS FOR THE FUTURE

It's no secret that the costs of higher education are soaring nationally even as the demand for knowledgeable, highly skilled workers in virtually every field is increasing. That's a primary reason the Riverside Foundation has identified **education** as one of four areas where we can make a significant difference in the communities we serve. As Board Chairman Conway Sheid, III, notes, "Support for education is ensconced in Riverside's corporate genes. It's part of our heritage and will be a major focus for the Foundation in the future."

This commitment to education spans more than 100 years. The Training School for Nurses opened in 1916 along with the Newport News General and Non-Sectarian Hospital, which would evolve into Riverside Regional Medical Center. Currently in partnership with Old Dominion University, the original nursing school has grown into the Riverside College of Health Careers offering programs in Professional Nursing, Practical Nursing, Radiologic Technology and Surgical Technology, as well as training for Physical Therapist Assistants, Sterile Processing Technicians and Medical Assistants at its new consolidated campus, which opened in 2005.

Over the years, the Riverside Foundation has played a large role in providing financial assistance in the form of scholarships and other support for education. "Thanks to some very generous donors, the Foundation has been able to help establish and manage several significant scholarship funds that provide financial assistance for students in the College of Health Careers, to children of Riverside team members, and to team members who are pursuing various continuing education programs," Executive Director Debbie Atkinson said. "Foundation endowment funds provided more than \$125,000 in educational assistance this past year. In addition, the College of Health Careers awarded more than \$238,000 in scholarships to its students."

She said the Foundation would focus on expanding the existing scholarships and other education funds in the next year. "For donors interested in education, whether you choose to make a gift today or a gift for the future through a will or trust, you will create a direct impact on the lives of so many young people as they pursue their futures."

## 2009 Scholarship Winner Closing in on Ph.D. **NICK DEWEERD— MILLENNIAL ON THE MOVE**

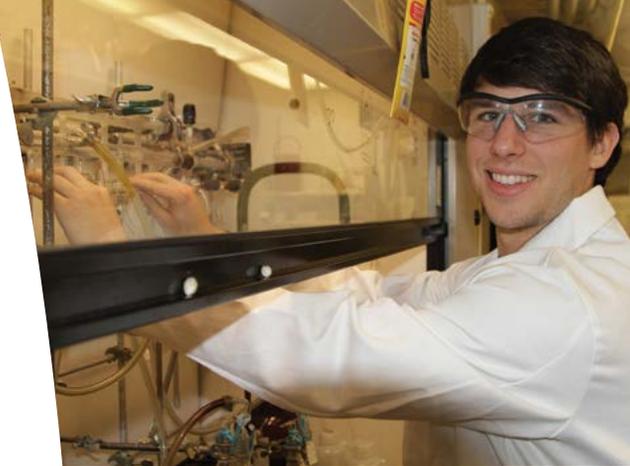
Any qualms you may have about turning the country over to the incoming majority age group will be assuaged by a 15-minute conversation with Nicholas (Nick) DeWeerd. This 25-year-old “millennial” has a firm grasp of where he wants to go in life, and a solid plan on how to get there. Don’t be surprised if you hear a lot about him in the future because he just might have a hand in changing it—the future that is.

The son of Carie DeWeerd—a Gardens at Warwick Forest employee—Nick was awarded a Jean Raines scholarship in 2009. After graduating from York High School, he headed off to Virginia Tech to earn a Bachelor of Science degree in chemistry. After a research internship at the Naval Research Center in Maryland, Nick enrolled in the Ph.D. program at Colorado State University, where he expects to receive his doctorate within the next year.

“The internship at the Naval Research Center convinced me that a career in research was where I wanted to be,” Nick said. “I applied to several universities, but chose Colorado State because it’s a research-based school. I’ve been able to focus my time completely on research while working with some really brilliant people. Plus, it’s a five-year program that lets me go straight through to a Ph.D.”

After getting his degree, Nick will be looking at a career in organic photovoltaic research. That may sound like a pretty esoteric field, but it has the potential to be a game-changer in the development of alternate energy sources. “It’s a field that presents real challenges with the potential for big rewards,” Nick said. “I’m easily bored so I need to be where things are evolving quickly.”

He’s grateful for the financial help provided by the Jean Raines scholarship. “My mom always encouraged me to work hard and to focus on personal achievement, but there’s always the question of how to pay for an education. The scholarship was a big help to my parents financially. And it’s helped me pursue my own personal dreams. I’m very thankful for that.”



Nicholas (Nick) DeWeerd, one of two high school students awarded a Jean Raines scholarship in 2009



Nicholette Amburgey,  
2009 Jean Raines Scholar

## Jean Raines Scholar “Pirouettes” Into Classroom **NICHOLETTE AMBURGEY— FROM DANCER TO TEACHER**

“When I was in high school, I’d never even thought about teaching as a career,” says Nicholette Amburgey. “But when I was about 16, Elizabeth Evans, the owner and director of the Northampton Dance Studios where I’d studied almost all my life, asked if I’d like to teach some classes for very young children. I did and I loved it! And it changed the focus of my life from dancing to teaching.”

The second 2009 winner of a Jean Raines scholarship, Nicholette enrolled at Christopher Newport University in 2009. She received her Bachelor of Arts degree in sociology in 2013, a Master of Education degree in 2014 and began teaching in late 2014. “I finished my BA degree in 3.5 years though I did walk with my class in 2013. Because of this I got a graduate assistant position in the office of teacher preparation and they paid for my master’s degree,” she said.

Nicholette is now in her third year of teaching first grade at Willis A. Jenkins Elementary School in Newport News. So how has the experience been for her? The good news is that she still loves it. “Teaching is my passion. To be a teacher, you have to love it, really love it,” she said. She said teaching first grade especially puts a lot of pressure on the instructor.

“Most of the kids come in from kindergarten knowing their letters (the alphabet), but you have to turn them into fluent readers pretty quickly,” she said. “First grade lays the foundation for second grade and third grade, which is an SOL testing year. Nothing can prepare you for walking into class that first day and seeing 20 kids staring at you. You have a feeling of power mixed with a bit of fear.”

Nicholette’s mother is Karen Amburgey, Family Practice Coding Manager for Riverside Medical Group. “Getting the Jean Raines scholarship was a great help financially and I’m very grateful to have received it,” said Nicholette. I often think about Mrs. Raines and her love of education. I never met her, of course, but I really think we would have had a lot in common.”

## Scholarship Funds Award Four 2016 Scholarships

# FINANCIAL AID PROVIDED FOR OUTSTANDING STUDENTS

**Amy Carson, RN-MNN Wins Willie P. Francis Scholarship.** Amy was born on the Eastern Shore. She has a strong sense of community and is driven to use her nursing education and experience to help transform the lives of those in her care, creating a strong, healthy community. Amy has worked as a Mother and Baby—Postpartum RN for the past eight years. She was recently promoted to Clinical Nurse Educator for the Women and Infant Care unit at Riverside Regional Medical Center in Newport News.

“As a nurse, it is my role to be educator, supporter, caregiver and comforter, many things I learned first-hand as a nursing student and later novice nurse from Ms. Willie Francis herself. She was a great source of knowledge and compassion to many nursing students before and after me,” Amy said. She is currently pursuing her BSN from Virginia Commonwealth University.

*The Willie P. Francis Scholarship was established to advance educational opportunities for the Birthing and Family Health Services staff at Riverside Regional Medical Center. Willie Francis’ nursing education and service spanned 46 years. When she retired, this scholarship was established in her honor.*

**Tara Sutton Wins Bates Family Education Scholarship.** Tara is passionate about volunteering and believes it is a great way to make a positive impact and help with the growth of a community.

“I have learned that volunteering can help improve the emotional, physical and mental aspects of a community. Whether teaching children a new sport, passing out food at the food bank, repairing homes of the elderly, or simply taking the time to visit with residents in a senior care community, volunteers have the ability to make a difference in the lives of others,” Tara said. She is currently pursuing her Associate of Applied Science degree in Radiologic Technology through the Riverside College of Health Careers.

*The Bates Family Education Scholarship was established to advance educational opportunities for qualified individuals who demonstrate a commitment to volunteerism. The Bates Family has created this opportunity to reward educational excellence.*



Amy Carson, RN-MNN, right, wins Willie P. Francis Scholarship



Tara Sutton wins Bates Family Education Scholarship



Madison Hogge,  
2016 Jean Raines Scholar



Jacob Beebe,  
2016 Jean Raines Scholar

Madison Hogge, Jacob Beebe Win

## JEAN RAINES FAMILY SCHOLARSHIPS

**Madison Hogge** has no fear of failure; in fact, she sees it as an opportunity. “A lesson is soon to follow every failure,” said Madison. “These lessons eventually lead to success by allowing an individual to grow as a person by gaining essential qualities such as determination and perseverance. If I did not have failures, I would not be the person I am today.”

A graduate of Gloucester High School, Madison is described by her teachers as insightful, charming, dynamic and an excellent example for future generations. Her former English teacher said, “Madison believes in being an active citizen who leaves a discernible, beneficial mark on her community. Her energy is contagious and her congeniality a gift.” She’s the daughter of **Stacia Hogge** who works in the IS Financial Support Department. Stacia has celebrated 25 years at Riverside. Madison is studying Animal and Poultry Sciences at Virginia Tech.

**Jacob Beebe** places a high value on education. He is excited about his future and what he has yet to learn. “This is what excites me to further my education: the ability to discover new solutions and affect the future of our entire world,” said Jacob. “Education provides an opportunity to change the world around you, to create new technologies that will assist those in poverty.”

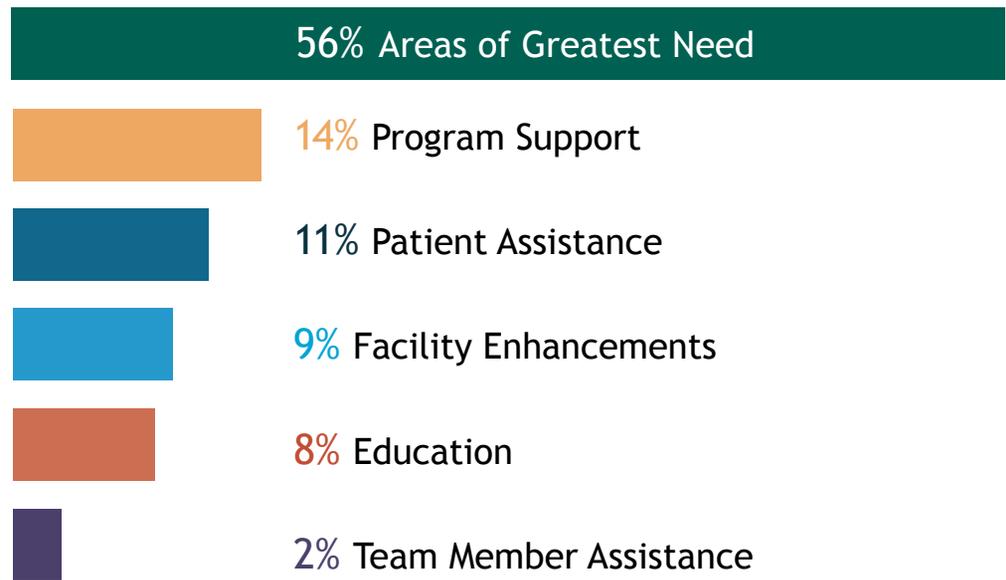
Jacob graduated from Middlesex High School where he was a member of the soccer, football, basketball, and wrestling teams. In addition to being a member of the National Honor Society, Jacob also attended the Chesapeake Governor’s School for Marine and Environmental Science. Jacob’s high school counselor stated, “Jacob will indeed continue to make significant contributions to and positively influence the many individuals who have the pleasure of knowing him.” Jacob is the son of **Steven Beebe**, Nurse Manager at Riverside Walter Reed Hospital. Steven has celebrated 20 years at Riverside.

*Riverside Health System and the family of Jean Raines established the Jean Raines Family Scholarship Fund to honor her 40-plus-year career at Riverside. Jean Raines’ life exemplified the true definition of success, and her commitment to lifelong learning and education was evident in her numerous accomplishments recognized by national and state organizations. The Scholarship encourages the children and grandchildren of Riverside team members to pursue educational goals that support both their personal and professional development.*

## Riverside Foundation Year-End 2016 FINANCIAL UPDATE

Thanks to the generosity of our donors, in 2016 we invested \$1,502,028 in the following areas throughout the communities cared for by Riverside.

### Impact areas



Donors: 3,800

Gifts: 4,621

Cash, Pledged and  
In-Kind Gifts:

\$1,835,366.64

Health System

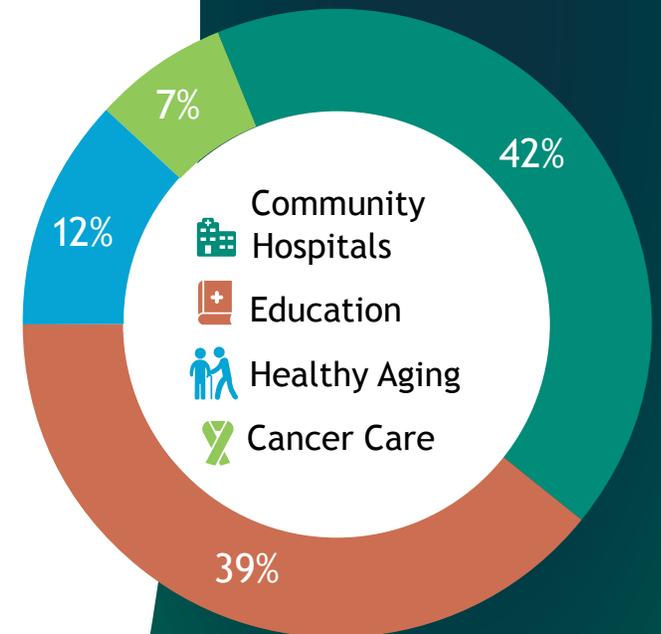
Grants and Awards:

\$986,842.36

Investment Gains: \$371,765.84

Total Revenues: \$3,193,974.84

### Top Four Gift Destinations





Philanthropic contributions advance and further Riverside's mission to care for others as we would care for those we love.  
 This list includes all Founder's Society Members as of December 31, 2016

**Second Century Circle  
 \$100,000 and above**

Nancy E. Bates  
 Thomas J. Bayne, Jr. and Family  
 Pierre and Catherine Dohet\*  
 William and Carol Downey  
 Ruby Pope Drumm\*  
 Jesse Doswell Dutton\*  
 Dr. Mark E. and Lynn H. Ellis  
 Drs. Roger and Theresa Emory\*  
 Faye P. Gargiulo\*  
 Judith Gindhart\*  
 Caramine Kellam  
 COL Robert (Ret) and Susan  
 McCreary, USAF\*  
 Jane D. McKinney, Ph.D.  
 Richard J. and  
 Catherine B. Pearce\*  
 William S. Phillips\*  
 Paul and Mary Agnes  
 Truttschel\*  
 Riverside Shore Memorial  
 Hospital Auxiliary  
 Riverside Regional  
 Medical Center Volunteers

Newport News Shipbuilding  
 North American Partners in  
 Anesthesia  
 PNC Bank  
 Steve Spain, Spain Commercial  
 Turner Construction Company

**Humanitarian Circle  
 \$50,000 and above**

Wade and Amy Broughman  
 Patrick and Debra Roob Costello\*  
 Dr. Hugh and Sherrill  
 McCormick  
 Dr. Anthony and Carol Santoro  
 Riverside Tappahannock  
 Hospital Volunteers  
 Riverside Walter Reed  
 Hospital Volunteers

**Healing Circle  
 \$10,000 and above**

Jerry and Danette Allen  
 Dexter and Debbie Atkinson  
 Wanda M. Austin  
 W. William and Rebecca Austin

Dr. Patricia Barry  
 Charlie and Golden Bethune-Hill  
 Mason Brent  
 Willie and Debra Campbell  
 Drs. Thomas and Anastasia Cleary  
 Margaret Cook  
 Dr. Lucy E. Defanti  
 Dr. James and Carolyn Dudley  
 Jack and Carol Dubbs  
 Benjamin and Frances Ellis  
 Drs. Charles and Lisa Frazier  
 Geraldine T. Gladding\*  
 Royden and Martha Goodson  
 Dr. Barry Gross  
 Angelo Guastaferro  
 George Handley  
 Robert and Nancy Harding  
 Chuck and Sally Hartman  
 Marguerite Hopkins\*  
 Jason and Keri Houser  
 John and Carol Jamison  
 Rick and Donna Jackson\*  
 Terris E. Kennedy, Ph.D., R.N.  
 Dr. James and Trina Lesnick  
 Diana L. LoVecchio  
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 Dr. H. Blair and Luisa Marsteller

Pat and Liz Martin  
 Robert and Claudia McDermott  
 Peter and Kerry Mellette\*  
 Dr. Patrick and Catherine Parcels  
 Melanie L. Parkhurst  
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 John Peterman  
 Charles and Sally Gayle Revere  
 Dr. J.F. Sanderson, Jr.  
 Drs. Michael and Cherry  
 Schwartz  
 Conway and Kay Sheild  
 Charles and Jeri Sibley  
 Len and Faith Shartzter  
 Dr. David M. Smith  
 Dr. Christopher and Lisa Stolle  
 Dr. Damien Tagliente  
 Paul and Rosemary Tribble  
 Rhonda Waldrop-Eng  
 Rhys and Nancy Weakley  
 Hill and Alice Wellford  
 William and Susanne Wellford  
 LCDR Jason and Kristi Wells and  
 Family, USN  
 Tom and Liz Williams  
 Capt. Philip Yosway, (Ret), USN  
 Abingdon Ruritan Club

Huntington Garden Club  
 Tangier Island Health Foundation  
 Riverside Regional Medical  
 Center  
 Facilities Engineering Team  
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